

JISMYMOL JOSE

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OBJECTIVE:

Seeking a challenging position in the health care industry as a Registered nurse where my extensive medical professional and practical experience will be fully utilized.

SKILLS AND COMPETENCIES:

- Profound ability to plan, manage and organize to ensure complete care of patients.
- Multilingual professional, exceptionally good in communication and interpersonal skills.
- Excellent in problem solving, decision making, critical thinking and time management.
- Capable of working independently as well as in a multi-disciplinary team.
- Quick learner, punctual, team player, empathetic and dedicated professional.
- Strong leadership and ability to deliver high quality work in a fast paced environment.
- Management of emergency situations using critical thinking and clinical knowledge.
- Recognition of situation requiring immediate actions and taking initiative to resolve them
- Versatile in building therapeutic rapport with patients, family and health team members.

PROFILE SUMMARY:

- Worked as a staff nurse in ministry of health , Kingdom of Saudi Arabia for 3 years.
- One and half year of experience in max super speciality hospital , Saket, New Delhi.
- Strong nursing background working in cardiac, medical and surgical units.
- Implemented nursing assessments to explain treatments to patients and their families.
- Flexible to work in different shifts.
- Computer literate, knowledge of MS Office and windows family.

WORK EXPERIENCE:

- STAFF NURSE at Aseer Central Hospital, Abha, KSA.
Department; Male Cardiology Ward
Accredited by Central Board for Accreditation of Health Institutions(CBAHI) and Joint Commission International(JCI).
December 2014 – November 2017.
- STAFF NURSE at Max Super Speciality Hospital, Saket, New Delhi.
Accredited by ISO and NABH.
Department; Cardiac Ward.
May 2013 – November 2014
- Handling and taking over cardiac as well as medical-surgical patients and equipment.
- Giving comprehensive nursing care to the patients, which are mainly based on assessment of needs, nursing diagnosis, planning to meet the needs, implementation of nursing intervention and evaluation of nursing patients.
 - Management of patient including admission, transfer and discharge .
 - Physical, Mental, Psychological and functional assessment of patients.
 - Inter personal relationship with the co-workers, patients and relatives.

ROUTINE FUNCTIONS:

- Assessing the client.
- Assisting doctor for rounds and procedures.
- Calculation and administration of medication according to prescription.
- Monitoring vital signs.
- Care of emergency cases such as cardiac arrest.
- Resuscitative measure in emergency.
- Perform IV cannulation, IV fluid therapy and blood transfusion.
- Insertion of foley's catheter and Nasogastric tube.
- Oxygen administration.
- Care of tracheostomy .
- Care of surgical patients.
- Care of airway and suction.
- Prevention of infection and diseases.
- Pain management and ward management.
- Maintaining stock and storing of drugs.
- Handling various modern equipment.
- Keeping records and reports.

EDUCATION & CERTIFICATIONS:

- 2006- SSLC, Emmanuel's H.S.S, Kothanalloor, State Board, Kerala, India
- 2008- Plus Two, Emmanuel's H.S.S, Kothanalloor, State Board, Kerala, India
- 2012- Bachelors of Degree in Nursing, Bapuji College of Nursing, Davangere, Rajiv Gandhi University of Health Science, Karnataka, India.

MEMBERSHIP

- **2013-** Member of Karnataka State Nursing Council ; Reg No: 08N1631.
- **2013-** Member of Delhi Nursing Council ; Reg No:47311.

REFERENCES:

Dr. ZIZI SAAD MAHMOUD
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DECLARATION:

I hereby declare that the above mentioned information is true to the best of my knowledge and belief.

Miss. JISMYMOL JOSE.