

Asna M Ismail

Puthenveedu, V. P. Road, Zacharia Ward, Alappuzha, Kerala – 688012
asna12321@gmail.com | +91 9995 531 729

Professional Summary

Experienced physiotherapy professional with excellent leadership skills and in-depth understanding of pain management, joint stability and core strengthening techniques. Excellent case management, relationship-building and critical thinking skills. Looking for a new role in a fast-paced environment.

Skills

- › Treatment planning
- › Patient assessments
- › Exercise demonstrations
- › Coordinating referrals
- › Document management
- › Discharge planning
- › Presenting cases
- › Assigning cases

Work History

Physiotherapist, 10/2017 to Current

Travancore Rehabs – Alappuzha, Kerala

- Aided patients in handling pain caused by physical problems, disabilities and illnesses.
- Assisted patients in recovering from injury, illness, and accidents.
- Organized physical exercise sessions for patients.
- Developed and implemented personalized fitness and therapeutic programs.
- Counseled patients on treatments and strategies for improving long-term well-being through targeted exercises.
- Tracked and evaluated patient progress with respect to treatment goals.

Education

- › **Bachelor of Physiotherapy (B.P.T)** 2017
Yenepoya Physiotherapy College – Mangaluru, Karnataka
- › **Plus 2 (Science Group)** 2011
Govt. Girls Higher Secondary School - North Paravoor, Ernakulam Dist , Kerala.
- › **SSLC (Matriculation)** 2009
Little Flower High School – Panayikulam, Aluva, Ernakulam Dist, Kerala.

Personal Details

Age & DOB : 25 Years (03.06.1993)
Marital Status : Married
Nationality : Indian
Religion & Caste : Islam & Muslim
Fathers Name : Ismail M. K
Mothers Name : Shahitha Ismail
Languages Known :

Read	Write	Speak
English	English	English
Malayalam	Malayalam	Malayalam
Hindi	Hindi	Hindi
Arabic	Arabic	

Hobbies : Reading, Writing, Travelling, Driving.

REFERENCE

- **Arifa Mariyam**
Mob: 8123111672
Assistant Professor
Yenepoya Physiotherapy College,
Deralakatte, Mangaluru, Karanataka.

DECLARATION

I hereby declare that the above said information is true to the best of my knowledge. I assure you that I will serve better if you give me an opportunity in your concern.

Alappuzha
17.11.2018

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