

CURRICULAM VITAE

TEENA JOLLY

Mattapilly House,
Chunangamvely,
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Post Applied For: STAFF NURSE

CAREER OBJECTIVE

To work with an organization that will offer ample opportunity for career development and individual excellence, so that I can contribute my best for the growth of the organization and self.

EDUCATIONAL QUALIFICATION

- S.S.L.C. Passed on 2007 from St. Francis GHSS Aluva
- Plus Two Passed on 2009 from GHSS Edathala
- GNM passed on 2013 Samaritan School of Nursing Pazhanganad

DETAILS OF REGISTRATION:

- The Kerala State Nursing Council. Reg.No: 83472

WORKING EXPERIENCE

- I year experience from Karothukuzhi Hospital Aluva
- 1 year experience from Kims Hospital Secunderabad
- 9 Months experience from Aster MIMS Calicut.

DUTIES AND RESPONSIBILITIES

- Provide trauma and medical care to injured and sick personnel.
- Works with an employer to create a safe and productive work environment.
- Interview and observe patients injured on the job, helping to develop treatment plans so the injured can return to work.
- Creating nursing care plans and updating management.
- Operate and maintain the hospital, medical supplies and medical equipments.

- Ensure that all hospital and emergency medical equipment in serviceable and rectify any deficiencies.
- Ensure the hospital and related areas are clean.
- Liaise with doctors with respect to injury and sickness reporting.
- Monitor all aspects of health and hygiene.
- Perform regular inspection and servicing of first aid kits.
- Carries out all routine and first aid medical treatment.
- Attend and treat casualties of accidents and arrange further treatment as required.
 - Check the needs and health status of patients.
 - Respond on emergency situations.
 - Practice first aid respond.
 - Assuring enough supply of medicines and other medical equipment.
 - Conduct check up for patient's health status and vital signs.
 - Providing total patient care.
 - Promotion of health and prevention of infection.
 - Rehabilitation.
 - Admission and discharge process.
 - Daily weight checking and recording.
 - Maintain IO chart.
 - Assessing for the dietary habit of the patient.
 - Health education.
 - Implementing primary secondary and tertiary nursing care.
 - Positioning, back care.
 - Personal hygiene (nail care back care, hair care, bath, bowel and bladder care)

SKILLS:

- ❖ First aid response and can do CPR and other medical responses.
- ❖ Inspect workplaces for potential health hazards.
- ❖ Treat workers injured on the job.
- ❖ Safety measures and techniques.
- ❖ Preventing workers from unsafe situations.
- ❖ Skills in dealing accidents and minor and major illness.
- ❖ Knowledge in basic pharmacy can prescribe effective medications.
- ❖ Knowledge in responding and dealing unexpected accident cases.

- ❖ Basic knowledge in computer application.

<u>EQUIPMENTS USED</u>	<u>PROCEDURES CARRIED OUT:</u>
<ul style="list-style-type: none"> ❖ Infusion pump ❖ ECG Machine(12 leads) ❖ CPR Trolley ❖ Pulse oximeter ❖ Cardiac monitor ❖ Nebulizers ❖ Suction apparatus ❖ Glucometer ❖ Defibrillator ❖ Ventilators ❖ CPAP ❖ IABP,Pace maker ❖ NG tube ❖ Peg tube ❖ Holter monitoring ❖ Syringes ❖ catheter ❖ Ice bag ,hot water bag ❖ Enema can ❖ Blood set ❖ Iv set 	<ul style="list-style-type: none"> ❖ Injection ❖ IM ,IV,SC,ID,Suppositories ❖ IV Cannulation ❖ Administer CPR ❖ Transfusion(Blood,intravenous fluids and medications-OD ,BID,TID,QID,Stat) ❖ Catheterisation and insertion of nasogastric tube. ❖ Introducing Foleys catheter ❖ Elastic bandage applications ❖ Suture removal ❖ Collection of specimens(serum,ABG,urine , sputum,stool) ❖ Maintenance of intake output chart(urine,ryles tube,chest drainage) ❖ Arterial line,ICD,LP,CSF ❖ Assisting in CVP,IABP ❖ Recording and reporting ❖ Emergency dressings ❖ Tracheostomy care-suctioning and dressing. ❖ Care of pressure sores according to the stages.(back care ,positioning,dressing) ❖ Following rights of drug administration.

PERSONAL INFORMATION

Name : TEENA JOLLY
 Father's Name : Jolly M A
 Gender : Female
 Date of Birth : 05/05/1992
 Religion : Christian RCSC
 Marital Status : Single

Nationality : Indian
Languages Known : English, Hindi, Malayalam, Tamil &
Telugu
Hobbies : Dancing, Reading, Listening to music
Passport No. : L8400416
Computer Knowledge : MS Office
Post Applied : **staff nurse**

REFERENCES:

1. Sr.Little Therese S.D. RN, MSc (Nsg)
Principal, School of Nursing
Samaritan Hospital
Kizhakkambalam
2. K.H. Sidhique
Managing Director
Karothukuzhi Hospital
Aluva- 683101, Kerala
3. MS. Debra Joseph
DGM Nursing
Kims Hospital
Minister Road, Secunderabad

DECLARATION

I TEENA JOLLY do here by declare that the details given above are true and correct to the best of my knowledge and belief .I enclose my certificates with this resume.

Place : Aluva

Date :

TEENA JOLLY