



CURRICULUM VITAE

NITHYA MARIAM CHERIAN

Phone: 9605155288/9495265566 E-mail: nithyacherian7@gmail.com



I am a B.Sc Nursing graduate with 2 years of experience in India.

Soon after my studies I got the privilege to work in a 600 bedded Multi-speciality Hospital.

I am a focused professional who is committed in safeguarding the medical needs, comfort, and emotional well being of patients under my core with intelligence, emotional stability, compassion and enthusiasm. I am dedicated, ambitious and a reliable person and have a passion for providing quality care to patients. Moreover, I possess good communication skills that enable me to develop a good rapport with the patients, their families and visitors.

Learning new concepts quickly, working well under pressure, versatile patient records management skills, high standards of quality control, positive work ethic and proactive team worker are the qualities I possess.

OBJECTIVE

I am keen to develop my knowledge across a range of nursing procedures/practices and to achieve this I am looking for a suitable role with a forward thinking established organisation.

EDUCATIONAL QUALIFICATION & REGISTRATION DETAILS

Bachelor of Science in Nursing (B.Sc Nursing) from Manipal College of Nursing, Manipal University, Karnataka (2014)

OTHER ACHIEVEMENTS

- Ø Participated in a Seminar on International Perspectives on Ageing : Evidence to Guide Clinical Practice held on 3rd March 2014 as a delegate.
- Ø Participated in the Training Programme on HIV/AIDS & ART for BSC Nursing Students under the Global Fund to Fight AIDS, Tuberculosis & Malaria (GFATM) Round - 7 Conducted at Manipal College of Nursing, Manipal, Manipal University from 30-06-2014 to 04-07-2014
- Ø Participated in Basic Life support training programme.

REGISTRATION & MEMBERSHIP

- Professional Registration - 1) Karnataka State Nursing Council (No.062800)

PROFESSIONAL EXPERIENCE

Kasturba Medical College, Attavar, Mangalore
Manipal University, Multi-Speciality Hospital, 610 Beds
Worked as Staff Nurse in Medicine Department.

INDEPENDENTLY CARRIED OUT ROUTINE NURSING PROCEDURES SUCH AS:

- Welcoming patients to the department
- Orientation of the patient to the department
- Recording Vital Parameters using Thermometer, BP apparatus, Weighing Machine
- Giving medications as advised by Doctors
- Placement of Intravenous lines
- Urinary catheterization
- Internal/parental Feeding
- Bowel and Bladder washes
- Collection of Specimens for Investigations
- Preparation and Administration of Therapeutics
- Sponge Bath
- Mouth Care
- Back care
- Tracheostomy Care
- Tracheal and Endotracheal Suctioning
- Steam Inhalation and Nebulization
- Wound Dressing
- Chest Physiotherapy
- Sterilization and Disinfection
- Dynamic Monitoring of Critically ill patients
- Transportation of Sick patients
- Oxygen Administration
- Checking Blood Glucose Level
- Checking all IV lines, Drains etc.
- Psychological support

THOROUGH KNOWLEDGE OF HANDLING EQUIPMENTS SUCH AS:

- Cardiac Monitors (BPL, Mediad, dash-2000,2004,4000)
- Warmer Bed
- IABP
- ABG Machine
- ACT Machine
- Pacemaker
- Pulse Oximeter
- Centralized Oxygen
- CVP Monitor
- Arterial Monitor
- Defibrillators
- Wall Portable Suction apparatus and Oxygen humidifier
- Syringe Pump
- Thermometer
- O2 Flow meter
- Infusion pump
- Weighing Machine
- Oxygen Cylinder
- Gluco meter
- ECG Machine

- BP Apparatus

NURSING SKILLS & PROCEDURES:

- Pre & Post-Operative Care
- Hemodynamic Monitoring
- Stomach Wash
- Sponge Bath
- Bed Making
- Vital Signs
- Monitoring Intake/Output
- Care of patients with Chest Drainage
- Blood Transfusion
- Administer medications/injections
- IV Lines Insertion
- Preparing Patients for Surgery
- Care of Pre & Post-operative Patients
- Suctioning Oral
- Insertion of urinary Catheter
- Ambulating and Resuscitation
- O2 Administration And Mask
- Care of Wound
- Assisting for CPR
- Recording, Reporting & Extubation
- Assisting for, Intubation
- Suture Removal
- ECG Monitoring
- Defibrillation
- CPR, Imbuing
- Pacing Wire Removal

SPECIAL EXPERTISE:

- Care of post CPR patient
- Pain management & Wound Management
- Collection of Blood for ABG Studies

PROFESSIONAL SKILLS

- Ability to work under pressure
- High standards of quality control
- Thorough understanding of assessing patients to recognize suitable nursing interventions
- Able to handle emergency situations in a opportune and safe manner
- Well-versed in administering medications and treatments as prescribed by a physician
- In-depth knowledge of communicating and collaborating with patients, families, physicians and other health care professionals in achieving quality in patient

SKILLS

COMPUTER

- MS Office; Microsoft Word, Excel

LANGUAGES

English, Malayalam, Kannada & Hindi

PERSONAL DETAILS

Sex : Female
Date of Birth : 28/7/1992
Nationality : Indian
Religion : Christian
Marital Status : Single
Permanent Address : Puthenpurackal House
Kuzhipurayidom
Manarcad P.O
Kottayam - 686019
Kerala, India.

REFERENCES

Upon request



NITHYA MARIAM CHERIAN

प्रज्ञानं ब्रह्म



Manipal University

Formerly known as Manipal Academy of Higher Education

Deemed to be University under the UGC Act 3, 1956

Faculty of Nursing

Manipal College of Nursing, Manipal

This is to certify that

NITHYA MARIAM CHERIAN

has been admitted to the

Degree of

BACHELOR OF SCIENCE IN NURSING

having fulfilled the prescribed requirements

in June 2014



Vice-Chancellor

GIVEN UNDER THE SEAL OF MANIPAL UNIVERSITY, MANIPAL, INDIA

No: 136657

ON THIS DATE: August 28, 2014 Reg. No.: 100501165



KMC Hospital



KMCHAT:HRD:2017:177

15th February, 2017

TO WHOMSOEVER IT MAY CONCERN

This is to certify that Ms Nithya Mariam Cherian has worked as a Staff Nurse in our hospital from 12th February, 2015 to 15th February, 2017.

This hospital is a 610 bedded teaching hospital housing a multidisciplinary Intensive Care Unit and Departments of Medicine, TB RD, Surgery, Paediatrics, Radiodiagnosis & Imaging, Orthopaedics, Medical Oncology, Oral & Maxillofacial Surgery/Community Dentistry, Oncology/Radiotherapy, OBG, Ophthalmology, Anaesthesiology, ENT, Audiology, Paediatric Surgery, Psychiatry, Skin & STD and Physiotherapy and is attached to Kasturba Medical College, Mangalore under Manipal University.

During the above period, she has worked in various wards of this hospital. She has good professional knowledge and skills and thus could discharge her duties satisfactorily.

We wish her success in all her future endeavors.


**Medical Superintendent
Medical Superintendent
KMC Hospital, Attavar
MANGALURU**