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**Dr. Sijo Jose**

[Email: sijoortho@gmail.com](mailto:sijoortho@gmail.com)

**Current Address:**

Door Number A2  
Block 5,VB Garden  
Vazhakkala, Kochi

**Permanent Address:**

KANIYAMPARAMBIL(HOUSE)  
ALAKODE P.O, (PO)  
ALAKODE P.O, 6 KERALA, PIN:670571

**Personal Data:**

Date Of Birth : 25-March-1987  
Sex : Male  
Marital Status : Married  
Name of Spouse : Layana Sunny  
Spouse's Occupation : Financial Analyst-  
Ernst and Young  
Info park Kochi  
Nationality : Indian.

**Languages Known:**

English, Malayalam, Kannada, Tamil

**Personal Contact:**

**Cell : 7034711180/8310797373**



**Objective**

To apply for the position of Orthodontist in a reputed hospital/clinic so as to demonstrate my abilities and experience, enabling me to contribute and grow with the institution.

**Qualifications**

1. M.D.S : Master of Dental Surgery in orthodontics and Dento-facial orthopedics
2. B.D.S : Bachelor of Dental Surgery

**Assets**

- Self confidence, Hard Working
- Positive attitude in work.
- Adaptive to any kind of situation.

**Other Specialization**

Specializes in Labial, Lingual, Invisible, Functional And Surgical Orthodontics

## **Professional Experience**

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One Year and 5 Months

## **List of CDE Programmes attended**

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- “PROLOGUE” at Rajiv Gandhi University of Health Sciences, Bangalore.
- CDE Program on “Orthodontic Finishing, Retention and Relapse” held in G.D.C Bangalore
- P G convention in Bangalore
- IDA conference in Bangalore
- CDE Program in KLE Dental College and Hospital, Bangalore
- CDE Program ( FACE ) by Dept. of Orthodontics, RRDCH Bangalore
- CDE Program on “3 D Diagnosis and virtual planning in Orthodontics” held in V S Dental college
- CDE Program on “Life Skill Critical Thinking & Creative Thinking” in Oxford dental college
- CDE Program on “New Vistas in Orthodontics” held in D.A.M.P V. R.V Dental college and
- Hospital

## **National Conferences attended**

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- 68th Indian Dental Conference conducted in Bangalore
- P.G. Convention conducted in Bangalore

## **Research Activities**

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- Main Dissertation: To compare the torque control of maxillary incisors in lingual and labial orthodontics by establishing a 3-d finite element model of maxilla and maxillary incisors. □ Library Dissertation: Chemical mediators of tooth movement.
- Scientific Papers presented : Evaluation of a new diagnostic tenet of the esthetic midface for clinical assessment of anterior malar projection in IDA conference, Bangalore
- Scientific Posters presented : Analgesics in orthodontics in IDA Conference, Bangalore

## Publications

<b>Topic</b>	To compare the torque control of maxillary incisors in lingual and labial orthodontics by establishing a 3-d finite element model of maxilla and maxillary incisors.
<b>Journal</b>	RJDS
<b>Status</b>	Published in December issue

## Extracurricular activities

- Participated in Tobacco Free India campaign in Rajarajeshwari Medical College, Bangalore
- Attended World No Tobacco day in V S Dental college, Bangalore
- Participated in voluntary blood donation camp and donated blood held at RRDCH in 2014
- Was the member of the Organizing Committee for :
  - ✓ Oral hygiene day celebration at Sri Gurukula International School, Bangalore
  - ✓ World Health day Celebration at Rajarajeshwari Dental College, Bangalore
  - ✓ Oral Hygiene day celebration at Rajarajeshwari Dental College, Bangalore
  - ✓ Dentist Day Celebration at Rajarajeshwari Dental College, Bangalore
  - ✓ World Blood Donor Day at Rajarajeshwari Dental College, Bangalore

## Educational Qualifications

<b>Course</b>	<b>Institution</b>	<b>Year of Completion</b>	<b>Affiliated to</b>
M.D.S	RAJARAJESHWARI DENTAL COLLEGE AND HOSPITAL, Bangalore	2017	Rajiv Gandhi university of health sciences(Rguhs), Bangalore
B.D.S	A.B Shetty Dental College Mangalore	2013	Rajiv Gandhi university of health
PLUS TWO	M.E.S Raja International School Calicut	2007	CBSE Board

## **Declarations**

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I hereby affirm that the data and information provided above are true and correct to the best of my knowledge.

Place : Vazhakkala, Kochi

SIJO JOSE