

CURRICULAM VITAE

Sophy T C

Registered Nurse
Parambil House
Opposite Mulanthuruthy Railway Station
Mulanthuruthy P O
Ernakulam-682314
Mobile: 8848075813
Email: sophypauljohn@gmail.com

A very unique and hardworking staff nurse with 4 year and 8 months of clinical experience. Committed to provide high tech, high touch quality patient care, regarded as punctual and ethical, enjoys being part of health care team, easily adjustable with good leadership and communication skills. Also interested in continuing education and to extend own career.

Educational Qualifications

Masters Qualification

Title of Qualification: M.ScMedical Surgical Nursing (Critical Care Nursing)
Name of University: Kerala University of Health Sciences, Thrissur, Kerala, India
Institution: Govt. College of Nursing, Kottayam
Period Attended: 2016-2018
Grade: First Class (66%)

Degree

Title of Qualification: Post Basic B. Sc Nursing
University: M G University of health science, Kerala, India
Institution: Lourds College of Nursing, Ernakulam, Kerala, India
Period Attended: 2009-2012
Grade: SecondClass (64.6%)

G N M: St. Anns School of Nursing, Andhra Pradesh
University: Andhra Pradesh Nursing Council
Period Attended: 2003-2006
Grade: First Class (69%)

Secondary Education

Title of Qualification: Plus Two
University: Kerala State Board of Higher Secondary Education
Institution: Holly Family Higher School, Cherthala, Kerala, India
Period Attended: 2001-2003
Grade: Second Class(53.7%)

Title of Qualification: SSLC
University: Kerala State Board of Secondary Education
Institution: St. Marys Girls High School, Cherthala, Kerala, India
Period Attended: 2000
Grade: Second Cass(54.5%)

Status with Nursing and Midwifery Authority

Kerala Nurses and Midwives Council
Registration Number: Nurse-45035&Midwife-45899
Date of Registration: 13/01/2012

Employment/Work Experience

Dates of Employment : 31-01-2012 to 11-09-2016

Name of Hospital: Lake ShoreHospitalAnd Research Institute

City/State: Ernakulam, Kerala, India

Job Title/Designation: Staff Nurse

Department/Ward Allocation: Medical Surgical Ward including Central Supply Rooms

Duties Performed:Assessment of patients including history collection and assessing physical and physiological need of patient rendering direct nursing care observing vital signs monitor fluid balance drug administration IV cannula giving injections caring out doctors order family advice and counselling

Equipments Handled: Ventilator, cardiac monitor, syringe pump, infusion pump, pulse oximeter, NG feeding, CVP monitoring, glucometer, laryngoscope, suction apparatus, oxygen supply, nebuliser, etc

Common Procedures : Administration of oral and parenteral medications, insertion of I V cannula, specimen collection, care of dressings, maintenance of IV fluids, prevention of complications, CPR, Administration of oxygen, patient teaching, infection control, discharge planning and summary etc.

Gaps in Employment

Dates: September 2016 to till date
Reason: Did M.ScNursing at Govt. College of Nursing, Kottayam.

Personal Profile

Name: Sophy T C
Date of birth: 30-05-1984
Gender : Female
Marital Status: Married
Nationality: Indian
Languages Known: English, Malayalam
Personal Interests: Travelling and Reading

Declaration

I hereby declare that this Curriculum Vitae is true and correct.

Date: 07-11-2018
Location: Ernakulam
Name: Sophy T C

PRINCIPAL
GOVT. COLLEGE OF NURSING
MEDICAL COLLEGE
KOTTAYAM - 686 008
KERALA, INDIA



Phone/Fax: 0481-2598469
e-mail: principalcnk@gmail.com
website: www.gcnkottayam.org

“ഭരണഭാഷ മാതൃഭാഷ”

B1/2321/2018/CNK

Date: 12.11.2018

CERTIFICATE

Certified that **Ms. SOPHY T.C.** is a M.Sc Nursing student of this college from 29.09.2016. The duration of the course is two years. She has completed the course on 10.11.2018.




PRINCIPAL
PRINCIPAL
Govt. College of Nursing
Kottayam - B, Kerala



Kerala University of Health Sciences
Thrissur - 680 596

EXAMINATION RESULTS (Provisional)



162710086-20-01-2018

First Year M.Sc Nursing Regular Examination (Medical Surgical Nursing - 2016 Admission) ,September 2017

Reg No : 162710086

Date of Publication : 20-01-2018

Name : GEETHU.M.R.

