

From

DIVYAMOL DIVAKARAN

VETTARKUNNEL

MELUKAVUMATTOM PO

KOTTAYAM DIST

KERALA- 686652

PH – 9633960202 / 9073257851

E mail Id – divyamoldivakaran@gmail.com



To

Dear Sir/ Madam,

I wish to offer my candidature for the post of Staff Nurse. I am sharing my resume along with this cover letter for your kind contemplation and consideration. I hope my application will be considered and if given an opportunity I will serve to the best of my knowledge, ability and skills for the fulfillment of the goals of your esteemed organization.

I will be ever grateful for accepting my application.

Thanking you

Yours Sincerely

DIVYAMOL DIVAKARAN

Date:

Place:

CURRICULLAM VITAE



Address for Communication:

Divyamol Divakaran
Vettarkunnel
Melukavumattom Po
Kottayam Dist
Kerala- 686652
Ph – 9633960202 / 9073257851
E Mail Id –
divyamoldivakaran@gmail.com

Personal Details:

Date of Birth : 28/07/1993
Age : 25 Years
Gender : Female
Nationality : Indian
Religion : Hindu
Caste : Viswakarma
Mother Tongue : Malayalam
Marital Status : Unmarried
Height : 150cm
Blood group : 'B' Positive
Father's Name : Divakaran V P

CAREER OBJECTIVE

Aim to be associated with the organization that Provides me an opportunity to show my skills and improve my knowledge with latest trends and to be the part of the team that works dynamically towards the growth of the organization.

LICENCE / CERTIFICATE

Registered Nurse : KL03201603869 (Kerala)
Passport No : N6509982
Place of issue : Cochin
Date of Issue : 15.01.2016
Date of Expiry : 14.01.2026

PRESENT ADDRESS

Divyamol Divakaran

Vettarkunnel
Melukavumattom Po
Kottayam Dist
Kerala- 686652
Ph – 9633960202 / 9073257851
E Mail Id – divyamoldivakaran@gmail.com

PRESENT NURSING EXPERIENCE

Apollo Gleneagles Hospitals, Kolkata, India

www.apollogleneagles.in

Apollo Hospitals, the largest healthcare group in Asia with JCI accredited. Apollo Gleneagles Hospitals, Kolkata is a 750 bed tertiary care centre. It has over 50 medical and surgical disciplines. Its services are supported by sophisticated technology and experienced medical professionals.

Date of Joining & period : 28th April, 2016, to 30th June, 2018
Type of Experience : As a Staff nurse.
Department : Cardiac Cath HDU & Cardiac Cath Ward
Emp. No : 1058706
Hospital capacity : 750 bedded JCI Reaccredited Hospital.
No. of Beds : 20

OTHER CERTIFICATES:

Kerala Registered Nurse : KL03201603871

Issued By: The Kerala Nurses and Midwives, Council, India

PATIENT CARE WHICH I CAN

- Well versed in the cardio pulmonary resuscitation (as per ACLS protocol)
- Maintenance of good nurse patient relationship including orientation of patient to the unit or room and patient family education
- Patient assessment and reassessment and nurses notes.
- Check the vitals of the patient every hourly along with date and time (Eg. B.P., R.T. feeding, drainage etc.) Including pre and post operative care and documentation.
- Maintenance of intravenous fluids and Ionotrops (Eg. T.P.N. Dopamine & NTG etc.)

- Administrations of Medications in time (Eg. OD, BID, TID, QID, State, SOS etc.)
 - Monitoring of C.V.P. & I.C.P.
 - Hot & Cold Application (Eg. Ice Bag, Hot Water Bag, Cold Compress, Sterile hot compress and cold sponge).
 - Personal hygiene including assist in Activities of daily living.
 - Tracheostomy care of the patient (Eg. Suctioning, Tracheostomy dressing)
 - Care of pressure sore (Eg. Frequent Back care & positioning)
 - Maintenance of physical, social, psychological, spiritual & rehabilitative needs of the patients (Eg. Religious guidance)
 - DVT Prophylaxis
 - Prevention of aspiration
 - Colostomy care
 - GCS monitoring and close Neuro observation
 - Barthel index
 - Steam inhalation
 - Naso Gastric and PEG Tube feeding
 - Skin Traction application and Care
 - Care of ICD
 - Blood Transfusion
 - Management of Pain scale Adult and Pediatric
 - Care of invasive catheters (Eg. Central line, Arterial line, IV cannula, Foleys's catheter, epidural catheter, E.V.D.)
 - Maintaining records and reports
 - Supervision and orientation of student and new trainees.
- Follow-up Treatment.

