

“Hardworking and conscientious physician with excellent academic skills and patient care”

PROFESSIONAL SUMMARY

Accomplished AMERICAN FAMILY MEDICINE BOARD CERTIFIED PHYSICIAN . Five years of experience in Family Medicine. Licensed to practice in USA, Tennessee , moved back to India. Great experience in Primary Care, Urgent Care and Occupational Medicine. Worked at leading healthcare providers in USA. Continuing and Uptodate Medical Education with American board of Family Medicine . Currently practicing with couple of Telemedicine companies in US.

Demonstrate excellent skills in managing a busy primary care/ urgent care clinic while providing compassionate and effective care to variety of patient population. Lauded for strong medical skills in a family, pediatric and obstetrics/gynecological care and the ability to interact effectively with medical professionals.

Tenaciously sought out licensure after moving from India to the United States by completing all required exams and gaining appointment in the Meharry Medical College Family Medicine residency program and graduated on 6/12 with OUTSTANDING CLINICIAN AWARD for excellent clinical performance.

EDUCATION

PG Family Medicine(USA) Registered with Travancore-Cochin Medical Council	01/2018
Meharry Medical College, Nashville TN ,USA Residency, Family Medicine Physician	JUGraduated 6/2012
Government Medical College Thrissur / University of Calicut, Thrissur, India Bachelor of Medicine / Bachelor of Surgery (MBBS)	1/2002
Honors: First Class, final MBBS examination	

MEDICAL EXAMINATIONS PASSED

Family Medicine Board Certification Exam	4/2013
United States Medical Licensing Examination (USMLE) Step 3	2/2008
United States Medical Licensing Examination (USMLE) Step 2 Clinical Skills (CS)	5/2007
United States Medical Licensing Examination (USMLE) Step 2 Clinical Knowledge (CK)	12/2006
United States Medical Licensing Examination (USMLE) Step 1	11/2005

EXPERIENCE

Practicing Telemedicine for US Companies	02/2017-Current
American Family Care,Nashville,TN,USA	11/2013-05/2016
Physician	

Care for a wide spectrum of patients including primary care,occupational health and urgent care setting in different locations of American Family care in Nashville and well experienced in managing heavy patient volume while providing compassionate and quality medical care in a team environment.

**Concentra Medical Center, Nashville, TN
Physician**

10/2012 – 12/2013

Care for a wide spectrum of patients including occupational health and urgent care setting in different locations of Concentra in Nashville and well experienced in managing heavy patient volume while providing compassionate and quality medical care in a team environment.

- Evaluates and treats Center patients in accordance with the medical model of the company. **Establishes and monitors appropriate level of care for the center patients, and completes all medical record documentation in a timely manner.**
- **Working knowledge of medical office administration and procedures, excellent communication skills,** superior customer service and bedside manner skills, critical thinking , reasoning and decision making skills .
- **Ensure patients are called and followed up on their well** being as needed and calls client representatives following employee treatment for initial injury and /or any significant change in status.
- In the absence of center medical director, provides guidance to other medical personnel and center colleagues.
- Well experienced in dealing with minor emergencies and in evaluating ill patients and transferring them to ER if required,
- **Expertise in DOT physicals, pre employment physicals, sports physical, occupational injuries** and urgent care for a variety of patients including children, women and elderly with my strong **family medicine back ground.**

**Meharry Medical College, Nashville, TN
Resident, Family Medicine Program**

4/2008 - 3/2009, 7/2009 - 6/2012

Care for a wide spectrum of outpatient and clinical patients in a 127 bed facility by providing compassionate, expert services, including total family care; newborn care; school and sports physicals; adult and child immunizations; diabetes, cholesterol and hypertension management; well woman care; low-risk pregnancy antenatal care; well child care; common pediatric medical condition care; routine gynecological (GYN) exams; common GYN problem treatment and obstetrical care including low-risk pregnancy spontaneous vaginal delivery (SVD). Teach and guide Year 1 and Year 2 residents and medical students.

LEADERSHIP

- **Achieved faculty's top ratings for each rotation while managing a 5-person inpatient team treating 20 to 25 patients/day,** including patients with complex diseases and in the semi-intensive care unit (ICU).
 - **Led successful student/resident team,** including 5 to 6 medical students and 4 interns/Year 2 residents.
- LEADERSHIP (Continued)
- **Enhanced PGY2/PGY1 resident and medical student skills** by supervising care with expert instruction and guidance on formulating clinical diagnoses, lab investigations, postpartum care, newborn care, continuing mom and baby care, and appropriate medical condition management in acute and office based settings.
 - **Lauded for ability to interact with healthcare professionals,** including consultants, nurses, pharmacy staff, other residents, hospital medical staff and faculty.

MEDICAL EXPERTISE

- Graduated with **Outstanding Clinician Award** for excellent clinical performance.
- **Demonstrated skill in minor surgical procedures,** including lymphoma/sebaceous cyst removal, toe nail removal, excision/punch/shave biopsy, laceration repair, intrauterine device (IUD) insertion, incision and drainage (I and D), colposcopy and biopsy, endometrial biopsy and intra-articular shots.
- **Ensured favorable outcomes** while independently performing more than 50 spontaneous vaginal deliveries under the supervision of the attending gynecologist.
- **Complied with all requirements** by using expertise in electronic medical records (EMR) and documentation.