College : Govt.College of Nursing, Kottayam

Sl. No.	Subject	Particulars	Max. Marks	Marks Awarded	Status
1	<i>Nursing Education-</i>	Theory IA	25	18	
		Theory	100	56	
		Viva Voce	--	--	
		Practical IA	50	36	
		Practical	100	72	
		Record	--	--	
Subject Total			275	182	Passed
2	<i>Advanced Nursing Practice-</i>	Theory IA	25	18	
		Theory	100	65	
		Viva Voce	--	--	
		Practical IA	--	--	
		Practical	--	--	
		Record	--	--	
Subject Total			125	83	Passed
3	<i>Nursing Research & Statistics-</i>	Theory IA	25	19	
		Theory	100	57	
		Viva Voce	--	--	
		Practical IA	--	--	
		Practical	--	--	
		Record	--	--	
Subject Total			125	76	Passed
4	<i>Clinical Speciality - I Medical Surgical Nursing-</i>	Theory IA	25	19	
		Theory	100	61	
		Viva Voce	--	--	
		Practical IA	100	75	
		Practical	100	83	
		Record	--	--	
Subject Total			325	238	Passed
Grand Total			850	579	Passed



Kerala University of Health Sciences
Thrissur - 680 596

EXAMINATION RESULTS (Provisional)

162710088-31-10-2018

Second Year M Sc Nursing Degree Regular Examinations (Medical Surgical Nursing (Critical Care Nursing)- 2016 Admission), September 2018

Reg No : 162710088
Name : SOPHY.T.C.
College : Govt.College of Nursing, Kottayam

Date of Publication : 31-10-2018

Sl. No.	Subject	Particulars	Max. Marks	Marks Awarded	Status
1	<i>Nursing Management -</i>	Theory IA Theory Viva Voce Practical IA Practical Record	25 100 -- -- -- --	17 69 -- -- -- --	
Subject Total			125	86	Passed
2	<i>Dissertation & Viva Voce -</i>	Theory IA Theory Viva Voce Practical IA Practical Record	-- -- -- 100 100 --	-- -- -- 76 72 --	
Subject Total			200	148	Passed
3	<i>Clinical Speciality - II Medical Surgical(Critical-care Nursing) -</i>	Theory IA Theory Viva Voce Practical IA Practical Record	25 100 -- 100 100 --	17 58 -- 74 71 --	
Subject Total			325	220	Passed
Grand Total			650	454	Passed

Sl. No. 16000807

Kerala Nurses And Midwives Council



**REGISTRATION CERTIFICATE OF ADDITIONAL
QUALIFICATION**



This is to certify that **Sophy T C**
bearing Registration No. Nurse: 45035 & Midwife: 45899
dated 09-Nov-2007 has undergone Post Basic B.Sc Nursing
course at *Sidhi Sadan Lourdes College of Nursing, Ernakulam*
from August 2009 to October 2011
and passed the examination for *Post Basic B.Sc Nursing*
conducted by the *Mahatma Gandhi University*
in October 2011 .

This additional qualification is registered on 13-Jun-2012
in the registers maintained by this council.

Thiruvananthapuram
Dated: 13-Jun-2012


Registrar

Kerala Nurses and Midwives Council

Prof. Latha. R
Registrar
Kerala Nurses and Midwives Council
Red Cross Road
Thiruvananthapuram - 695 035

Register No. 9456

Month & Year October 2011

Mahatma Gandhi University



FACULTY OF MODERN MEDICINE

The Syndicate of the Mahatma Gandhi University

hereby makes known that

Sophy T L

has been admitted to the

Degree of Bachelor of Science in Nursing (Post-Basic)

he/she having been certified by duly appointed examiners to be qualified to receive the same, and having been by them placed

in the Second Class at the

examination held in October 2011

Given under the seal of the University.

University Buildings,
Kottayam - 686 560
Kerala, India

22 June 2012



[Signature]
Vice-Chancellor



Mahatma Gandhi University

Book No: 2

Serial No: 03

Section: EI - VIII



KOTTA

Date: 22 JUN 21

Reg. No: 9456

MEMORANDUM

The following marks were awarded to Shri/Smt. Sophy T. C. at the First Year B. Sc. Nu (Post Basic) Examination of November 2010.

