

CURRICULUM VITAE

Name : **JUBY SEBASTIAN**

Fathers Name : N.C Sebastian

Permanent Address : Nadookunnel, House
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Kerala-686577
India

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Email id : jubyseban196@gmail.com

Sex : Female

Age & Date of Birth : 28yrs, 19-06-1990

Nationality : Indian

Marital status : Married

Religion& Caste : Christian, R.C

Language Known : English, Malayalam, Telugu

PASSPORT DETAILS:

Passport No : P5024984

Date of Issue : 06-12-2016

Date of Expiry : 05-12-2026

Place of Issue : Cochin

OBJECTIVES:

Seeking a position as a Registered nurse in a health care facility where the educational and training achievements can be effectively used in order to provide quality health care to patients.

ACADEMIC QUALIFICATION:

Qualification	Institution	University/Board	Period of Study	Percent of marks	Level of Marks Obtained
B.Sc. Nursing	St. Ann's Hospital, Vijayawada, Andhra Pradesh	Dr.NTR University of Health Sciences, Andhra Pradesh	2009-2013	82%	Distinction
Plus Two	St. Mary's Higher Secondary School, Bharananganam.	Higher Secondary Board of Examination	2007-2009	88%	Distinction
S.S.L.C	St. Mary's Girls Higher Secondary School, Pala.	Department of General Education	2007	95%	Distinction

PROFESSTIONAL QUALIFICATION:

Qualification obtained : B.Sc. nursing
Period of study : 2009 September -2013 December
Medium of instruction : English
Name of institution : St. Ann's College of Nursing,
Vijayawada ,Andhra Pradesh

REGISTRATION

Name Of Regulatory Authority	Registration Number	Date Of Registration	Duration
Andhra Pradesh Nurses And Midwives Council	RN:150070 RM:149624	26.05.2014	Valid up to 25.05.2019
Kerala Nurses And Midwives Council	KL04201503547	20.11.2015	Valid up to 19.11.2020

PROFESSIONAL EXPERIENCE:

Institution	position	Date of employment	Areas of practice
St. Ann's Hospital, Vijayawada, Andhra Pradesh	Registered nurse	26-05-2014 to 30-05-2015	Medicine, Surgery, Paediatrics, Trauma Care Unit, ICU, NICU, Emergency & Gynaecology
Marian Medical Centre, Pala, Kerala	Registered Nurse	10-08-2015 to 25-09-2016	Operation Theatre

CURRENT EMPLOYMENT HISTORY:

Working as an **IELTS INSTRUCTOR** in Gracia Maria academy of English, Angamaly from January 2018 to till date.

GAPS IN WORK

I have a gap in work from October 2016 to December 2017 as I was pursuing IELTS and preparing for the exam in order to hire a job abroad and also due to family commitments such as taking care of my grandmother.

IELTS training : January 2017 – July 2017 at Cochin international language academy (CILA), Angamaly

KEY RESPONSIBILITIES HANDLED:

- Assessing, developing, monitoring and implementing complete plan of care of patients from admission to discharge.
- Observation, monitoring and recording of patients vital signs.
- Administered prescribed medications, started intravenous fluids and maintained input and output charts.
- Provided basic patient care and treatment such as dressing wounds, treating bedsores, give enemas and douches.
- Assisted patients for maintaining personal hygiene.
- Performed assessments: Intravenous therapy, wound drainage.
- Maintained effective communication with health care team members, patient and family.
- Collected blood samples as prescribed.
- Meeting nutritional needs of patients.
- Meeting elimination needs.
- Haemodynamic monitoring.
- Administration of blood and blood products.
- Care of dead and dying patients.
- Provision of palliative care and psychological support to patients.
- Assisting the doctors during the regular rounds and check-ups.
- Daily checking of the units – Checking O2, suction etc.

- Educated patients and families regarding follow-up care
- Uses sterile techniques for scrubbing and gowning.
- Performs the initial count of sponges, instruments and needles and checking it with circulating nurse.
- Assist the surgeon for gowning and gloving.
- Prepare and handing out instruments according to the need of surgeon.
- Maintaining aseptic techniques throughout the procedure.
- Counting and cleaning the instruments after the procedure.
- Maintain surgical services in accordance with competency standards.
- Assist the patient in a recovery room, procedure room and operating room.
- Maintain current and in-depth knowledge of sterile techniques.
- Assisting in ordering storing and maintaining surgical equipment and supplies.

