# Raji Ittan

# Charged nurse - Multi Organ Transplant ICU

Ernakulam, Kerala rajiittan@gmail.com 9605901840

Looking forward for an opportunity to work in a prestigious organization, where I can expose my experience and abilities in nursing and thus, improve my skills and learn new technologies.

# Work Experience

#### staff nurse

King Khalid University Hospital - Riyadh, KSA May 2007 to April 2012

Name of the Hospital: King Khalid University Hospital, Riyadh, KSA

Faculty & Size of the Hospital: Multi, Super Speciality Hospital with 920 beds.

Nurse/Patient Ratio: 1:2

Ward/Department Worked in: Surgical High Dependency Unit.

## **Charged nurse**

Indraprastha Apollo Hospital, New Delhi, Delhi - New Delhi, Delhi August 2003 to May 2007

Name of the Hospital: Indraprastha Apollo Hospital, New Delhi, India. Faculty & Size of Hospital: Multi Super Speciality Hospital with 617 beds.

Nurse/Patient ratio: 1:2

Ward/ Department Worked in: Multi Organ Transplant ICU

#### staff nurse

MOSC Medical College, Kolenchery - Ernakulam, Kerala June 2002 to June 2003

Name of the Hospital: MOSC Medical College, Kolenchery, Kerala, India. Faculty & Size of Hospital: Multi Speciality Hospital with 650 beds.

Nurse/Patient ratio: 1:2

Ward/ Department Worked in: Medical Intensive Care Unit

## Education

#### Post Basic B.Sc. in Nursing

College of Nursing, MOSCMCH, Kolenchery, Kerala University of Health Sciences - Kerala 2014

#### **Diploma in General Nursing & Midwifery**

School of Nursing MOSCMCH, Kolenchery, Kerala Nurse's and Midwives Council - Kerala 2002

## Registered under Kerala Nursing Council, Kerala, India. Reg. No. 34328

# Additional Information

Date of Birth: 23.10.1979

Sex : Female

Marital Status : Married Nationality : Indian Religion : Christian

Languages Known: English, Malayalam, Hindi & Arabic

#### Seminars & Courses Attended After Graduation

- 1. IV Therapy course.
- 2. Basic Life Support (BLS).
- 3. Advanced Cardiac Life Support (ACLS).
- 4. Pain management course.
- 5. Fire & Safety classes.
- 6. Symposium on Vascular Surgery Updates.
- 7. Attended CNE on different topics.

#### **Duties & Responsibilities**

- 01 Maintain highest possible standard of patient care.
- 02 Physical assessment of individual patients and provide nursing care as per priorities.
- 03 Administration of medication by implementing 7 rights.
- 04 Manage post operative problems including potential problems also.
- 05 Insertion of nasogastric tube and enteral feeding.
- 06 Assist the doctors in performing diagnostic and therapeutic procedures like central line insertion, arterial line insertion,

endotracheal intubation, lumbar puncture, chest tube insertion etc.

- 07 Perform IV cannulation, folleys catheterization, IV therapy, blood transfusion, wound dressing, bladder irrigation, colostomy care, tracheostomy care.
- 08 Documentation as per hospital policy.
- 09 Initiate CPR during cardio pulmonary arrest and administration of emergency medications.
- 10 Check narcotic drugs at each shift andrecordas per hospital policy.
- 11 Attend seminars, CNE programmes, symposiums etc conducted by the hospital.
- 12 Prepare patients for procedures such as X-ray, CT scan, MRI, Ultrasound scan, Echo cardiogram, Duplex study etc.
- 13 Give health education as per client's needs.

## Types of Medical Cases Handled:

- 1 COPD
- 2 Diabetic Keto Acidosis
- 3 Snake Bite
- 4 Poisoning
- 5 Leptospirosis
- 6 Liver Cirrhosis

Post operative cases in multi specialties include:-

## Transplant Surgery

- 1 Post Renal Transplantation
- 2 Post Liver Transplantation
- 3 Donor Hepatectomy

## **General Surgery**

- 1 Laparotomy
- 2 AbdominoPerineal resection
- 3 Low anterior resection
- 4 Total colectomy
- 5 Right and Left Hemicolectomy
- 6 Liver resection
- 7 Rou-N-Y Gastric bypass
- 8 Whipple's Procedure

## **Neuro Surgery**

- 1 Cervical/Lumbar laminectomy.
- 2 Aneurysm clipping.
- 3 EVD insertion.
- 4 VP shunt insertion.
- 5 Craniotomy.

## Vascular Surgery

- 1 FemoroPoplitial bypass
- 2 Below knee & Above knee amputation
- 3 Endovascular (thoracic/abdominal) Aortic Aneurysm Repair
- 4 Decompression of Thoracic Outlet Syndrome

## **Endocrine Surgery**

- 1 Mastectomy
- 2 Total & Hemi Thyroidectmy

## Thoracic Surgery

- 1 Pleural biopsy
- 2 Thoracotomy + decortication
- 3 Bullectomy
- 4 Thoracoscopy

#### Urology

- 1 Prostatectomy
- 2 Nephrectomy
- 3 TURP

## Equipment Handled:

- 01 Defibrillator with AED and crashcart Agilent (heart stream)
- 02 Cardiac Monitors Philips (Intellivue MP70)
- 03 Mechanic Ventilators
- 04 Infusion Pumps Baxter, Fresenius
- 05 Syringe pumps¬-Baxter, Terumo
- 06 Enteral Nutrition Pump
- 07 ABG Machine ABL 800 Flex
- 08 Glucometer Terumo
- 09 PCA Machine Baxter
- 10 Nebulizer
- 11 Sequential Compression Device.
- 12 Blood warmer

#### References

1. Mrs. Rosily Varghese,

ADON, Surgery Department,

King Khalid University Hospital

Riyadh, KSA.

2. Capt. Usha Banerjee,

Nursing Director,

Apollo Hospital, New Delhi, India

3. Mrs. Elsamma Mathew

Nursing Superintendent,

MOSC Medical College, Kolenchery,

Kerala, India

#### Declaration

I hereby declare that the particulars given above are true to the best of my knowledge.