SUBJECTS	Marks awarded	Min. marks required for a pass	Maximum marks	SUBJECTS	Marks awarded	Min. marks required for a pass	Max. marks
MICROBIOLOGY				PHARMACOLOGY			
Written	41	—	75	Written	30	—	75
Internal Assessment	20	—	25	Internal Assessment	17	—	25
Total for the Subject	61	50	100	Total for the Subject	47	37.5	100
BIOPHYSICS AND BIOCHEMISTRY				MATERNAL NURSING			
Written	40	—	75	Theory : Written	68	—	100
Internal Assessment	20	—	25	Internal Assessment	38	—	25
Total for the Subject	60	50	100	Total	106	75	100
GENERAL PSYCHOLOGY AND EDUCATIONAL PSYCHOLOGY				Practical :			
Written	32	—	75	Practical	39	—	25
Internal Assessment	18	—	25	Internal Assessment	37	—	25
Total for the Subject	50	50	100	Total	76	50	100
NURSING FOUNDATION				Total for the Subject	182	125	200
Written	33	—	50	CHILD HEALTH NURSING			
Internal Assessment	16	—	25	Theory : Written	58	—	100
Total for the Subject	49	37.5	75	Internal Assessment	29	—	25
NUTRITION AND DIETETICS				Total	87	75	100
Written	35	—	50	Practical :			
Internal Assessment	18	—	25	Practical	35	—	25
Total for the Subject	53	37.5	75	Internal Assessment	39	—	25
MEDICAL SURGICAL NURSING INCLUDING PATHOLOGY				Total	74	50	100
Theory : Written	63	—	100	Total for the Subject	161	125	200
Internal Assessment	29	—	50	ENGLISH			
Total	92	75	150	Written	51	—	75
Practical :				Internal Assessment	15	—	25
Practical	28	—	50	Total for the Subject	66	50	100
Internal Assessment	34	—	50	GRAND TOTAL	883	687.5	1300
Total	62	50	100	GRAND TOTAL IN WORDS	<i>Eight Eight Three</i>		
Total for the Subject	154	125	250				

Marks entered by: Smita

Marks checked by: Smita

Section Officer: [Signature]

Asst. Registrar: [Signature]

3/6/06 - dt. 5/10/06 / 0 = 100

[Signature]
CONTROLLER OF EXAMINATIONS



Mahatma Gandhi University

(Established by Kerala State Legislature by Notification No. 3431 / Leg. CI / 85 / Law, dated 17th April 1985)

Roll No: 5

Serial No: 13

Section: EI - VIII



KOTTA

Dated: 1. MAR. 2

Reg. No. 9456

MEMORANDUM

The following marks were awarded to Shri/Smt. SOPHY P. C. at the Second Year B. Sc. Nt. (Post-Basic) Degree Examination held in OCTOBER 2002.

SUBJECTS	Marks awarded	Min. marks required for a pass	Maximum marks	SUBJECTS	Marks awarded	Min. marks required for a pass	Maximum marks
PART - II SOCIAL AND BEHAVIOURAL SCIENCES II				PART - IV NURSING - IV			
Paper - II Sociology				Paper - I Introduction to Nursing Education			
Written : University Marks	45		75	Written : University Marks	45		
Internal Assessment	20		25	Internal Assessment	18		
Total for the Subject	65	50	100	Total for the Subject	63	50	100
PART - IV NURSING - III				Paper - II Introduction to Nursing Administration			
Paper - I Community Health Nursing				Written : University Marks	42		
Written : University Marks	60		100	Internal Assessment	18		
Internal Assessment	35		50	Total for the Subject	60	50	100
Total of Theory	95	75	150	Paper - III Introduction to Nursing Research Including Biostatistics			
Practical: University Marks	35		50	Written : University Marks	46		
Internal Assessment	37		50	Internal Assessment	18		
Total of Practical	72	50	100	Total of Theory	64	50	100
Total for the Subject	167	125	250	PRACTICAL			
Paper - II Mental Health Nursing				Internal Assessment	34		25
Written : University Marks	53		100	Total for the Subject	98	75	100
Internal Assessment	36		50	PART V			
Total of Theory	89	75	150	Paper - II Computer Programming			
Practical: University Marks	32		50	Internal Assessment	43		25
Internal Assessment	35		50	TOTAL	652	500	1000
Total of Practical	67	50	100	FIRST YEAR TOTAL	883	687.5	1000
Total for the Subject	156	125	250	GRAND TOTAL	1535	1187.5	2000
				GRAND TOTAL IN WORDS	one five three five		