DUTIES AND RESPONSIBILITIES:

- Admission and discharge procedure
- Monitor vital signs.
- Collection of specimens.
- Administration of medication and oxygen.
- Preparation of patients for diagnostic procedures.
- Complete patient care.
- Maintains records and reports.
- Inventory checking.
- Meeting physically and psychological needs of the patients.
- Care of the articles.
- Assigning duties and responsibility.
- Orientation and supervision of nursing students and staff.
- Biomedical waste management.
- Proper storage of dangerous drugs.
- Proper maintaining inventory stock such as that of linen drugs central stored supplied item.
- Sterilization of surgical instruments.
- Maintain proper aseptic techniques.

SPECIALIZED PROCEDURES:

- Administration of medicines (oral & injection)
- Oxygen therapy
- Respiratory therapy
- Fluid replacement therapy
- Catheterization, ryles tube insertion and aspiration
- Cardiac monitoring
- Nebulization
- IV cannulation
- Enema
- Bowel wash
- Bladder irrigation

- Suture removal
- Assisted in keeping CPAP
- Assisted for ICD
- Photo therapy care
- Assisted for lumbar puncture
- Assisted in giving anaesthesia
 - Topical
 - Local
 - General
 - Spinal
 - Epidural
- Assisted for surgeries
 - ENT (Tympanoplasty, Thyroid and parathyroid surgery, Nasal sinuses surgery, Endoscopic nasal surgery, Rhinoplasty, Septoplasty, Polypectomy)
 - GYNECOLOGY(Adhesiolysis, Colporrhaphy, Dilation and Curettage, Hysterectomy, Myomectomy, Oophorectomy, Salpingectomy, Ovarian Cystectomy, Caesarean Section)
 - GENERAL SURGERIES (Appendectomy, Breast Biopsy, Cholecystectomy, Debridement of wound, burn and infection, Haemorrhoidectomy, Hernia Repair, Mastectomy, Partial Colectomy, Tonsillectomy etc.)
 - EYE (Cataract, Phacoemulsification, Keratomileusis)
 - ORTHOPAEDIC SURGERIES(Shoulder arthroscopy and knee arthroscopy Arthroplasty, Carpet Tunnel Release, ACL reconstruction, Bone repair, Repair of fractures in hand ,wrist, hip, knee, ankle, foot, shoulder)
 - FACIAL RECONSTRUCTION SURGERY
 - MINOR UROLOGY SURGERIES
 - LAPROSCOPIC SURGERIES(Appendectomy, Hysterectomy, Cholecystectomy, Hernia repair, Removal of ovarian cysts and adhesions, Diagnostic Laproscopy)

EQUIPMENT USED:

- Cardiac monitor
- Pulse oxymeter
- Defibrillator
- Suction Apparatus
- ECG machine
- Oxygenator
- Glucometer
- Adult ventilator
- Infusion pump
- Laryngoscope
- Nebulizer
- Sphygmomanometer

ADDITIONAL COURSES

DATE	COURSE	CONDUCTED BY	PLACE
19.08.2014	Basic Life Support Training Programme	Ramesh Hospitals P Ltd.	St. Ann's Hospital, Vijayawada
01.04.2013	Telemedicine and Tele nursing	Chaithanya Medical Foundation	St. Ann's College of Nursing, Vijayawada

REFERENCES

1. **SR.FLORENCE**

Principal

St Ann's college of nursing

St Ann's hospital Vijayawada

Email: daisyaf6@gmail.com

Ph. no: +919849259003

2. **SR.SUGANDHY**

Administrator

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St Ann's hospital Vijayawada

Email : stannshospital@gmail.com

Ph no:+919963672833

DECLARATION

I, hereby declare that the given information is correct and complete to the best of my knowledge and belief.

Place : PALA

Date : 26.06.2018


JUBY SEBASTIAN