

CURRICULUM VITAE

AMALA JOSE

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Post applied for : Registered Nurse

Year of experience : 1 year

CAREER OBJECTIVE

Provides professional nursing care to patients within an assigned hospital unit according to established standards and practice.

CAREER SUMMARY

- Hospital : Apollo Speciality Hospitals, Vanagaram, Chennai.
- Period : 01/03/2017 to 03/05/2018
- Designation : Registered Nurse
- Specialization : Critical Care Unit
- Bed capacity : 260 bedded

DUTY AND RESPONSIBILITIES

- Assess, plans, implements and evaluates nursing care from the admission till discharge of the patient.
- Establishes and develops effective communications with all disciplines.
- Excellent in collection of blood specimens and IV cannulation.
- Competent in preparation and administration of medications, blood products and parenteral nutrition.
- Capable of assisting the physician for diagnostic and therapeutic procedures aseptically.
- Carries out doctor's orders in conformity with hospital and legal limitations.
- Ensures that all documentation is complete with both accuracy and legibility Up to date on ongoing professional development education and attendancy.
- Competent in interpretation of ECG, Arrhythmias and blood gases.

- Capable of carrying out CPR and other emergency procedures.

SPECIAL PROCEDURES

- Transfusion of blood and blood products.
- IV cannulation and blood extraction.
- Nasogastric tube introduction.
- Urinary catheterization.
- Condom catheterization.
- Collecting arterial blood for ABG.
- Assisting in endotracheal intubation & extubation.

COMMON PROCEDURES

- Administration of emergency medicines with doctors order.
- Admission and shifting procedures.
- General care and hygiene.
- Physical measurements.
- Measurement of vital signs.
- Feeding techniques (Oral & Nasogastric feeding).
- Oxygen administration (Nasal prongs, face mask, reservoir mask, oxygen tent).
- Collection of specimen.
- Wound dressing.
- Tracheostomy & ICD care.

EQUIPMENTS USED IN THE HOSPITAL / UNIT

- Pulse oximeter
- Glucometer
- Laryngoscope
- ECG Machine
- Defibrillator
- Suction apparatus
- Nebulizer
- Cardiac monitor
- Syringe pump
- Infusion pump
- B.P Apparatus
- CPAP
- Mechanical ventilator (Nellcor puritan Bennett, Philips)

- BI-PAP infusion pump
- CVP Manometer

PROFESSIONAL QUALIFICATION

Qualification	Institution	University	year
B.Sc Nursing	Apollo College of Nursing, Chennai.	Dr. M.G.R. Medical university, Tamil Nadu.	2016

ACADEMIC QUALIFICATION

Qualification	Institution	Board	year
Pre University College Certificate	St.Antony's Higher Secondary School, Poonjar	Board of Higher Secondary Examination Kerala, India.	2012
Secondary Education	St.Antony's Higher Secondary School, Poonjar	Board of Public Examination Kerala, India.	2010

PERSONAL DETAILS

- Name : Amala Jose
- Date of Birth : 25/05/1994
- Sex : Female
- Nationality : Indian
- Marital status : Unmarried
- Languages known : English, Malayalam, Tamil
- Address : Mattel (H), Nadackal P.O, Erattupetta, Kottayam (Dist)
- Kerala PIN : 686121
- Contact Number : +918754540991, +919747956234

DECLARATION

I hereby declare that all information's given above are true and best of my knowledge and belief.

Place : Poonjar

Amala Jose

Date: