From,

Ms. Divya Mohandas Kalambattukudy (H) Koodalappadu Koovappady (P.O)

To,

The HR Department Rajagiri Hospital Aluva, Eranakulam

Respected Sir/Madam,

Subject: application for the post of Staff Nurse

I **Ms. Divya Mohandas**, requesting to you to give me an opportunity to work in your esteemed institution as a staff nurse. I completed my Basic BSc Nursing degree in 2015 June, from Manipal College of Nursing, Mangalore. If appointed, I will discharge my duties to the entire satisfaction of my Superiors. I am here by enclosing my biodata for your kind perusal. Please do the needful.

I am looking forward to hear from you early.

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Thanking you, Yours faithfully,

Divya

(Divya Mohandas

Enclosure: (1) Personal Data (2) Curriculum Vitae

PERSONAL DETAILS

| Name | : | Ms. Divya Mohandas |
|-----------------|---|-----------------------------------------------------------------------------------------------------------------------|
| Age | : | 21 years |
| Sex | : | Female |
| Marital status | : | Single |
| Date of birth | : | 21.09.1993 |
| Place of birth | : | Kothamangalam |
| Nationality | : | Indian |
| Religion | : | Hindu |
| Father's Name | : | Mr. Mohandas .K |
| Mother's Name | : | Mrs. Bindu Mohandas |
| Contact Address | : | Ms. Divya Mohandas D\o Mohandas .K Kalambattukudy (H) Koovappady (P.O) Pin - 683544 Eranakulum, Kerala |
| Phone No.(Res.) | : | 9526337948 |
| E-mail id | : | 09731919066 mohandasdivya3@gmail.com |

CAREER OBJECTIVES:

- To survive for the highest competence in patient care, both personally and professionally and to update the nursing knowledge.
- To work in a challenging nursing area.

CURRICULUM VITAE

| Professional Qualification | : B.Sc. in Nursing |
|----------------------------|---------------------------------------------------------|
| <u>Language</u> | |
| Write & Read | : English, Hindi, Malayalam. |
| Speak | : English, Hindi, Malayalam, Kannada |
| Hobbies | : Reading Books, Watching News Listening to Music |

EDUCATIONAL QUALIFICATION

| Examinati | Year of | Board/ | Name of the | Percentag |
|-------------|----------|-------------|-------------------|-----------|
| on | completi | University | Institution | e |
| | on | | | obtained |
| S.S.L.C | 2009 | Kerala | St.Joseph's girls | 90% |
| | | Secondary | high | |
| | | Examinatio | school,Chengal | |
| | | n Board | | |
| IInd PUC | | | Govt.Girls higher | 72.35% |
| | 2011 | | secondary | |
| | | | school,Perumbavo | |
| | | | ore | |
| I Year BSc | 2012 | Manipal | Manipal College | 63.55% |
| Nursing | | University, | Of Nursing, | |
| | | Karnataka | Mangalore | |
| II Year BSc | 2013 | Manipal | Manipal College | 63% |
| Nursing | | University, | Of Nursing, | |
| | | Karnataka | Mangalore | |
| III Year | 2014 | Manipal | Manipal College | 66.33% |
| BSc | | University, | Of Nursing, | |
| Nursing | | Karnataka | Mangalore | |
| IVth Year | 2015 | Manipal | Manipal College | 67.25% |
| BSc | | University, | Of Nursing, | |
| Nursing | | Karnataka | Mangalore | |

PERSONAL TRAITS:

- Good communication skills
- •__Self confidence
- •_Caring nature
- Good observation skills
- •_Creativity
- Good leadership skills
- •_Problem solving skills
- Assertive
- Ambitious

CLINICAL EXPERIENCE

| Sl. | Name of the | Speciality | |
|-----|------------------------------------|-----------------------------------|--|
| No | Institution | | |
| 1 | Kasturba Medical College | Medical Surgical Nursing | |
| | Hospital, Attavar&Ambedkar | | |
| | Circle Mangalore. | | |
| 2 | Kasturba Medical College | Obstetrics and Gynecology Nursing | |
| | Hospital Attavar, Mangalore | | |
| | • Lady Goshen Hospital, | | |
| | Mangalore | | |
| | | | |
| 3 | Ashok Nagar chilimbigudda, | | |
| | Mangalore | Community Health Nursing | |
| 4 | Boloor ,Mangalore | | |
| 5 | Shivanagar Vamanjoor, Mangalore | | |
| 6 | Kasturba Medical College Hospital, | Mental Health Nursing | |
| | Attavar Mangalore | Child Health Nursing | |
| 7 | Manipal University ,Manipal | Administration visits to | |

Research conducted:

Conducted a group research on the topic 'A study to determine the knowledge and attitude among school children regarding HIV/AIDS and its prevention'

<u>Clinical Experience in Internship Period:</u>

| Sl | Area worked | Name of the | Duration |
|----|---------------------|-----------------------------------|----------|
| no | | Hospital | |
| • | | | |
| 1 | Intensive Care Unit | KMC Hospital, Attavar | 1 month |
| 2 | Casualty | KMC Hospital, Ambedkar circle. | 1 month |
| 3 | Semi special Ward | KMC Hospital, Ambedkar circle. | 1 month |
| 4 | General Ward | KMC Hospital, Attavar | 1 month |

Clinical Experience as a Staff Nurse

| Sl | Area worked | Name of the Hospital | Duration |
|----|-----------------|----------------------|-----------------|
| No | | | |
| 1 | Different wards | Kasturba Hospital, | 2 years |
| | | Manipal | (still working) |

Attended Conferences/workshop/Seminars/CNE

| SI | Date | Торіс | Organized By | Place |
|-----|-----------|----------------|-------------------------|-----------------|
| No. | | | | |
| | | | | |
| | | Seminar on | Kasturba Medical | |
| 1 | September | Dementia | College Mangalore and | KMC Hospital, |
| | 2012 | | 'Manaswini' Thunga | Attavar |
| | | | Institute Of Psychiatry | Mangalore |
| | | | and Counselling | |
| | | | Balmatta, Mangalore | |
| 2 | | Evidence Based | Manipal College of | Lecture Hall 2 |
| | March | Practice | Nursing, Mangalore | Manipal College |
| | 2013 | | | of Nursing |
| | | | | Mangalore |
| | | | | |

Seminar/workshops attended:

Participating in national and international health

programmes

- Participated in Memory Walk, organized in commemoration of World Alzheimer's Day by Kasturba Medical College Hospital, Mangalore (2011,2012,2013)
- Participated in Heart Day Run, organized by Kasturba Medical College Hospital, Mangalore (2011,2012,2013,2014)
- World Environment Day Campaign ,organized by Kasturba Medical College Hospital, Manipal (2012)
- Participated in Collage Presentation on World Alzheimer's day organized by Kasturba Medical College Hospital ,Mangalore (2012)

Extracurricular Activities

 Participated and secured prizes in various cultural and sports competitions.

REFERENCES

- H R Department
 Kasturba Hospital
 Manipal
 Phone No:8202571201
 Email:kh@manipal.edu
- Dr.Christopher Sudhakar
 Dean
 Manipal College of Nursing, Mangalore
- 3. Ranjini .P

Assi.Professor Manipal College of Nursing Mangalore Phone No:09036252516

Acknowledgement

I hereby solemnly affirm that all the details provided above are true to the best of my knowledge and belief and that at all times, I shall carry myself in a manner that lends dignity to the organization and worthy enough of the person.

Place: Manipal Date: 27.06.2017 Yours faithfully

Divya (Divya Mohandas)