- **Delivered correct diagnoses and effective patient treatments** while conducting 2000 outpatient examinations in the resident clinic and completing the graduating requirement to treat more than 16,500 patients in both in-house and outside residency rotations. Training clinics and Hospitals include Meharry family medicine clinic at Nashville General Hospital, Skyline hospital, united neighborhood clinic, Veterans Administration hospital and Vanderbilt children's hospital.
- **Noted for pediatric treatment skills** during 3-months training at Children's Hospital Vanderbilt University.

Weekly Conference Participant, Family Medicine Department, Meharry medical College, Nashville, TN, 4/2008 - 3/2009

Obtained familiarity with the residency program while participating in weekly discussions and workshops. Participated in grand rounds and attended lectures, journal club, suturing workshops and geriatric conferences.

Mehta Internal Medicine, Hermitage, TN

6/2008 - 6/2009

Observership

Gained knowledge of and gained confidence in primary care practice and problem management by observing daily operations, participating in decision making, using medical equipment and becoming familiar with EMR and outpatient (OP) procedures at a high volume internal medicine practice treating a diverse patient population with a wide variety of problems and conducting a wide variety of procedures.

- **Demonstrated expertise in patient history taking, physical evaluation, progress notes and other documentation** under the supervision of an attending physician.
- **Noted for effective problem solving and decision making skills while shadowing physician on clinical cases**, emphasizing clinical hypertension, diabetes and respiratory illness cases and effective out-patient pain management.
- **Grew knowledge base** by observing inter-articular injections, conducting nerve conduction studies and using onsite ultrasound, echocardiogram (2 dimensional [2-D] Echo) and Carotid Doppler.

Government Medical College, Thrissur, India

2/2002 - 7/2002

Lecturer, Department of Microbiology

Increased medical students' knowledge by lecturing on bacteriology, virology and parasitology and supervising student practical exams.

Amala Institute of Medical Sciences and Cancer Research Center, Thrissur, India

8/2001 - 2/2002

Junior Doctor, Department of Gastroenterology and Internal Medicine

Delivered compassionate and expert services while managing ICU operations and gastroenterological emergencies, including gastrointestinal (GI) bleeds and hepatic encephalopathy. Gained solid, focused experience in gastroenterology problems. Used skills in ascitic tapping and endoscopies.

Demonstrated skill in obstetrics while conducting spontaneous vaginal deliveries (SVDs) and repairing lacerations and episiotomies while on call assignments as an emergency room (ER) physician.

- **Managed entire clinic** by expertly using skill in the management of diabetes, hypertensive nephropathy (HTN) and infectious diseases.
- **Supported community** by volunteering weekly for a free clinic.

Medical College Hospital Thrissur, India

8/2000 - 8/2001

House Officer (Resident Intern)

Gained medical skills by participation in resident intern clinical rotations in internal medicine, psychiatry; neurology; chest and tuberculosis; social and preventive medicine; radiology; general surgery; orthopedics; ear, nose and throat; pediatrics; and obstetrics/gynecology (OB/GYN) departments. Handled inpatient and outpatient services, ICU and ER duties.

Provided preventive medicine and public health services. Demonstrated expertise in a variety of diagnostic procedures, including lumbar puncture (LP), ascitic and pleural tapping, fine needle aspiration cytology (FNAC) and bone marrow (BM) aspiration.

- **Acquired skills** by performing minor surgeries, assisting at major surgeries, conducting more than 50 spontaneous vaginal deliveries (SVDs) and assisting in more the 20 cesarean sections (CS).
- **Raised community awareness of childhood immunization and preventable diseases** by participating in UNICEF-sponsored Polio immunization program and presenting topics which the public appreciated.
- **Managed a rural clinic successfully for 2 months** in a limited facility environment with adverse conditions.

TRAINING

Meharry Medical College, Nashville, TN Primary Care Update	9/2011
Meharry Medical College, Nashville, TN Primary Care Update	9/2010
Meharry Medical College, Nashville, TN Geriatrics Continuing Medical Education (CME)	5/2010
Vanderbilt University, Nashville, TN High Risk Obstetrics (OB) Seminar	12/2009
Meharry Medical College, Nashville, TN Geriatrics Continuing Medical Education (CME)	9/2009
Meharry General Medical Education (GME), Nashville, TN A Risk Management Guide to Successful Communication and Documentation Practices Seminar	6/2009

CERTIFICATIONS

American Academy of Pediatrics Neonatal Resuscitation Program (NRP)	8/2011
American Academy of Family Physicians	7/2009

Advanced Life Support in Obstetrics (ALSO)

American Heart Association 6/2012
Advanced Cardiovascular Life Support (ACLS]

AWARDS**Outstanding Clinician Award**

Meharry medical college, Nashville, TN 06/2012

Outstanding Grand Rounds Attendance award

Meharry medical College, Nashville ,TN 06/2010

Scouts and Guides Association of India, New Delhi, India 06/1993

President Guide Award

SSLC 7th rank holder 5/1992

PROFESSIONAL MEMBERSHIPS

American Board of Family Physicians (ABFM)

Member

7/2009 - Present

American Academy of Family Physicians (AAFP)

Member

7/2009 - Present

American Medical Association (AMA)

Member

7/2009 - Present

Travancore-Cochin Medical Council, India

Member

9/2001 – Present

***References will be provided upon request