

# JOSMY KURIAN

BSc. Nursing, MBA - Hospital Administration

NABH Certified Internal Auditor & CPQIH

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## OBJECTIVE

*Seeking a Clinical /Managerial assignment in an organization of repute where I can apply my academic knowledge and skills to excel in my profession and to uphold the reputation of my employer.*

- Compassionate and dedicated Nursing Professional, with 09 years of hands-on expertise in the field of quality healthcare and committed in providing all patients with outstanding care and support to help improve quality of life with my good credentials.
- Proven ability and track record to collaborate with Superiors & Colleagues to foster a friendly and caring environment. Demonstrated capability of consulting with diverse family members, ensuring that they, as well as their loved ones, are receiving the attention and guidance needed during highly stressful situations.

## CORE COMPETENCIES

Proactive Leadership  
NABH Internal Auditor  
Infection Prevention & Control Nurse  
In-Service Training & Nurse Education

JCI/NABH  
Implementation Exposure  
PCVICU & CCU Expertize  
Emergency Procedures  
BLS, ACLS & PALS

Surgeon & Doctor Assistance  
Liaison & Coordination  
In Patient Care  
Care Plan Administration  
Precise Documentation

## ACADEMIC CREDENTIALS

- ❖ Bachelor of Science in Nursing [RN-BSc. Nursing]
- ❖ MBA - Hospital Administration
- ❖ Certified Internal Auditor for NABH - 4<sup>th</sup> Edition Standards
- ❖ Certified Professional for Quality Implementation in Healthcare [CPQIH]
- ❖ Experienced Infection Prevention & Control Nurse Professional
- ❖ AHA Approved Basic Life Support [BLS] & Advanced Cardiac Life Support [ACLS]
- ❖ AHA Approved Pediatric Advanced Life Support [PALS]

## PERSONAL DOSIER

Date of Birth : 26<sup>th</sup> June 1986  
Nationality : Indian  
Address : Kalladayil House, Manjoor P O,  
Kottayam District, Kerala  
PIN: 686603  
Contact Info : +91 9995571807/ +91 8281814705  
Marital Status : Married  
Languages Known : English, Malayalam, Hindi, Tamil & Kannada

## PROFESSIONALEXPERIENCE

### *King Fahad Medical City, KSA*

Infection Prevention & Control Nurse / RN – Team Lead [June 2012 – April 2018]

*Infection Prevention & Control Subcommittee Chairperson*

#### **JOB PROFILE:**

- Provide professional and managerial support to, health care workers and review and monitoring of patients within primary care.
- Offer guidance and support to health care team members to improve Infection Prevention & Control Standards.
- Track & formulate analytical reports on Health Care Associated Infections [HAI] on a periodic basis to evaluate the effectiveness for management review.
- Encourage nursing practice in line with relevant standards, policy protocols & evidence based clinical audits.
- Following identified training needs, coordinate training and facilitation of health care workers.
- Provide clinical input where required alongside practice nurses, particularly newly appointed nurses and GPs, to assist in skill development and sharing of best practice.
- Participate in chronic disease / communicable disease management clinics within after appropriate training, & provide practical assistance and professional advice to achieve minimum standards of care.
- Support the implementation of evidence-based guidelines in conjunction with the practice nursing team.
- Delegate to others, with appropriate skills, knowledge and competence.
- Act as a resource to the general public, patients within the health care system and their families, carers and various healthcare professionals.
- Support the practice in achieving key performance indicators of the clinical's and helps them in achieving the targets.

### *Fortis Escorts Heart Institute, Okhla Road, New Delhi*

Staff Nurse [December 2009 – April 2012]

*Reported to the Nurse Manager*

#### **JOB PROFILE:**

- Performs comprehensive client assessments on an ongoing basis to ensure continuity of nursing care.
- Ensures timely and accurate communication and documentation is submitted to the appropriate payer source for continued authorization.
- Promotion of patient, family and/or significant other in the return to optimal physical and mental health through support and education.
- Assist cardiologists to record vital signs such as heart rate, temperature and breathing rate.
- Help doctors prescribe tests to help diagnose cardiac diseases & to manage chronic heart conditions.
- Conduct and interpret exercise stress tests, echocardiograms, electrocardiograms, CT coronary angiograms, amongst others.
- Respond with an initial diagnosis to patients undergoing life-threatening cardiac emergencies.

- Advice and provide moral support to patients suffering from cardiac conditions.
- Monitor cardiac devices such as pacemakers and defibrillators.
- Administer medication and personal care to heart patients.
- Work alongside cardiologists whenever a patient is undergoing surgery
- Post-operative ventilator management
- Management of vasoactive infusions
- Interpretation of electrocardiograms
- Management of temporary pacemakers
- Recognition and management of arrhythmias
- Management of post-operative hemorrhage
- Management of VAD's and other mechanical assist devices
- Postoperative pain management

*Delhi Heart Hospital, New Delhi, New Delhi*

Staff Nurse [April 2009 – December 2009]

————— *Reported to the CCU Incharge* —————

**JOB PROFILE:**

- Coordinating with physicians and other healthcare professionals for creating and evaluating customized care plans.
- Care to patients in ICU/step-down unit; assist Doctors with on unit procedures, delegate tasks to care technicians, direct admits and pre/post-surgical patients
- Maintaining reports of patients' medical histories, and monitoring changes in their condition.
- Providing instant care during medical emergencies, like car accidents, burns, heart attacks and strokes.
- Carrying out the requisite treatments and medications.
- Adhering with the protocols, norms, rules and regulations in order to maintain complete medical records.
- Preparing patients for examinations. Also, Preparing rooms, and decontaminating equipments and instruments.
- Educating patients' families about the disease and its treatment.
- Maintains confidentiality of all agency and patient related information.
- Protects patient rights as defined in the patient Bill of Rights.
- Appropriate reporting of incidents, injuries, infection and all other components of risk management.
- Attends and participates in staff meetings, required in-services, and other meetings as requested.
- Organizes workload to complete responsibilities in an appropriate and timely manner.
- Observe infection control and standard precautions.
- Provides discharge information, educational planning, and referral services.
- Close observation with complex medications and the use of multiple, IV drips where titration is involved
- Used technology combined with clinical decision support to monitor cardiac and other vital systems to detect informational to changes.
- Performs other duties as assigned by the Supervising Nurse/Administrator

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## REFERENCES

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- 1. MS. EMILY PHENIYA**  
INFECTION PREVENTION & CONTROL SUBCOMMITTEE CHAIRPERSON  
HEAD NURSE OF PCVICU KSHC  
KING FAHAD MEDICAL CITY,  
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- 2. MRS. SARAMMA THOMAS**  
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- 3. DR. CHRISTOPHER SUDHAKAR**  
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- 4. MR FEBIN MATHEW**  
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CONTACT NUMBER: +91-8281814705

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## DECLARATION

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I hereby declare that the above written particulars are true to the best of my knowledge and belief.

Sd/-

Ms. JOSMY KURIAN

Date: