



CURRICULUM VITAE

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M/S.ANUMOL STEPHEN
THOTTIYIL (H)
KATTACHIRA(P.O)
KOTTAYAM
KERALA .686572

Email to: anumolstephen93@yahoo.com

CAREER OBJECTIVE :

Dedicated and patient focused Registered Nurse, with proven strength in acute patient care, staff development and family advocacy.

PERSONAL DETAILS :

Name	:	M/S.ANUMOL STEPHEN
Father's Name:	:	STEPHEN JOHN
Date of Birth	:	01/12/1993
Sex	:	FEMALE
Nationality	:	INDIAN
Religion	:	CHRISTIAN
Strengths	:	DETERMINED, HARD WORKING AND MOTIVATED.
Hobbies	:	READING, LISTENING MUSIC.
Languages Known	:	ENGLISH, HINDI & MALAYALAM.
Permanent Address	:	THOTTIYIL(H) KATTACHIRA(P.O)

KOTTAYAM. 686572

KERALA

Mobile No. : +91 9744297168

Passport No. : S2043101

ACADEMIC PROFILE:

Examination Passed	Institution / University	Year of Passing
S.S.L.C	St. Thomas G.H.S. Punnathura	2009
+2 (Higher Secondary)	St. Mary's H.S.S. Kidangoor	2011
BSc Nursing	Caritas College of Nursing, Thellakom.Kottayam	2015

EXPERIENCE:

Sr.No	Institution	Position	Duration	Area of Experience
1.	Holy Spirit Hospital Mahakali CAVES Road, Andheri (E), Mumbai: - 400093.	STAFF NURSE	12/04/2016 - 30/04/2018	MEDICAL SURGICAL WARD

MEMBERSHIP:

❖ Member of

- Maharashtra Nursing Council
- Kerala Nursing Council
- Indian Nursing Council

EQUIPMENT HANDLED AT WORK :

- Clinical Thermometer
- Sphygmomanometer
- Ventilator
- Defibrillators
- Monitoring of C.V.P. (E.g. Checking with C.V.P scale)

- Suction Apparatus
- ECG Machine
- Nebulizer
- Infusion Pump
- Pulse Oxymeter
- Glucometer
- Warmer
- Oxygen Administration
- Laryngoscope

PROCEDURES CARRIED OUT :

- Admission, Transfer and discharge of the patients.
- Meet the basic needs of the patient including hygienic and comfort needs.
- Pre and Post operative Management.
- Administering Chemo Drugs.
- Check the vital signs of patients every fourth hourly with date and time record.
- Perform Urinary Catheterization.
- Administration of fluids and electrolytes.
- Administration of drugs through intravenous, intramuscular, intradermal, oral subcutaneous and rectal.
- Preparation for diagnostic procedures such as MRI/CT scans and X-Ray.
- Obtain laboratory specimen of blood, urine and gastric content.
- Maintaining a patient airways (ET & Oral Suctioning)
- Tracheostomy Care.
- Assist in Ryle's tube placement.
- ICD Care
- Colostomy care.
- Dressing of major and minor wounds.
- Co-ordinating patient care with other members of the health team.
- Establishment of peripheral lines.
- Planning, monitoring and preparing total / parental nutrition.
- Transfusion of blood products, planning and monitoring transfusion schedule.
- Assisting with Cardiopulmonary resuscitation & preparing for mechanical ventilation.
- Maintaining records and reports.
- Counselling of the patients, their family members and render psychological support.
- Teaching and educating the patients and families on various topics related to health.

OTHER RESPONSIBILITIES WARD MANAGEMENT

- Maintaining the drugs & supplies as per standing orders.
- Maintaining the equipment in working condition.
- Maintaining emergency drugs and the equipment at accessible securely.
- Maintaining the reports and records of the patients up to date.

PERSONAL ATTRIBUTES

- Respect to all level of staff.
- Social and friendly.
- Quick learner.
- Punctuality
- Faithful and conscious
- Gentle and compassionate with clients
- Family and faith based values
- Love the nursing profession
- Ambitious and visionary

REFERENCE :

1. Dr.D.K Khanna
Medical Director
Holy Spirit Hospital
Mahakali Caves road
Andheri east
Mumbai -400093

2. Sr. Usaha Thomas
Nursing Director
Holy Spirit Hospital
Phone No. (022) 8248500
Ext. 202

DECLARATION

I Hereby declare that the Particular furnished by me in this C.C. are true to the best of my Knowledge and belief

Place :

Date :-

M/S.ANUMOL STEPHEN