

ATHIRA MOHAN



Contact

RESIDENCE

D/O Mohanan Nair E K
Ezhakunnel house
Kizhakombu P.O.,
Koothattukulam,
Ernakulam (DT),
Kerala 686662

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Personal profile

Father:

Mr. Mohanan Nair E.K

Mother:

Mrs. Sakunthala Devi M.S

Date of birth : 06/11/1992

Gender: Female

Nationality : Indian

Marital Status : Single

CURRICULUM VITAE

OBJECTIVE

To achieve excellence in the field of nursing, attain a challenging carrier where I can contribute the best of my knowledge and talents, for the benefit of the hospital and myself.

PROFESSIONAL RECORD

2010-2014	Bsc. Nursing with 75%, Shanmuga College Of Nursing, Salem.
2009-2010	Govt Higher Secondary School with 74%, Piravom, Ernakulam
2007-2008	Infant Jesus E M H School SSLC With 68% Koothattukulam, Ernakulam Dt

IMPORTANT COURSES

- Course on **Basic Life Support**
- Course on **Advance cardiac life support**
- Trained at **Multi-disciplinary critical care unit, Apollo main Hospitals, Greams Road, Chennai.**

Languages known:

Speak - English, Malayalam

Write - English, Malayalam

Read - English, Malayalam

Job Profile

- Receiving the patients to EMR
- Assessing Glasgow coma scale
- Cardiac Monitoring, vital signs monitoring
- Attending doctors rounds
- Oxygen administration
- Cannulation of peripheral lines
- Arterial Blood gas sampling
- Care of ventilator patients
- Transfusion of blood and blood products through various filter sets
- Care of tracheotomy patients
- Care of wound drains, EVD
- Jejunostomy feeding, colostomy care, Suctioning (Closed Suctioning)
- Monitoring of intake & output chart
- Demonstrating procedures to do medical surgical nursing students and clearing their doubts
- Assisting bone marrow aspiration biopsy, lumbar puncture, abdominal tapping and pleural tapping

WORK EXPERIENCE

- Worked as **Staff Nurse in Critical Care Unit** Apollo main Hospitals, Greams road, Chennai
- 610+bedded multi-specialty hospital
- **JCIA** Accredited Hospital.
- **CCU** with 82+ bed
- **Specialty areas**- Cardiac, Cardio-thoracic, Gastro, Nephrology, Urology, Orthopedic, Oncology, Neurology, Respiratory, Critical care.
- Nurse patient ratio – Ventilator 1:1
Non ventilator 1:2
- **Experience** from 8-1- 2015 to 22-10-2016
- **Worked as staff nurse** in Chaithanya trust hospital, kuravilangad from 01-11-2016 to 24-11-2017
- **Speciality areas:** Emergency and Medical ward

WORK DETAILS

- Orientation of patient and relatives about the hospital and its functioning.
- Receiving and admission of patients.
- Data Collection.
- Assessment of vital signs
- Physical examination and diagnostic evaluation.
- Assessing Neurological Status.
- Following physician rounds and carrying out the orders prescribed.
- Assisting for diagnostic and therapeutic procedures
- Planning and implementation of patient care (includes Hygiene, Nutrition, Comfort measures, elimination needs, administration of medicines).
- Maintaining records and reports.
- Asepsis and infection control.
- In service education
- CPR, Intramuscular & Intravenous injections, Dressing, Venu-puncture, venous sample collection, ABG sampling, Defibrillation.
- Discharge and follow up care.

- *Assisting doctors for procedure like central line cannulation, intubation, extubation, venisection, Bronchoscopy, endoscopy arterial line cannulation, lumbar puncture, ICD insertion, EVD*
- *Surgical wound care*

Registration Details:

1. Kerala Nurses and Midwives Council

Reg. no: KL04201700292

Passport Details:

Passport No :M6237634

Date of expiry:04/02/2025

TYPES OF PATIENTS ENCOUNTERED

- Accidents and trauma patients
- Pre and post operative patients
- Myocardial infraction
- IABP ,PTCA, CABG patients
- Chronic obstructive pulmonary disease
- Chronic liver disease
- Cerebro vascular accidents, Seizure disorders
- Ortho patients
- Aneurysm
- Chronic renal failure
- Sepsis
- Respiratory and Cardiac arrest

REFERENCE:

1. Dr. Senthil

Senior CCU Consultant
Critical Care Dept
Apollo Hospitals,
Chennai

2. Mrs.Stella

The Nursing superintendent,
Apollo Hospitals,
Chennai

3. Mrs.Sheela

The Nursing officer
Apollo Hospitals,
Chennai

4. Mrs. Jyothimol Jacob

Nursing superintendent, Chaithanya Trust hospital,
Kuravilangad

DECLARATION

I hereby declare that the above information furnished is true to the best of my knowledge.I will do my very best if placed in your esteemed Organization.

Yours Sincerely,

Place:Koothattukulam

Date: 15.10.2018

ATHIRA MOHAN