

CURRICULAM VITAE

ANJU PAUL

Attukaran House

Kuvappady.P.O

Ayathupady

Perumbavoor, Ernakulam Dist

Kerala, Pin - 683 544

Mob : 8301966710

9544120238

CAREER OBJECTIVE

Seeking a Challenging and responsible position in a professional managed organization. Where I can utilize my skill and contribute effectively to the success of organization and further improve my skills.

PERSONAL PROFILE

Name : **ANJU PAUL**
Father's name : A.R.Paulose
Age & Date of birth : 26 Yrs, 12.06.1991
Nationality : Indian
Gender : Female
Marital Status : Married
Religion & Caste : Christian, RCSC
Languages Known : Malayalam, English & Hindi

ACADEMIC QUALIFICATION

Qualification	Institution	Board/ University	Year of Passing
SSLC	Govt. H.S Cheranalloor, Koovappady	Board of Public Examination, Kerala	March 2006
Plus Two	Govt. H.S Cheranalloor, Koovappady	Board of Higher Secondary Examination, Kerala	March 2008

PROFESSIONAL QUALIFICATION

Qualification	Institution	Period of Study
Diploma in General Nursing & Midwifery (3 ½ years)	School of Nursing Medical Trust Hospital, Ernakulam	Oct. 2008 to April 2012

PROFESSIONAL AFFILIATION

KNC Reg. No : **79786**

PROFESSIONAL EXPERIENCE

Hospital : Medical Trust Hospital,
Ernakulam

Position : Staff Nurse

Department : Neuro Post Operative ICU, Cathlab

Duration : 08.08.2012 to 12.07.2013
07.08.2013 to 25-8-2015

JOB EXPERIENCE

- Diagnostic and Therapeutic investigations
- Endotracheal Intubation
- Defibrillation
- Central line placement
- CVP Monitoring
- Lumbar Puncture
- Intercostal Drainage
- Peritoneal & Hemodialysis
- Jugular Venous Catheterization
- Liver Biopsy
- Kidney Biopsy
- Thoracentesis & Paracentesis
- Insertion of Arterial Cannula
- ICD Placement
- Assisting various cardiac catheterization procedures

PROFESSIONAL SKILLS

- ♣ Preparation of emergency drugs
- ♣ Cardio pulmonary resuscitation
- ♣ Administration of medicine (Oral, injections)
- ♣ Oxygen Therapy
- ♣ ECG
- ♣ Ryles tube insertion
- ♣ Urinary Catheterization (Male & Female)
- ♣ Bladder irrigation
- ♣ ABG Sampling
- ♣ Total Parental Nutrition
- ♣ Peritoneal Dialysis
- ♣ Glucose random blood sugar checking
- ♣ Bedsore dressing
- ♣ Tracheal Suction
- ♣ Caring for chronic bedridden patients
- ♣ Simple Physiotherapy

EXPERIENCE IN HANDLING MEDICAL EQUIPMENTS

- ECG Machine- GE Marquette, Agilent
- Cardiac Monitor- Agilent, Dash 3000, Philips
- Defibrillator- GE Marquette
- Humidifier
- Infusion Pumps/ Syringe Pumps- B-Braun, Terumo, Fresenius
- Ventilator - Siemens
- Suction Apparatus
- Pulse Oxymeter - H.P
- Blood warmer
- ABG Analyzer & Electrolyte Machine- AVL
- Transducers
- Oxygen Flow meter
- Ambu bag
- Glucometer for instant blood sugar
- BP Apparatus
- Bain Circute
- Fiberoptic U.G.I Endoscope (Funsinon)
- Wall Suction
- Air Bed & Water Beds
- Nebuliser
- Dialysis Machine

DUTIES AND RESPONSIBILITIES

1. Aware & Understand the Nursing policies & Procedure of the hospital
2. Ensures proper use of all Hospital Equipments
3. Responsibilities to the head nurse
4. Identify patient needs
5. Ensures safety & comfort of patient at all time
6. Pre and post care of all major general surgery cases
7. Attend in service educational programmes
8. Giving health education to each patient individually
9. Promote own professional growth
10. Has good knowledge of emergency drugs, their dosage and infusion rates.
11. Removal of centraline , jugular catheters, epidural catheters, drain and sutures.
12. Encouraging the patients for debreathing and coughing exercices by giving steam inhalation, Chest physiotherapy, Nebulisation and Intensive Spirometry
13. Good communication with team members
14. Maintaining records and reports of the patients up to date
15. Scrubbing, hand washing and isolation precautions

PERSONAL REFERENCES

1. Capt.lcy Joseph,
Nursing superintendent
Medical Trust Hospital, Cochin – 682016
Phone No ; 0484 2358001 (21 lines) Extension
2. Dr. Sudheesh Karunakaran
MCH MRCS (ED)
SRCS
Neuro Surgery London
Consultant Neuro Surgeon
3. Mrs. Alice Varky
Principal
School of Nursing
Medical Trust Hospital, Ernakulam

DECLARATION

I do here by declare that above information's are and correct to the best of my knowledge and belief.

