

CURRICULUM VITAE

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Academic Qualifications

- MSW (Specialized in Medical and Psychiatry)-(2015) Kannur University, Kannur
- B.A. English literature(2013)
 Mahatma Gandhi University,
 Kottayam
- Higher Secondary (2010) State Board
- S.S.L.C (2008) State Board

Additional Qualification

Specialized in Accounting and Finance (September 2017 - March 2018) Learn Key Institute, Malta (Europe)

Employment History

Social Worker

Ujjawala scheme for Prevention of trafficking(Rehabilitation), a project under Ministry of Women and Child Development, Government of India in St.Vincent's Home, Calicut (August 2015-July 2017) Full-time

Duties Included:

- Interviewing clients and their families to assess their circumstances
- Counseling
- Conducting awareness classes and life skill training programs for both the victims of

abuse and vulnerable groups

- Take part actively in the process of Rehabilitation of victims into family and community
- Keeping both manual and electronic records and databases up to date
- Supervision of trainees
- Organizing and attending team meeting

> Para Legal Volunteer

Para Legal Volunteer in District Legal Service Authority, Thalassery, Kerala (November 2013 – May 2015) Part Time

- Visit the Police Station and jails and ensure that the arrested person gets legal assistance
- Performing routine visitations in Old Age Home, Children's Home/ Observation Homes and to ensure that the care provided is sufficient and meets health and safety standards
- Organizing legal awareness class

Internships and Training

- > St. Vincent's Home inCalicut for 1 month in May 2015
- Narayana Hrudayalaya, Bangalore for 1 month in March 2015
- > Chaithanya Mental Health Care Centre, Pune, Maharashtra for 1 month in November 2014
- Competency Training Programme E in Padivayal, Wayanad, for 1 month in May 2014

Research

A Study on the Awareness of Sexuality among Adolescents Tribal Girls, Which Special Reference to Government High School, Aralam. Iritty, Kannur (Dt) Kerala

Certification programs, workshops and conferences attended

- ❖ Actively participated in an one day Orientation Programme on Child Mental Health-Current Challenges held at Govt. Medical College, Kozhikode on 20th march 2016
- ❖ Participated in two days orientation programme for the managers of Care institutions Registered under Board of Control for the Orphanages and other Charitable Homes, organized by Department of Social Justice, Thiruvanathapuram, February 2016
- Participated in two day International Conference on "International Social Work: Crossing Borders, Building Bridges" organized by the Department of social work, De Paul Institute of Science &Technology, Angamaly, Kerala and James Cook University, Australia

- ❖ Participated in two day National Seminar on "Nano Aspects in Social Work: Methods, Settings & Interventions" in St. Joseph's College Pilathara, Kannur.
- Participated in two day National Conference on "Youth problems and Challenges" in Don Bosco Arts & Science College Angadikadavu, Kannur.
- ❖ Three Day Workshop On N.G.O. Management, Fund Rising and Project Proposal Writing, from 2nd – 4th September2014
- Successfully completed three months training workshop on EFT (Emotional Freedom Technique) organized by the P.G. Department of Social Work, Don Bosco Arts and Science College in collaboration with Bosco Institute of Energy Psychology, Monvila, Kulathoor, Trivandrum from May to July.
- One week training work shop on Creative and Expressive resources (Art Therapy)

LANGUAGES KNOWN & COMPUTER SKILLS

Languages : English, Hindi & Malayalam

Office Tools : Microsoft Office (Word, Excel, Power Point, SPSS etc.)

Declaration

I hereby declare that the above-mentioned information is true to my knowledge and I bear the responsibility for the correctness of the above-mentioned particulars.

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Place : Pala Nivya Jose