

# NAJIYA SAHEER V

Valiyakath (H), Chuloor (PO), Thrissur, Pin code: 680567 <u>najiyasaheer@gmail.com</u> 9544622067

Personal data

Date of birth: 06/09/1994 Age: 24 years Sex: Female Nationality: Indian Marital status: Married

# **CAREER OBJECTIVE**

Aspiring exigent and inspirational environment that vitalizes unceasing comprehension of knowledge and ingenuity that bestows exposure to novel conceptualization and that incentivize personal and professional advancement. Seeking to become a part of an esteemed institution that offers professional work environment, an opportunity for swift betterment to a position of responsibility and which also divulges training those confers value addition to the organizations.

## **EDUCATION**

## DOCTOR OF PHARMACY (2012-2018)

### COLLEGE: AL SHIFA COLLEGE OF PHARMACY UNIVERSITY: KERALA UNIVERSITY OF HEALTH SCIENCE

Qualification	Board/	Percentage of		
	University	Marks		
Pharm.D	Kerala University of Health Sciences (KUHS)	1 <sup>st</sup> year	71.4	
		2 <sup>nd</sup> year	70.4	
		3 <sup>rd</sup> year	71.5	
		4 <sup>th</sup> year	73.5	
		5 <sup>th</sup> year	73.2	
		Total	72	

### UNIVERSITY DISSERTATION

"Impact of patient counseling and education on quality of life in patients with metabolic syndrome"

(Under the Guidance of Mr. Prasanth N.V, Assistant professor, Department of pharmacology, Al Shifa College of Pharmacy).

This article was published in Journal of Clinical Epidemilology and Public Health (Elsevier).

Resume: Najiya Saheer V

#### SCHOOLING

HSE (12th Class)	GGHSS, Irinjalakkuda	SSE Kerala	90	2012
SSLC (10th Class)	St. Anne's GHSS, Edathiruthy	CBSE Kerala	97	2010

## <u>SKILLS</u>

#### PROFESSIONAL SKILLS

- Proficient in conducting drug regimen reviews and therapeutic interventions.
- Patient counselling
- Organizational skills, to be responsible for systems which control drug distribution.
- Ability to deal with violent, distressed or dying patients.
- Strong record-keeping and documentation skills.
- Prescription auditing
- High-risk medication and narcotic administration auditing. o Surgical consent auditing
- Medication reconciliation and discharge medication audit
- Hospital formulary updation
- Comprehensive knowledge of word processing, spreadsheet, database searching, and internet applications.
- Excellent Oral presentation skills.
- Analytical & problem solving skills.
- Organizational &Planning skills.
- Effective communication skills.

#### PERSONAL SKILLS

o Time management

- o Result Oriented
- o Patience
- o Memorizing
- o Conflict Resolution
- o Sincere

## **VOLUNTEER SKILLS**

- o A one day awareness program was conducted on Glaucoma under journal club of Pharmacy Practice department of Al Shifa College of Pharmacy in the year 2014.
- Actively participated in five day special camping program on the theme "Better Hygiene For Better Health" and "Say No To Drugs" organized by NSS for tribal village people of North Forest Division, Nilambur in the year 2015.
- o Active participation in the Pulse polio programme conducted in the year 2017.

## **OFF – CAMPUS TRAINING**

Completed off-campus internship (90 days) at Daya General hospital and speciality surgical centre, Thrissur.

## JOURNAL CLUB PRESENTATION

Presented an article "Prevention of Bleeding in Patients with Atrial Fibrillation Undergoing PCI" at KIMS AL-SHIFA Hospital, Perinthalmanna.

### SEMINARS/WORKSHOPS ATTENDED

- 1. Participated in the seminar on "World No Tobacco Day" conducted on 31<sup>st</sup> may 2014 by Al Shifa Hospital Pvt. Ltd. in coordination with IMA Perinthalmanna.
- 2. Attended Pharmacy Practice Module-Advanced Learning Series- VIII Gastro-Intestinal And Liver Disorders organized by Indian Association of colleges of pharmacy (IACP) and Al Shifa College of Pharmacy on 5-7 November 2014.
- 3. Pharma luminance national seminar on "Current Trends in Clinical Pharmacy Practice" organized by Pushpagiri College of Pharmacy on 26 November 2014.

- 4. National seminar on "Recent Trends and Practices in Drug Delivery" organized by Al Shifa College of Pharmacy on 28 April 2015.
- 5. Attended one day national conference entitled "Clinical Pharmacist Perspectives Towards Patient Safety, scientific session conducted on 25<sup>th</sup> September 2015 at Aster Medcity, Kochi
- 6. International conference on "Nano Medicine and Cancer Research" organized by Al Shifa College of Pharmacy on 20, 21 November 2015.
- "Pharmaceutical Care Plan" Two days workshop for Pharm D organized by Al Shifa College of pharmacy on 4, 5 December 2015.
- 8. International conference on evolving "Role of Clinical Pharmacist in Multi Disciplinary Health Care Settings" organized by Manipal College of pharmaceutical sciences on 8, 9 January 2016.
- Attended the professional training workshop on "Emergency Life Support" organized by Department of Pharmacy Practice, Al Shifa College of Pharmacy on 13<sup>th</sup> March 2017.
- 10. Participated in the One day Work shop on Elementary Statistics using SPSS Software held at Al-Shifa College of Pharmacy on 18<sup>th</sup> April 2017.
- Attended national seminar on Rational Use of Antibiotics Prospectives and Challenges organized by Al Shifa College of Pharmacy on 12th December 2017.
- 12. Participated in the seminar on "World No Tobacco Day" conducted on 31st may 2014 by Al shifa Hospital Pvt.Ltd. in cordiation with IMA Perinthalmanna.

Resume: Najiya Saheer V

# **REFERENCES**

**DR. DILIP.C, M.PHRAM, P.HD,** HOD, DEPARTMENT OF PHARMACY PRACTICE, AL SHIFA COLLEGE OF PHARMACY,

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# **DECLARATION**

I here by declare that the above given information are true to the best of my knowledge and belief and can be supported with the relevant documents when needed.

Place: Thrissur

Najiya Saheer V