Marks entered by : [Signature]
 Marks checked by : [Signature]
 Section Officer : [Signature]
 Asst. Registrar : [Signature]
 Pk 3/0/07 (B) dt. 13/7/2007 / 5 x 100

[Signature]
 CONTROLLER OF EXAMINATIONS

Serial No. :

12575



Roll No. 232590

Board of Examination in General Nursing & Midwifery

DIPLOMA IN GENERAL NURSING & MIDWIFERY (3 Years Course)

Certified that SOPHY T.C.

Daughter of Sri CHACKO

has obtained the DIPLOMA in General Nursing and Midwifery
having passed the Examination held in AUGUST 2006.
in SECOND DIVISION.



M. Prabhavathi
Principal,
M. Ann's School of Nursing,
Kasipet, Dist. Warangal

TRAINING PERIOD -

From 01.09.2003 to 31.08.2006

M. Prabhavathi
Principal Nursing Tutor

School of Nursing
(Scrutinizing Center)

Principal
School of Nursing
M.G.M. Hospital,
Warangal - 506 007.

Hyderabad

Dated :

[Signature]
SECRETARY

DY. DIRECTOR (NURSING) Director of Medical Education
DIRECTORATE OF MEDICAL ANDhra Pradesh, Hyderabad.
EDUCATION A.P. HYD.

[Signature]
CHAIRMAN



Sl. No 41103

Book No. 1595

The Kerala Nurses And Midwives Council



REGISTRATION CERTIFICATE

This is to certify that Sophy. T.L.

having taken a course of training at
St. Ann's School of Nursing, Kadapa
from Sep' 2003

to Aug' 2005 has passed the examination for General Nursing
conducted by the Government of Andhra Pradesh
in Aug' 2005 and is admitted to the Register maintained under the
provisions of the Nurses and Midwives Act 1953, as amended as a registered Nurse
under section 2(d)

The number assigned to her in the Register is 45035
Dated the 9th day of November 2007

Thiruvananthapuram,
Dated 9.11.2007



Thomson
REGISTRAR

Sl. No 41153

Book No. 1597

The Kerala Nurses And Midwives Council



REGISTRATION CERTIFICATE

This is to certify that Sophy, T.C.
having taken a course of training at
St. Ann's School of Nursing, Kadapa
from Sep' 2005
to Aug' 2006 has passed the examination for Midwifery
conducted by the Government of Andhra Pradesh
in Aug' 2006

and is admitted to the Register maintained under the provisions of the
Nurses and Midwives Act 1953, as amended as a registered Midwife under
section 2(d)

The number assigned to her in the Register is 45899

Dated the 9th day of November 2007

Thiruvananthapuram,

Dated 9:11:2007



[Signature]
REGISTRAR



19573

BOARD OF EXAMINATION FOR GENERAL NURSING AND MIDWIFERY
OFFICE OF THE
DIRECTOR OF MEDICAL EDUCATION : ANDHRA PRADESH
HYDERABAD

MEMORANDUM OF MARKS
(FIRST YEAR)

Roll No. : 232590 Month/Year AUGUST-2004

This is to Certify that SOPHY T.C.

D/o. CHACKO a student of ST. ANN'S

School of Nursing KAZIPET who has appeared the

Examination in General Nursing and Midwifery First Year at M.G.M. HOSPITAL

WARANGAL and secured the following marks.

MARKS

SUBJECT	Maximum	Secured		TOTAL
		E.A.	I.A.	
1. Fundamentals of Nursing.				
(a) Theory	100	53	22	75
(b) Practicals	100	54	22	76
2. Anatomy, Physiology and Microbiology (Theory)	100	51	22	73
3. Community Health Nursing I (Theory)	100	41	21	62
Total in Figures :	400			286

(IN WORDS TWO EIGHT SIX)

Result of First Year PASSED



Principal,
St. Ann's School of Nursing,
Kazipet, Hyderabad.