EQUIPMENTS USED

- | | |
|------------------------------------|------------------------------|
| ➤ AED | NIBP |
| ➤ Defibrillator | ECG |
| | Syringe Pump |
| | Infusion Pump |
| ➤ Pulse Oxymeter | Steam Inhaler |
| ➤ I.C.U Monitor | Glucometer |
| ➤ C.V.P. Monitor | Humidifier |
| ➤ Suction Apparatus | Warmer Machin (Bair Hugger) |
| ➤ Nebulizer | CPAP Machine |
| ➤ Computer | BIPAP Machin |
| ➤ ABG Machin | AMBU |
| ➤ Closed Suction | Cardiac Output Monitor |
| ➤ B.P Monitor | and nasal Air way |
| ➤ Air-Way adjunctives, L.M.A, Oral | |

SPECIAL PROCEDURES I ASSISTED

- Resuscitation
- Endotracheal intubation and extubation.
- Arterial Canulation.
- Lumbar puncturing
- Central Venous Catheterization
- Pericardiocentesis
- Pleural fluid aspiration
- Bone marrow aspiration
- Closed Reduction and POP application

- Supra Pubical Catheterization
- Intercostal Drainage
- Suturing

OTHER RESPONSIBILITIES

- Maintaining the drug & Investigations as per orders.
- Proper documentation of drugs administered and investigations done.
- Maintaining the equipment in working condition.
- Maintaining emergency drugs and equipments at accessible place.
- Proper monitoring of patient.
- Informing the doctor concerned whenever necessary.
- Barrier nursing
- Scrubbing, hand washing and aseptic precautions..
- Handling of critically ill patients
- Chemo Medicine Administration

GENERAL

- Attended Basic Life Support, Advanced Cardiac life support, pediatric advanced life Support programme at Apollo Gleneagles Hospital, Kolkata.
- Attended IV Cannulation (peripheral and central access) conducted by BD Company.
- Attended seminar of Infection Control Programme, conducted at Apollo Gleneagles Hospital, Kolkata.
- Attended D.V.T Management Conducted by Mrs.Poulami Choudry.
- Attended Emergency drugs and drug calculation, PAIN Management and Hazmat and Spill management conducted at Apollo Gleneagles Hospitals, Kolkata.
- Attended Medication Management and its use by Dr.Mrinald Das HOD Pharmacy Department.
- Attended Nutrition Management for critical care patients conducted by Dr.Babitha HOD Dietary department.

EDUCATION PROFILE

During my studies as a student nurse, the following works were assigned to me, which I have carried out successfully.

- ❖ Worked as a team member in the community development programs.
- ❖ Worked in different hospitals in Kerala as a trainee.
- ❖ Worked as a team member of pulse polio programme

- ❖ Participated in Blood Donation
- ❖ Participated in AIDs Control Programme

ACADEMIC

COURSE	YEARS OF STUDY	NAME OF INSTITUTION	BOARD/ UNIVERSITY
S.S.L.C	2009	M D C M S H S, Erumapramattom	Kerala Board
Intermediate	2011	St. Sebastins H S S Kadandu	Kerala Board

PROFESSIONAL

COURSE	YEARS OF	NAME OF INSTITUTION	BOARD/University
B. Sc Nursing	2011-2015	University Collage of Nursing	Mahatma Gandhi University, Kerala

WORK EXPERIENCE

Name of Hospital	Designation	Range of Service	Capicity of Hospital	Period of Employment
Apollo Gleneagles Hospital Kolkata	Staff Nurse	Multispecialty	750 Beds	From 2016 To 2018

HOSPITALS I TRAINED

- Apollo Gleneagles Hospital, Kolkata

COMPUTER SKILLS

- All Computer basics With Internet Knowledge
- Good skills in hospital based computer activities

LANGUAGES

- English
- Malayalam
- Bengali
- Hindi

INTERESTS

- Music
- Reading
- Traveling
- Conducting Programs
- Creativity

STRENGTHS

- Desire to learn
- Hard-working
- Positive attitude
- Cool minded
- Team building ability
- Problem solving capability
- A good team player

ACHIEVEMENTS

- Have been involved in different work groups for various activities like conducting Seminars, symposium conducted in college and hospital.
- Participated in many School, College and Hospital Competitions.

REFERENCES

1. Mrs.LAKSHMI BATTACHARYA, Director of Nursing
2. Mrs. Rana Das Gupta, CEO
3. Mr. Joydeep ,HR Manager
4. Mrs. Reji Thomas, Principal of University College of Nursing,

APOLLO GLENEAGLES HOSPITALS, KOLKATA, INDIA

DECLARATION

I hereby state that the above mentioned information is true to the best of my knowledge and belief.

Date:-

Place:-

DIVYAMOL DIVAKARAN