Date :

Place : Perumbavoor

ANJU PAUL



R012018005410



Kerala Nurses And Midwives Council



REGISTRATION CERTIFICATE



This is to certify that

ANJU PAUL

having undergone a

Three years and Six months Diploma in General Nursing and Midwifery programme at *School of Nursing, Medical Trust Hospital, Kochi, Ernakulam*

from *October 2008 to April 2012* has passed the examination conducted by the *Council with Third Class*

and is permitted to practice as a Nurse and Midwife under the provisions of the Nurses and Midwives Act, 1953.

The number assigned to her in the Register is 79786 dated 10th May 2012.

The Registration Certificate is renewed on 31st March 2018

and valid upto 30th March 2023.

Thiruvananthapuram

Dated: 31-03-2018

Registrar

Kerala Nurses and Midwives Council

PROF. VALSA K. PANICKER

Registrar

Kerala Nurses and Midwives Council
Fedi Cross Road

Thiruvananthapuram-695 035

0128024

Sl. No. 110042083

Exm. No. 12002224

Kerala Nurses And Midwives Council



Diploma in General Nursing and Midwifery

The Kerala Nurses and Midwives Council hereby makes known that

Anju Paul

daughter of Mr. Poulose A R after having undergone Three years and Six months

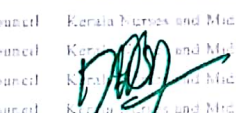
Diploma in General Nursing and Midwifery course at
School of Nursing, Medical Trust Hospital, Kochi, Ernakulam

for the period from **October 2008 to April 2012** and passed

the examination with **Third class**

by duly appointed examiners is awarded the

Diploma in General Nursing and Midwifery.


President
Board of Examiners


Registrar

Kerala Nurses and Midwives Council

Kerala Nurses and Midwives Council

P. DEVAKY
Additional Director of Nursing Services
Directorate of Health Services

Prof. Latha R
Registrar
Kerala Nurses and Midwives Council
Red Cross Road
Thiruvananthapuram - 695 035

Dated: 12-Jul-2012



Excellence in Health Care

M.G. Road,
COCHIN - 682 016
PAN : AABCP3848D

Tel : 0484-2358001-11
Fax : 0484-2358031
Service Tax No. AABCP3848DSD001

E-Mail : info@medicaltrushospital.org
Website : www.medicaltrushospital.com



M E D I C A L T R U S T H O S P I T A L

(Owned by Pulikkal Medical Foundation)

Date: 03-09-2015.

Ms. Anju Paul
Attukaran House,
Koovappady P.O.,
Ayathupady,
Perumbavoor - 683 544.

Signature : 

TO WHOMSOEVER IT MAY CONCERN

This is to certify that Ms. ANJU PAUL has worked at this 750 bed NABH accredited super specialty hospital, as Full time Registered Nurse (48hrs. per week) from 07-08-2013 to 25-08-2015. During this period she has taken 19 days Loss of Pay Leave.

During the above period, she was posted in the Cardiac Post Operative Intensive Care Unit.

She was relieved from this institution with effect from the afternoon of 25th August, 2015.


Capt. Icy Joseph (Retd.)
NURSING SUPERINTENDENT




P.V.ANTONY
DIRECTOR



Excellence in Health Care

M.G. Road,
COCHIN - 682 016
PAN : AABCP3848D

Tel : 0484-2358001-11
Fax : 0484-2358031
Service Tax No. AABCP3848DSD001

E-Mail : info@medicaltrushospital.org
Website : www.medicaltrushospital.com

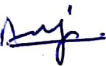


M E D I C A L T R U S T H O S P I T A L

(Owned by Pulikkal Medical Foundation)

Date: 13-07-2013.

Ms. Anju Paul,
Attukaram House,
Koovappady P.O.,
Ayathupady,
Perumbavoor - 683 544.

Signature : 

TO WHOMSOEVER IT MAY CONCERN

This is to certify that Ms. ANJU PAUL, Trainee Nurse has been given practical training (48hrs. per week) in the Neuro Post Operative Intensive Care Unit as per Government Order 1198/2012/Labour dt.04-08-2012 in this 750 bed NABH accredited hospital from 08-08-2012 to 12-07-2013.



Capt. Icy Joseph (Retd.)
NURSING SUPERINTENDENT



P.V.ANTONY
DIRECTOR