SECRETARY
AND

Dy. DIRECTOR (Nursing)

Date :



15922

BOARD OF EXAMINATION FOR GENERAL NURSING AND MIDWIFERY
OFFICE OF THE
DIRECTOR OF MEDICAL EDUCATION : ANDHRA PRADESH
HYDERABAD

MEMORANDUM OF MARKS
(SECOND YEAR)

Roll No. 232590 Month/Year Aug/2005

This is to Certify that SOPHY T.C

D/o. CHACKO a student of St. Ann's

School of Nursing Kazipet who has appeared the

Examination in General Nursing and Midwifery Second Year at MGM Hospital

Warangal and secured the following marks.

SUBJECT	Maximum	MARKS		TOTAL
		E.A.	I.A.	
1. Medical Surgical Nursing I (Theory)	100	44	21	65
2. Medical Surgical Nursing II				
(a) Theory	100	54	22	76
(b) Practicals	100	40	22	62
3. Paediatric Nursing, Mental Health and Psychiatric Nursing.				
(a) Theory	100	53	22	75
(b) Practicals	100	52	22	74
Total in Figures :	500			352

THREE FIVE TWO
PAUSE



Sr. Amela
Principal,
St. Ann's School of Nursing
Kazipet, Warangal.

Date :

[Signature]
SECRETARY
AND
Dy. DIRECTOR (Nursing)



17091

BOARD OF EXAMINATION FOR GENERAL NURSING AND MIDWIFERY
OFFICE OF THE
DIRECTOR OF MEDICAL EDUCATION : ANDHRA PRADESH
HYDERABAD

MEMORANDUM OF MARKS
(THIRD YEAR)

Roll No. : 232590

Month/Year : AUG-2006

This is to Certify that SOPHY T.C.

D/o. CHACKO a student of ST-ANN'S

School of Nursing KAZIPET who has appeared the

Examination in General Nursing and Midwifery Third Year at M.G.M. HOSPITAL,
WARANGAL

and secured the following marks.

SUBJECT	MARKS		
	Maximum	Secured	
		E.A.	I.A.
1. Midwifery			
(a) Theory	100	48	20
(b) Practicals	100	42	20
2. Community Health Nursing (Theory)	100	41	19
Total in Figures :	300		190

(IN WORDS : ONE NINE ZERO)
Result of Third Year : PASSED IN SECOND DIVISION



Principal,
St. Ann's School of Nur
Kazipet, Dist. warangal

SECRETARY
AND
Dy. DIRECTOR (Nursing)



GOVERNMENT OF KERALA
BOARD OF HIGHER SECONDARY EXAMINATION
HIGHER SECONDARY EXAMINATION (CLASS XII)

No. HSE 203613

CERTIFICATE

Register
Number

573603

This is to certify that Mr/Ms. BOPHY. T.C.....has appeared for the

HIGHER SECONDARY EXAMINATION (SCIENCE GROUP) held in March 2002.....

He/She has.....PASSED the Examination in Second Class......

The marks obtained by the Candidate are shown below :

SUBJECTS	Marks Obtained			Min. Marks	Max. Marks
	In figures		In words		
	Subject	Part Total			
PART I ENGLISH	55	55	Five Five	53	150
PART II MALAYALAM	114	114	One One Four	53	150
PART III (Optionals)					
PHYSICS	Theory	45		30	100
	Practical	45		..	50
	Total	90		53	150
CHEMISTRY	Theory	37		30	100
	Practical	40		..	50
	Total	77		53	150
BIOLOGY	Theory	43		30	100
	Practical	39		..	50
	Total	82		53	150
MATHEMATICS	66			53	150
TOTAL FOR PART III		315	Three One Five	212	600
GRAND TOTAL (PARTS I+II+III)		484	Four Eight Four	318	900

Place : Thiruvananthapuram
Date : 20/06/2002



Joint Director (Examinations),
Department of Higher Secondary Education,
Government of Kerala.

