

CURRICULUM VITAE



**Sneha Simon,
Vadakkepurathukudiyil House,
Aramadu, Kuppadi Post,
Sulthan Bathery, Wayanad,
Kerala, India Pin: 673592
Email- snehasymon03@gmail.com
Ph- +91-8943463519**

Objective

- ❖ Seeking a challenging opportunity where I will be able to utilize my strong educational background, organizational skills and ability to work with people which will allow me to grow personally and professionally.
- ❖ To be a part of an organization where my professional skills can be enhanced and utilized.
- ❖ Dedicated and motivated learner with excellent critical thinking and problem solving skills.
- ❖ Worked effectively in a multidisciplinary team to provide complete patient care.

Skills

Situation handling Ability, Discipline, Punctuality, Work Commitment, Problem solving skill, Leadership Skill, Patience, keen observer, good communication and interaction skills, Tact's for teaching, hardworking, exceptional skills in time management, organization and resource management.

Academic Qualification:

Course	Institution	Board / University	Year of Passing	% of Marks
12th (Plus Two)	Govt. H.S.S Panamaram	Board of Higher Secondary Examination, Kerala	2005	72.3%

Professional Qualification:

Standard	Institution	University & Year Of Passing	Year	% of Marks
B.Sc Nursing 1st Year	Heartland College of nursing	Rajiv Gandhi University, Karnataka, India	2007 Apr	56%
B.Sc Nursing 2nd Year	Heartland College of nursing	Rajiv Gandhi University, Karnataka, India	2008 Feb	59%
B.Sc Nursing 3rd year	Heartland College of nursing	Rajiv Gandhi University, Karnataka, India	2009 Jan	61%
B.Sc Nursing 4th Year	Heartland College of nursing	Rajiv Gandhi University, Karnataka, India	2009 Dec	67%
Graduation	Heartland College of nursing	Rajiv Gandhi University, Karnataka, India	2010 March	61%

WORKING EXPERIENCE:

Cumballa Hill Hospital and Heart Institute, Mumbai, India

**Role: Staff Nurse in Cardiac ICU From: June 2010 to July 2012 and
From Oct 2014 to Aug 2015**

Fortis Escorts Hospital, Faridabad, India

Role: Staff Nurse in Neuro ICU From Mar 2013 to May 2014

Ibsc India Wellness Limited (Urijaa), Eranakulam, India

**Role: Medical and Client Service Officer from November 2015 to
December 2017**

Promoted as Team Lead from January 2018 to Present

❖ Staff Nurse- CCU

- Refine critical thinking, problem solving, organization and acute care skills to work effectively with critically ill patients, nursed major and supra major surgery patients including open heart surgery with IABP and post PTCA patients.
- Read and interpret cardiac monitors and lab reports.
- Provide outstanding patient care while upholding family centred care principles.
- Further enhance communication and therapeutic relationships with family members.
- Manages basic life support needs and stabilizes patient unit physician is available, based upon nursing standards and protocol.
- Prepares, administer and record medication orally, subcutaneous or intravenous. And report adverse reaction to medications or treatments in accordance with the policy.
- Monitor and records patients current vital signs.
- Record all care information concisely, accurately and completely, in a timely manner, in the appropriate format and on the appropriate forms.

Job Responsibilities

1. Consult and coordinate with health care members to assess, plan, implement and evaluate patient care plans.
2. Prepares and administers (orally, subcutaneously, through an IV) and records prescribed medications. Reports adverse reactions to medications or treatments in accordance with the policy regarding the administration of medications by a licenced registered nurse.
3. Provides basic bed side care
4. Initiates patient education plan, as prescribed by physician. Teaches patients and their family members how to manage their illness/injury, by explaining post treatment home care needs, diet/nutrition/exercise programmes, self-administration of medications and rehabilitation.
5. Record patient's medical information and vital signs
6. Orders, interprets, and evaluates diagnostic tests to identify and assess patient's condition.
7. Takes sample for lab work, orders prescribed lab work and evaluates/interprets lab reports
8. Prepares equipment and aids physician during examination and treatment of patients.
9. Response to life saving situations based on nursing standards and protocol
10. Records all care information concisely, accurately, in a timely manner, in the appropriate format on the appropriate forms.
11. Applies, hemodynamic, phlebotomy and IV protocols
12. Monitor catheters, leads and tubing for proper placement and functioning
13. Initiates, corrective action whenever information from monitoring/life support equipment shows adverse symptomatology.

Case Attended

- ❖ Angina pectoris, myocardial infarction, Post CABG patients, Post PTCA patients, Renal Failure, Diabetic Ketoacidosis, hypertension, medical and surgical cases, emergency management.

Equipments Used

❖ Cardiac monitors, Ventilators, IABP Machine, Doppler Machine, Respiratory monitors, Laryngoscope with blades, Defibrillators, ECG Machine, Nebulizer, Syringe pump, infusion pump, Pulse ox-meter, suction machine, Ambubag, ICD bottles, Thermometer, Sphygmomanometer, Nelson's Inhaler, Various Trays for various procedures, all emergency medicines, B.P. Instrument.

Routine Functions

- Assist in intubation of ET tube.
- Assist in tracheostomy procedure
- Assist in temporary pacemaker insertion procedures
- Assisted in endoscopy, colonoscopy and bronchoscopy procedures
- Taking care of ventilator patients
- Assist in Jugular vein and sub-clavian Catherization.
- Ryle's tube intubation and feeding.
- IV- cannulation.
- Sample collection either from artery (ABP) or vein
- Oxygen therapy.
- Catherization of patients.
- Blood transfusion.
- Monitoring of Vital Signs.
- Management of I.V. fluids.
- Care of major and minor wounds.

Related Skills

Having sound knowledge & skill in theory & practical in nursing science. Have good skill in handling laboratory instruments.

- Excellent interpersonal & communication skills.
- Ability to learn constantly.
- Talented, articulated & technically endowed.

IT Skills

Operating System : Windows & XP
Packages : M-S Office & Internet

Languages Known

<i>Languages</i>	<i>Speak</i>	<i>Read</i>	<i>Written</i>
English	Yes	Yes	Yes
Hindi	Yes	Yes	Yes
Malayalam	Yes	Yes	Yes

Personal Details

Name : Sneha Simon
Permanent Address : Vadakkepurathukudiyil House,
Aramadu, Kuppadi Post
Sulthan Bathery, Wayanad, Kerala,
India Pin: 673592

Father's Name : Simon Kunju P K
Mother's Name : Lissy
Date of Birth : 03/07/1987
Gender : Female
Marital Status : Married
Nationality : Indian
Hobbies : Playing chess, watching movies
Religion & Caste : Christian, Orthodox

Declaration

I hereby declare that the above mentioned details are true and correct to the best of my knowledge and belief.

Sneha Simon