

CURRICULUM VITAE

CHRISTEENA AUGUSTINE

St. John's Medical College & Hospital
St. Joseph Hostel,
Sarjapur Road, John Nagar,
Bangalore-560 034.

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OBJECTIVE:

Compassionate Nursing Professional seeking opportunity requiring exceptional organizational skills and talents in patient relations, education and advocacy; can offer outstanding abilities in assessment, formulating diagnoses, establishing goals, implementing intervention, and evaluating outcomes.

PERSONAL DETAILS:

Name	:	CHRISTEENA AUGUSTINE
Father's Name	:	Augustine joseph
Date of Birth	:	03 .04.1993
Sex	:	Female
Religion & Caste	:	Christian, Roman Catholic
Nationality	:	Indian
Marital Status	:	Single
Languages Known	:	English, Hindi, Kannada, Tamil & Malayalam
Present Address	:	Staff Nurse St. Joseph Hostel, SJMCH Bangalore - 560 034.
Permanent Address	:	Valiakunnathu (H), Thopramkudy [P.O], Idukki Dist, Kerala - 685609.

PASSPORT DETAILS:

Nationality : Indian
Passport No. : R4907283
Date of Issue : 03.10.2017
Date of Expiry : 02.10.2027
Place of Issue : Cochin

ACADEMIC QUALIFICATION		
QUALIFICATION	INSTITUTION	YEAR
S.S.L.C.	St. Mary's Higher secondary School, Murickassery	2009
Plus Two	St. Mary's Higher Secondary School, Murickassery	2011

PROFESSIONAL QUALIFICATION		
QUALIFICATION / REGN.	INSTITUTION	YEAR
BSC Nursing	St. John's College of Nursing, Bangalore	2011 - 2015
Professional Registration	Karnataka State Nursing Council	2016

EXPERIENCE DETAILS

PERIOD	INSTITUTION	DESIGNATION	AREA OF WORK
04.02.2016 To 31.03.2018	St. Johns Medical College Hospital	Staff Nurse	PAEDIATRIC SURGERY

PROFESSIONAL REGISTRATION

Registering body	Year	Reg. No.
Karnataka Nursing Council	2016	073072

MEMBERSHIP:

- Trained nurses association of India
- Karnataka Nursing Council

ADDITIONAL COURSES ATTENDED:

- Workshop on Basic Life Support
- Workshop on Breastfeeding
- Workshop on Neonatal resuscitation program
- CNE on various topics

AREAS OF TRAINING:

As a student nurse I had clinical exposure in various wards which include casualty, general medicine and surgical ward, paediatrics, obstetrics, gynecology, nephrology, burns and plastic surgery, orthopedics, trauma and isolation, urology, gastro-enterology, neurology and neuro surgery, psychiatry, medical and surgical ICU, CCU, dialysis unit, operation theatres, day care and community settings-rural and urban. During the internship I had clinical exposure in NICU.

INTERESTED AREA OF WORK

- Neonatal Intensive Care Unit
- Emergency Intensive Care Unit
- Medical Intensive Care Unit
- PAEDIATRICALS
- Emergency

NATURE OF WORK

- Holistic care of patient
- Team approach
- Total patient care
- All over management of the unit
- Assessment and Management of paediatrics
- Pre Operative and Post Operative Management of children under pediatrics

- Teaching and supervision of new staff and students
- Assessing the physical and psychological needs of the patients
- Care of mechanical ventilated patients
- Cardio Pulmonary Resuscitation (CPR)
- Fluid & Electrolyte Managements
- Administrations of medications and injections (Intravenous, Intra muscular, Intradermal, Subcutaneous)
- Administration of blood and blood products.
- Psychological counseling to the patient & Parents
- Monitoring intake and output
- Insertion of Nasogastric tube, Foleys catheterization
- Monitoring of vital signs
- Knowledge in assisting team sector's insertion of central line, CPR, lumbar puncture, pleural aspiration, intubation
- Providing adequate rest and sleep to patient
- Operating cardiac monitor and ventilator
- Procedure like O2 administration, suctioning, medicine administration & urine sugar monitoring
- Active and passive exercise to promote mobility of joints
- Monitor ECG
- Maintain patients record and respect patients privacy and confidentiality
- Report verbally and in writing the progress of patients condition at each shift change over
- Assisting procedures like tracheostomy, intubation, pigtail insertion, ICD insertion, bronchoscopy, central and arterial line insertion, HD access insertion & endoscopy
- Attending to the nourishment and eliminatory needs of patients
- Care of newborn babies

