**CURRICULUM VITAE**

## OBJECTIVE

An enthusiastic staff nurse with three years and seven months of experience in providing expert nursing care to patients with a range of various medical and surgical condition. A conscientious organized professional committed in improving the standards of care.

## PERSONAL DETAILS:

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| --- | --- | --- |
| Title: | Mrs |  |
| First Name: | NILU MARIA |
| Last Name: | SHAJI |
| Date of Birth: | 11/09/1992 |
| Gender: | FEMALE | |
| Permanent Address | House No 19/679 B  Kanneath House, Palluruthy PO, Cochin, Ernakulam  Pin Code: 682006 | |
| Qualification | B.Sc. Nursing | |
| Contact Telephone Number: | 09892302362, 7592930790 | |
| E-mail: | [nilumshaji@gmail.com](mailto:nilumshaji@gmail.com) | |
| Languages Known | Malayalam, English, Hindi, and Tamil | |

# ACADEMIC QUALIFICATION

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| --- | --- | --- | --- | --- |
| **CLASS** | **SCHOOL** | **BOARD** | **YEAR OF**  **PASSING** | **MARKS** |
| **12th Standard** | **St. Joseph Higher Secondary School** | **Board of Higher**  **Secondary examination** | **2008-2010** | **71%** |
| **10th Standard** | **Little Flower High School**  **Vadakara** | **S.S.L.C.** | **2008** | **85%** |

# PROFESSIONAL QUALIFICATION

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| --- | --- | --- | --- | --- |
| **COURSE** | **COLLEGE** | **UNIVERSITY** | **YEAR OF PASSING** | **MARKS** |
| **BSC. Nursing** | **KMCH College of**  **Nursing Coimbatore** | **M.G.R Medical university Chennai** | **2010-2014** | **70%** |

* **CERTIFICATE’S ACHIEVED**
* Participated as delegate in the **“Nurses Enclave”** held at Kovai Medical centre and Hospital, Coimbatore on 27/02/2013
* Participated in the **“Mental Health survey”** at Dhaliyur Panchyat, Coimbatore on September 26th, 27th & October 3rd 2012.
* Participate in the **“National Service Scheme”** held under the campaign of Health youth for Healthy India from 18/02/2012 to 25/02/2012
* Participated as a Delegate in the **“wound care workshop”** organized by trained nurses association of India, Mumbai on 27/03.2018
* Participate as a Delegate in the state level conference on **“Nursing Perspectives in** **Disaster Management”** held at Kovai Medical centre and Hospital, Coimbatore on
* **PROFESSIONAL REGISTRATION**
* REGISTERED NURSE/Midwife **(Registration No XV11-12913)** from Maharashtra nursing council, Mumbai, India. Status: Expires on 14th march 2019
* REGISTERED NURSE/Midwife **(Registration No 149216)** from Tamil Nadu Nurses and Midwives Council, Chennai (Madras), India. Status: Expired
* REGISTERED NURSE/Midwife **(Registration No KL04201803100)** from Kerala Nurses and Midwives Council, Trivandrum, India. Status: Expires on 11th Oct 2023
* **PROFESSIONAL EXPERIENCE**
* From 17-Nov-2014 to 25-June-2018, I am working as staff nurse in **Medical and Surgical Ward** in **Jaslok Hospital, Mumbai**.
* **DUTIES AND RESPONSIBILITIES**
* Taking over report from previous staff
* Assessing physical and psychological needs of the patient
* Planning Patient care
* monitoring vital signs
* Packing and sending things for sterilization
* Meeting nutritional needs of patients
* Administration of oral medication
* Administration of intravenous, intra muscular, subcutaneous and intra dermal injection
* Collecting venous samples for various investigation
* Starting peripheral lines
* Administration of drugs like Fortwin, Pethidine, morphine and fentanyl
* Administration of blood and blood products
* Administration of Emergency drugs like adrinalin, atropin, dopamine, calcium gluconate
* Administration of infusions
* Administration of Nebulizers
* Administration of oxygen through nasal prongs, mask, reservoir bags, venturi masks, C-PAP, BI-PAP
* Monitoring intake and output
* Removal of central venous catheters
* Insertion of oral, nasal ryles tubes and urinary catheters
* Giving enemas and bowel wash
* Giving sitz bath and catheter care
* Steam inhalation and chest physiotherapy
* Planning and giving health teaching for patients and family
* Giving death care
* Attending Doctor’s round
* Attending in service education
* Maintenance of record and reports
* **PATIENTS TAKEN CARE**

* Post Extubation patients
* Care of patients with hypo and hyperthermia
* Patients with diabetic insipidus
* Paralyzed patients
* Seizure disorder patient
* Head injury patients
* Transplant patient
* Patient with infectious diseases
* Patient with meningitis
* Patient with tracheotomy
* Patient with oncology
* **MEDICAL EQIUPMENTS USED**
* Pulse oxymeter
* Glucometer
* Suction apparatus
* Ambu bag
* Crash trolley
* Nebulization
* Syringe pump
* Infusion pump
* Defibrillator
* Laryngoscope
* Ventilator
* Sphygmomanometer
* ECG
* **DECLARATION**

I hereby declare that the above given information are true and correct to the best of my knowledge and belief.

NILU MARIA SHAJI

Place: **Palluruthy**

Date: 15/11/2018