

# *CURRICULUM VITAE*

## **SONI VARGEES**

**Muthirakala Padinjattethil**

**Kodumon P.O**

**Pathanamthitta, Pin. 691555**

**Kerala, India**

**E Mail: sonisubin1@gmail.com**



**Contact No: + 91 8078013082**

**CV applied for: STAFF NURSE**

**PROFESSIONAL EXPERIENCE : Medical & Surgical ICU**

### **PERSONAL PROFILE**

Husband's Name	:	Subin Babu
Date of birth	:	30/01/1990
Gender	:	Female
Nationality	:	Indian
Religion	:	Christian
Marital Status	:	Married
Languages Known	:	English, Malayalam, Kannada, Hindi & Tamil

### **OBJECTIVE:**

To provide patient care, treat and diagnose patients to improve the knowledge also help the patient in speedy recovery.

### **EDUCATIONAL QUALIFICATION :**

- NURSING : INDIAN COLLEGE OF NURSING, BELLARY, KARNATAKA, INDIA**  
**COURSE OF STUDY: BACHELOR OF SCIENCE IN NURSING**  
**GRADUATION YEAR: 2011**  
**GPA: 70%**

2. **HIGHER SECONDARY** : GHSS, KALANJOOR, KERALA, INDIA

COURSE OF STUDY : PLUS TWO SCIENCE

PASSOUT YEAR : MARCH 2007

GPA : 68%

3. **SSLC** : IGMHS, MANJAKALA, KERALA, INDIA

PASSOUT YEAR : MARCH 2005

GPA : 85%

### **IELTS(sept.26)**

Listening : 5

Reading : 5

Writing : 6

Speaking : 6

Overall : 6

### **PROFESSIONAL REGISTRATION**

<b>Registration</b>	<b>Council</b>	<b>Register Number</b>	<b>Year</b>
<b>Registered Nurse and Midwife</b>	<b>Kerala Nurses and Midwives Council</b>	<b>KL 04201600751</b>	<b>05-02-2016 to 04-02-2021</b>

### **PROFESSIONAL EXPERIENCE DETAILS**

<b>Period</b>	<b>Institution</b>	<b>Designation</b>	<b>Department</b>
<b>23-11-2011 to 06-04-2017</b>	<b>SMT. R.B. Shah Mahavir Super Speciality Hospital, Gujarat</b>	<b>Staff Nurse</b>	<b>Medical and Surgical Ward</b>

**SUMMARY OF JOB DESCRIPTION AND RESPONSIBILITIES:** I had worked there from 23/11/2011 to 06/04/2017 as a staff nurse in medical surgical ward. From there I got an opportunity to give care to sick, injured and disable patients such as post-operative persons, kidney disease patients, liver disease patients and I got more knowledge about how to give effective nursing care, many procedures and also about infection control

measures. It was a very good experience. I got an opportunity to work and assist the senior nurses and doctors in the medical activities and from there I got an idea about how to work effectively. I participated in chemotherapy training program also.

#### **MY DUTIES AND RESPONSIBILITIES WERE;**

- Administered medications and injections as prescribed by the doctor.
- Administrated IV fluids and oxygen according to the patient requirement.
- Monitored vital signs and reported abnormal findings to the doctors.
- Collection of specimens including blood, urine, stool and send it for medical analysis to laboratory.
- Assisted doctors in rounds, during treatments and also in various procedures such as lumbar puncture, ascetic tapping, and CVL insertion.
- Complete assessment and collected history during the time of admission.
- Prepared the patient for various investigations like USG, ECHO, CT scan, X-ray, MRI, Endoscopy, Colonoscopy etc.
- Suctioning done in required cases and provided CPR in code blue situation.
- Provide psychological support to the patient and family members.
- Provide pre and post surgery assistances to all patients.
- Monitored and adjusted specialized equipment used on patients and interprets and records electronic displays.
- Provided bedside care for a wide variety of medical patients, including pre and post operative patients (lap chole case, gastrostomy, colostomy cases etc.)
- Female catheterization, chemotherapy, dressing, bedside care.
- Provided colostomy care, diabetic foot care, stumb care of amputated patient, chest tubes and drain site care and also dressing, suctioning.
- Intiated patient education plan as prescribed by physician. Given health education regarding how to manage illness injury by explaining post treatment home care needs.
- Responded to life saving situations based upon nursing standards and protocol.
- Recorded all care information accurately and completely in timely manner, in the appropriate format and on the appropriate forms.

#### **SKILLS**

- Communication with patients to know the problem.
- Assistance to doctors during treatment.
- Basic care and treatment to the patients suffering from injuries.
- Primary medication and treatment for the patients.

### **STRENGTHS**

- Honest
- Kind
- Humble
- Adaptable to move any situation.
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### **PASSPORT DETAILS**

Passport No. : **P 9540504**  
Date of issue : 05/05/2017  
Date of expiry : 04/05/2027  
Place of Issue : Trivandrum

### **REFERANCES**

1. Mrs. Sheela Thomas  
SMT R.B. Shah, Mahavir  
Super speciality Hospital  
Gujarat

### **DECLARATION**

I hereby declare that the above given information are true and correct to the best of my knowledge and belief.

Place : Adoor

Date :

**SONI VARGEES**