VARIOUS TYPES OF CASE HANDLED

- Achalasia

- Ambiguous genitalia
- Appendicitis
- Anorectal malformation
- Biliary atresia
- Choledochal cyst
- Cholelithiasis
- Congenital diaphragmatic hernia
- Empyema
- Epididimitis & orchitis
- Esophageal atresia & tracheoesophageal atresia
- Foreign body aspiration
- Gastro esophageal reflux
- Hepatoblastoma
- Hirschsprungs disease
- Hydrocephalus
- Inguinal hernia
- Intussusception
- Lung lesions
- Malrotation & volvulus
- Meckels diverticulum
- Meconium ileus
- Necrotizing enterocolitis
- Neuroblastoma
- Omphalocele
- Pancreatic cyst
- Pancreatitis
- Pyloric stenosis
- Testicular torsion
- Spleen problems
- Umbilical hernia

- Undescended testis
- Ulcerative colitis
- Wilim's tumor

PROCEDURES ASSISTED

- Endotracheal Intubation
- Intercoastal drainage
- Suturing
- Oxygen therapy
- Bone marrow aspiration
- Ultrasound
- CT scan
- 2D Echo, USG abdomen
- Central line& arterial line insertion
- Newborn resuscitation

PROCEDURES HANDLED:

- Managed with 10 -20 patients per shift.
- Perform nursing assessment of all patients, planned implemented and evaluated nursing care recorded.
- I/V canula insertion, I/V therapy, blood transfusion, exchange transfusion
- Ryle's tube insertion, Foley's Catheterization
- Sitz bath, enema, suture removal, surgical sock.
- Cardiac monitoring
- Pre-operative and postoperative care to the patients.
- Assist with doctors for central line insertion
- Pain and palliative care
- Care of tracheostomy
- Back care
- All drain removal

- Steam inhalation
- CVP monitoring
- ABG collection
- Chemotherapy
- Splint application
- Attend case presentation, drug presentation and ward meeting
- Attend CNE classes and TNAI meeting
- Care of patients with colostomy tube, pigtail catheter, naso gastric and jejunostomy tube feeding, epidural catheter, Tracheostomy tube, urinary catheters and ICD.

EQUIPMENTS USED

- Diginfusa (B-Braun)
- Pulse Oxymeter
- Laryngoscope (ordinary, flexi, fibro-optic)
- Ophthalmoscope
- Stethoscope
- Sphygmomanometer
- Glucometer
- E.C.G. Machine
- Suction Apparatus
- Thermometer
- Photo-therapy
- Ambu bag (pediatric and adult)
- Incentive spirometer
- Nebulizer
- Neonatal Transporter Incubator
- warmer
- CVP monitor
- Infusion pump

- Radiant warmer
- steam inhaler
- defibrillator

EMERGENCY DRUGS USED AT WORK:

Inj. Adrenaline	Inj. Magnesium sulphate
Inj. Nor adrenaline	Inj. Calcium Gluconate
Inj. Atropine	Inj. Sodium bicarbonate
Inj. midazolam	Inj. morphine
Inj. fentanyl	Inj. Pethidine

PROFESSIONAL SKILLS:

- A team leader with leadership skills
- Pediatric nursing
- Impeccable listening & interpretation ability

REFERENCES:

SR. FATIMA

Chief of Nursing Services
St. John's Medical College & Hospital
Bangalore-560 034.

Dr. SHUBHA

Professor & HOD
Department of PAEDIATRIC SURGERY
St. John's Medical College Hospital
Bangalore-560 034, Karnataka, India.

DECLARATION

I hereby declare that all information given in this C V are true and accurate and a fair reflection of my ability.

PLACE: BANGALORE

DATE:

(CHRISTEENA)