

RESUME

ALEENA BABU

PALAKKAL HOUSE, PERUMPADANNA,
VADAPILLYPARAMABU, N. PARAVOOR
ERNAKULAM DIST., KERALA
MOB: 9526690961
email:- palakkalaleena@gmail.com



OBJECTIVE

Seeking assignment with a Hospital/Clinic in Eye care sector and use my skills as an optometrist for the betterment of the patients and the hospital along with gaining constant knowledge.

AN OVERVIEW

- Good communication skills
- Excellent team player
- Deftness in handling all kinds of patients including children and infants
- Good computer knowledge
- Linguistic fluency in – English, Malayalam, Hindi

COMPETENCY MATRIX

Examine eyes using observation instruments and pharmaceutical agents to determine visual acuity and perception, focus and coordination and to diagnose diseases and other abnormalities as an optometrist.

- Obtain and record patient's preliminary case history.
- Testing for near and far acuity, depth perception, colour perception, and visual field, utilizing ocular testing apparatus.
- Assess patients for vision deficiencies including complete binocular analysis, ocular health examinations, spectacle prescriptions
- Educate and counsel patients on contact lens care, visual hygiene, lighting arrangements and safety factors.
- Provides pre- and post-operative care for patients undergoing cataract and laser vision correction.
- Provide vision therapy and low vision rehabilitation.
- Instructing patients in care and uses of glasses and contact lenses.
- Maintaining inventory of materials and cleaned instruments.
- Active participation in house seminars.

ACADEMIC EXPERIENCE

- Attended eye camps, school screening programmes organized by Dr. Tony Fernandez Eye Hospital.
- Completed 1 year Internship at Dr. Tony Fernandez Eye Hospital, Aluva.
- Attended Fundus Screening Programmes Organized by Dr. Tony Fernandez Eye Hospital, Aluva.
- Attended Glaucoma screening programme conducted by Dr. Tony Fernandez Eye Hospital, Aluva.

ACADEMIC PROFILE

Sl No	COURSE	INSTITUTION	UNIVERSITY/BOARD	PASS OUTYEAR
1.	Bsc. Optometry	Dr. Tony Fernandez Eye Hospital, Aluva	Bharathiyar University	2018
2.	Higher Secondary	Paliyam Govt. Higher Secondary School	STATE	2013
3.	SSLC	St. Aloysious High School North. Paravoor	STATE	2011

PRACTICAL INSTRUMENTAL/TECHNICAL EXPERIENCE:

Objective and subjective refraction	Streak Retinoscopy
Slit lamp Bio microscopy	Lensometry (Auto & Manual)
Hand neutralization	Auto Refractometry
Keratometry (Auto & Manual)	Spectacle Dispensing
Contact lens management	Low vision aids
Tonometry	A scan biometry
B Scan biometry	Perimetry
Orthoptic instruments	Corneal Topography
Pachymetry	Wavescan Aberrometry
Optical Coherence Tomography	Specular Microscopy
Pentacam (Oculus)	Fundus photography
Lasik Work-Up	Glaucoma Work-Up
C3R Work-Up	

CONFERENCES ATTENDED

- "EYEdika 2K17" CME @ ALSALAMA Eye Research Foundation, Perinthalmanna, Malaparum on 25th and 26th March 2017
- "COLD 2016" CME at Bejan Singh Eye Hospital, Nagercoil, on 13th March 2016.
- HORIZON 3 – 2018 CME at Bejan Singh Eye Hospital Nagercoil, on 8th April 2018

PERSONAL DETAILS

- Name : ALEENA BABU
- Father's name : BABU P.P
- DOB & AGE : 01-05-1996
- Religion & Cast : CHRISTIAN (ROMAN CATHOLIC)
- Nationality : INDIAN
- Marital Status : SINGLE

REFERENCE

DR. FREDDY T SIMON

Managing Director

Mob: 9495254184

Dr. Tony Fernandez Eye Hospital

DR. REVATI RAMESH

Principal

Dr. Tonys School of Optometry

Mob: 9495940368

MRS. BINITHA P BHARATHAN

Clinical In-charge

Dr. Tony Fernandez Eye Hospital Aluva

Mob: 9995520978

DECLARATION

I hereby declare that all the above details furnished above are true to the best of my knowledge.

ALEENA BABU