

CURRICULUM VITAE

SHOBHANA M

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Personal Details:

Date of Birth :27/09/1991
Sex :Female
Marital Status :single
Nationality :Indian

Address for Communication:

AnakkuzhiPuthukkadu

Chenkara (Est) po

Perumedu (taluk)

Kumali(via)

Idukki(district)

Kerala

India

Pin Code 635 533

OBJECTIVESTo become a competitive and flexible staff and to widen my spectrum of knowledge to reach top of my professional growth.

HIGHLIGHTS:

- **Dedicated and patient focused registered nurse with proven expertise in acute care, staff development, and family advocacy**
- **Exceptional capacity to multitask. manage completing priorities with ease while fostering delivery of superior patient care**
- **Solid administrative and referral experience include admissions, assessment, treatment, and education for a broad range of patients**
- **Widely recognized as an excellent care provider and patient advocate**
- **Outstanding interpersonal and communication skills, patient history, charting, and other documentation.**

EDUCATIONAL QUALIFICATION:

Course	Institution	Board/ University	Year	% of Marks
SSLC	KumaliGovernment High School	State Board, Kerala	2007	80
PLUS TWO	KumaliGovernment Higher Secondary School	State Board, Kerala	2009	70
BscNursig	SB&HINA College of Nursing	Karnataka State Nursing Council, Bangalore., Karnataka	2013	60

ACHIEVEMENTS

- ✓ **Communicating with doctors, patients, other departments and co-workers about patient care.**
- ✓ **Specialist equipment includes anesthetic machine, intubation equipment, patient care record on computer, handling surgical instruments, medications.**
- ✓ **Developed knowledge, skills and expertise in nursing the critically ill.**

PROFESSIONAL EXPERIENCE:

Period	Hospital	Beds	Designation	Area of Experience
9 MONTH	ANN MULTY SPECIALITY HOSPITAL	150	STAFF NURSE	MEDICAL SUGICAL WARD
8 MONTH	ANN MULTYSPECIALTY HOSPITAL	150	SENIOUR STAFF NURSE	EMERGENCY DEPARTMENT
1.3year	SPARSH HOSPITAL	400	SHIFT INCHARGE	SPECIAL WARF
209/2016 – TIL DATE	SPARSH HOSPITAL	400	STAFF NURSE	EMERGENCY DEPARTMENT

TYPES OF CASES HANDLED:

Respiratory	Airwayobstruction, Tonsilitis, Asthma, Pulmonoryedema, COPD, Pulmonary hypertension, intubation, extubation
Vascular	MI ,Hypertension, Hypotension, Deep Vein Thrombosis, Thrombophlebitis .
OBG	Nomallabour Cases ,Cesserion section, FST,MTP Cases.
Musculo-skeletal	Fracture, Crush Injury, Osteomyelitis, sprains, dislocations.. etc.
Reproductive	BPH, Hydrocele, Mastectomy, Hysterectomy,
Neurological	Head injuries, Cerebro vascular accidents, TIA, Seizures, cerebral aneurism etc..
Other Emergencies	Trauma, Wound Care, Poisoning, Burns, electric injury, Psychiatric Emergencies

EQUIPMENTS KNOWN

- **Defibrillator**
- **ECG Machine**
- **Syringe Pumps & Infusion Pumps**
- **Suction apparatus**
- **Mechanical Ventilators**
- **Glucometer &Nebulizer**

- **Cardiac monitors**
- **Alpha bed**
- **FST**

Areas of Nursing Care Given	<ul style="list-style-type: none"> ▪ Receiving the patient . ▪ Arranging all IV lines and drains. ▪ Monitor vital signs. ▪ CPR. ▪ Check RBS by using Glucometer. ▪ Administrating Medicine,TPN through infusion and syringe pump. ▪ Assisting in intubation and extubation, IV therapy. ▪ Assisting in NG and NJ tube. ▪ Assisting in Lumbar Puncture. ▪ Insertion of urinary catheter and care. ▪ Tracheostomy care &Nebulisation. ▪ Sample collection-Blood, Urine, Sputum and ABG studies. ▪ Aseptic wound management. ▪ Central Oxygen and suction ▪ Teaching breathing and coughing exercises. ▪ Pain and fever management. ▪ Monitoring I/O Chart. ▪ Blood Transfusion.
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REGISTRATIONS

- **Karnataka State Nursing Council Registration No**

LANGUAGE PROFICENCY

Language	Read	Write	Speak
English	✓	✓	✓
Hindi	✓	✓	

Tamil			✓
Malayalam	✓	✓	✓
Kannada			✓

REFERENCE:

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Date:

Place:

SHOBHANA M