A No 411415

GENERAL EDUCATION DEPARTMENT
SECONDARY SCHOOL LEAVING CERTIFICATE
(Issued under the Authority of the Government of Kerala)



This is to certify that the candidate herein has appeared in the SSLC Examination and has secured the marks as follows

- Name of School St. Mary's High School For Girls, Cherthala
Admission No. 13876
1. Name S.P.H.Y T.C.
(Initials after name)
2. Name in Regional Language S.M.A.M. A.M.
3. Sex Female
4. Date of Birth (in figures) 30.5.1984
(in words) Thirtieth May Nineteen Eighty Four.
5. Religion & Caste Christian Syrian Catholic
6. Nationality Indian
7. Name of Father/Guardian Chacko (late)
8. Name of Mother Agatha Chacko
9. Home Address Thackel, N. Karthil,
K.R. Param. P.O., Cherthala.
10. Signature of the Candidate Kizamma K.I.



NAME OF REGISTERED CANDIDATE
KIZAMMA K. I.
DISTRICT WITH DATE

GOVERNMENT OF KERALA

SECONDARY SCHOOL LEAVING CERTIFICATE EXAMINATION

Register Number : 286397
Month & Year : March 2000 No. of chances : First

Subject	Maximum For the paper	Marks in the Public Examination		Group Total	Minimum for a pass	State Average
		In Figures	In Words			
GROUP A - Language						
FIRST LANGUAGE						
Paper-I (Malayalam)	50	28	One		20	22
Paper-II (Maths)	50	68				29
SECOND LANGUAGE						
English Paper-I	50	14	Two		20	16
Paper-II	50	17				16
THIRD LANGUAGE						
Hindi	50	23			10	21
GROUP B - Subject						
SOCIAL SCIENCES						
Paper-I History & Civics	50	23			20	20
Paper-II Geography & Economics	50	46				22
SCIENCE						
Paper I - Physics	50	29	Two		120	19
Paper II - Chemistry	50	22			30	17
Paper III - Biology & Health Science	50	32				20
MATHEMATICS						
Paper-I	50	36			20	19
Paper-II	50	40				19
TOTAL	600	327	Three Two Seven			

(Marks : 480 and above First Class with Distinction; 360 to 479 First Class; 300 to 359 Second Class; 210 to 299 Third Class)

PASSED

Secretary,
Board of Public Examinations,
S. R. M. CHANGAN KERALA

Phone: 95 478-2552237
Fax: 0478-2553014

ST. THOMAS HOSPITAL
PALLIPPURAM P. O. CHERTHALA-688 541
ALAPPUZHA Dt, KERALA

Date 30.5.2009

EXPERIENCE CERTIFICATE

This is to certify that Miss. Sophy.T.C. was worked here as a Staff Nurse from 06-01.2007 to 30.05.2009.

She has good Experience in Med.ward. She is sincere, efficient, and hardworking. Her relationship with her superiors, colleagues and her juniors is always pleasant and cordial. Her character and conduct is good

I wish her all success in her future endeavours.



Sr. Albeung
Administrator

ADMINISTRATOR
ST. THOMAS HOSPITAL
PALLIPPURAM P.O.
KERALA



NH-47 By-pass, Maradu, Nettoor P.O., Kochi - 682 040, Kerala, India. Tel : 91 - 484 - 2701032/33
Fax : 2701996 E-mail : info@lakeshorehospital.com Web : www.lakeshorehospital.com
CIN No : U85110KL1996PLC010260

TO WHOMSOEVER IT MAY CONCERN

This is to certify that **Sophy T. C** is a **Registered Nurse** residing at **Thaickel Nikarthil, K. R. Puram P. O, Cherthala, Pin- 688556**. She worked as a full time **Staff Nurse** from 31st January 2012 to 11th September 2016 in the **Medical & Surgical Ward** of this Hospital. This is a 350 bedded Multi Super Specialty Hospital & Research Centre, ISO 9001:2008 certified & NABH accredited.

The patient nurse ratio and duty pattern followed in this hospital is as per the norms of Indian nursing council. (Three shift, 48 hours per week)

She is competent in executing her nursing responsibilities. Sound and healthy rapport with patients and their relatives and thus create a warm environment for fast recovery.

She actively participated in the continuous in-service training programme and upgraded and updated the skills and abilities as a practical nurse.

We wish her all the best.

For Lakeshore Hospital & Research Centre Ltd.,


Celine Mathew
Director of Nursing

 **Celine Mathew**
Director of Nursing
Lakeshore Hospital & Research Centre Ltd.
Kochi - 40



22nd September 2016