

### PERSONAL INFORMATION

# **Helna Rosy**

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Nationality : INDIAN

Date of birth : 14 November 1992

### <u>OBJECTIVE</u>

To pursue an accomplished career with internationally reputed hospital in nursing to utilize my skills and expand the strength of the organization for its overall success.

### **ACADEMIC QUALIFICATIONS**

## <u>2011-2015</u>

Bsc Nursing S.I.O.N.S Bagalkot

University: R.G.U.H.S Banglore

## 2008-2010

Higher Secondary - (Science stream)
SDPY, Palluruthy
Ernakulam, Kerala

## 2007-2008

SSLC St. Domnics

Ernakulam, Kerala

### PROFESSIONAL REGISTRATION

REGISTRATION NO: 66914

### **WORK EXPERIENCE**

06 JULY 2015 TILL DATE Staff Nurse Aster Medicity, Kochi, Kerala, India

### **Areas Specialized**

- Pediatric ICU
- Pediatric Ward

#### LINGUISTIC PROFICIENCY

MOTHER TONGUE : MALAYALAM

OTHER LANGUAGES : ENGLISH, KANNADA, TAMIL

DRIVING LICENSE(S)

Indian Driving license (motorcycle)

#### **ORGANIZATIONAL SKILLS AND COMPETENCES**

- Sincere and self-motivated
- Committed towards the company and adaptable with work environment
- Team player, with an ability to deal with people effectively.
- Quick learner and good observer

#### DISSERTATION & PROJECTS WORKS

A study to assess the effectiveness of structured teaching program on knowledge & practices regarding prevention of intestinal worm in frustration among mothers of under five in selected areas of Bagalkot.

## SEMINARS, WORKSHOPS AND TRAININGS

- Basic Life support training
- Contribution of community health nurse in levels of prevention
- Emerging challenges in pediatric Nursing.

#### ADDITIONAL INFORMATION

Marital status : Married
Name of Husband : Saiju Joseph
Religion : Christian
Cast : Latin Catholic

#### REFERENCES

Mrs. Emy Antony, Nursing Officer, Pediatric department, Aster Medicity-Kochi, India

Mr. Nagarajappa, Principal, Sajjalashree Institute of nursing sciences

#### **DECLARATION**

I hereby declare that the particulars stated above are true and correct to the best of my knowledge and belief.

Place: Ernakulam

Date