



## **RESUME**

**THOMAS M.**

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*TC 69/1250, IDP Colony*

*Cheriamuttom, Poonthura P O*

*Thiruvananthapuram*

*Kerala-695026*

➤ **CAREER OBJECTIVE**

To give a position as a registered nurse to utilize my skills and expertise in patient care.

➤ **PERSONAL DETAILS**

**AGE/SEX** : 30YRS /MALE

**NAME OF FATHER** : MARIADASAN

**PRESENT ADDRESS** : TC 69/1250, IDP COLONY  
CHERIAMUTTOM, POONTHURA P O  
THIRUVANANTHAPURAM  
KERALA-695026

**QUALIFICATION** : DIPLOMA IN NURSING

**DATE OF BIRTH** : 25/11/1987

**RELIGION** : CHRISTIAN/RCLC

**MARITAL STATUS** : SINGLE

**NATIONALITY** : INDIAN

**LANGUAGES KNOWN** : ENGLISH, HINDI, MALAYALAM, TAMIL, AND TELUGU.

**MOBILE** : +91-8089125315

➤ **PASSPORT DETAILS:**

Passport No : H 3699670  
Date of Issue : 01/06/2009  
Date of Expiry : 31/05/2019  
Place of Issue : TRIVANDRUM

➤ **EDUCATIONAL QUALIFICATION**

Examination	Year Of Passing	University	Percentage
SSLC	2003	Kerala State Board of Education	57
Higher Secondary	2006	Kerala Board of Higher Secondary	83

➤ **PROFESSIONAL QUALIFICATION**

Examination	Year Of Passing	University	Percentage
GNM	2009	Karnataka state diploma in nursing examination board, Karnataka	63

➤ **PROFESSIONAL REGISTRATION**

Registered with Karnataka nursing council on 16/11/2010 and bearing register number 141782.

➤ **WORKING EXPERIENCE**

- ❖ Sterling hospital Ahmedabad from 21<sup>st</sup> August 2010 to 27<sup>th</sup> sep 2012
- ❖ PHC Chemmaruthy kerala from 20<sup>th</sup> June 2014 to 10<sup>th</sup> may 2016
- ❖ Oman al Khair hospital ibri from 1<sup>st</sup> august 2016 to 08<sup>th</sup> July 2018
- ❖ Completed acls, bls.
- ❖ Passed Oman prometric with 69%.
- ❖ Completed Oman data flow and apostle attestation
- ❖ Completed IELTS 6.5 score in 2013.

➤ **CASES HANDLED IN EMERGENCY CARE UNIT**

- ❖ Patients with post CABG.
- ❖ Patients with accidental emergencies like Head injury, spinal injury & fractures.
- ❖ Patients in shock.
- ❖ Patients with burns & poisoning.
- ❖ Patients with severe hemorrhagic conditions like Epistaxis, GI track bleeding, etc
- ❖ Patients with cardiovascular like Myocardial infarction, LVF pts, Cardiac arrhythmias, various degrees of heart block, unstable angina, IHD & Supra ventricular tachycardia, RVF.
- ❖ Patients with post Angiography(CAG),Angioplasty(PTCA),Peripheral Angiography, TPI, PPI, etc.

- ❖ Patients with tracheostomy.
- ❖ Patients with Respiratory emergencies like respiratory acidosis and alkalosis, pulmonary Oedema, pulmonary embolism, aspiration pneumonia, ARDS, Asthmatic Attacks, Cor pulmonale, pulmonary Stenosis, etc.
- ❖ Patients with IPPB support like Bi-pap, C-pap, etc.
- ❖ Patients with Ventilator support.
- ❖ Patient with Deep vein thrombosis.
- ❖ Thrombolised patient.
- ❖ Pain and wound management.
- ❖ Patients with Cardiocath insertion.
- ❖ Patients with acute and chronic renal failure.
- ❖ Patient with diabetes and hypertensive crisis.

➤ **PROCEDURES PERFORMED**

- ❖ Cardio Pulmonary Resuscitation.
- ❖ Oxygen Administration & Continues monitoring of vital signs, taking ECG.
- ❖ IV Canulization & Perental infusions.
- ❖ Administration of Medications.
- ❖ Naso-Gastric tube insertion & feeding and urinary catheterization.
- ❖ Insertion of Airways, Suctioning, giving Physiotherapies and nebulization.
- ❖ Monitoring of Central Venous Pressure, Pulmonary Arterial Pressure, Arterial blood pressure, etc.
- ❖ Collection & Analysis of arterial blood (ABG).
- ❖ Providing comprehensive nursing care.
- ❖ Suture removal, Blood collection and Wound dressing.
- ❖ Extubation.

➤ **PROCEDURES ASSISTED**

- ❖ Endotracheal Intubation.
- ❖ Arterial line insertion, epidural catheterization, etc.
- ❖ Assisting for Tracheostomy, pleural tapping, Ascitic tapping, Lumbar Puncture, etc.
- ❖ Arterial line insertion, epidural Catheterization, etc.
- ❖ Assisting in suturing, plastering & Wound dressing.
- ❖ Assisting in Tripple Luman Jugular & Subclavian Insertion.
- ❖ Assisting in pacing & IABP.
- ❖ Assisting ICD insertion.

➤ **EQUIPEMENTS HANDLED**

Sphygmomanometer, Stethescopy, Thermometer, Cardiac Monitor, Ambu Bag, Infusion pump, Ventilators, Laryngoscope, Glucometer, Pulse Oxymeter, Suction machine, Oxygen Cylinders, Syringe Pump, Nelson's Inhalers, Defibrillators, ECG Machine, Spiro Meters, Crash Trolley (including CPR machine).

➤ **DUTIES & RESPONSIBILITIES**

- ❖ Immediate Management of Patients with life threatening conditions.
- ❖ Ensure the Maintenance and accessibility of various drugs & equipments used in emergencies.
- ❖ Maintain good rapport with patients and all health team members.
- ❖ Transferring patients to other departments.
- ❖ Co-ordination of Nursing Activities.
- ❖ Provide psychological support to minimize anxiety.
- ❖ Maintain cleanliness & order lines of the units.
- ❖ Monitoring intake & output.
- ❖ Maintain records & reports.
- ❖ Death care of the patient.

➤ **REFERENCE**

Mrs. Minal J Shah  
Nursing Matron  
Sterling Hospital  
Ahmadabad  
Ph.9924449860.7940011111

Dr. Anwarabbas  
Medical officer  
Chemmaruthy  
Panayara, varkala  
Ph.9447340451

**DECLARATION**

The above mentioned information are true and correct to the best of my knowledge and belief.

Place: Poonthura

Yours Faithfully

Date: 17-07-2018

**THOMAS M.**