

## **Abhinand Asok.**

Thiruvananthapuram,  
Kerala – 695101

**Email:** [abhinandat@gmail.com](mailto:abhinandat@gmail.com)

**Mob:** 9745344122



---

### **CAREER OBJECTIVE:**

To utilize the best of my abilities in the all fields for the betterment of the company's growth which would boost up my career and simultaneously contribute towards the achievement of organizational goals in the best possible way.

### **PROFILE SUMMARY:**

- ✓ One year of experience as HSE Officer.
- ✓ Strong analytical and planning skills, combined with the ability to coordinate the *efforts* of many to meet organizational goals.
- ✓ Ability to work independently with less supervision as well as in team environment

### **WORK EXPERIENCE:**

- ✓ HSE Officer Trainee at M.C.K Kutty Erectors Pvt Ltd. from November 2016 to November 2017.

### **ACADEMIC QUALIFICATIONS:**

- ✓ Certified course in NEBOSH IGC (HSE).
- ✓ Certified course in IOSH (HSE).
- ✓ **2016: B.A (English Language and Literature)**  
Kerala University, Trivandrum, Kerala, India.)  
Second Class
- ✓ **2013: Higher Secondary (Kerala State)**  
(Govt. Boys Higher Secondary School, Attingal, Trivandrum, Kerala.)  
Distinction (80.00%)
- ✓ **2011 : SSLC ( Board for Public Examination, Kerala)**  
(Navabharath Higher Secondary School, Trivandrum, Kerala.  
  
First Class (76.00%)

## **ADDITIONAL QUALIFICATIONS:**

- ✓ Medic First Aid

## **STRENGTH:**

- ✓ Self-motivated & hard working
- ✓ Team building & leadership skills
- ✓ Excellent communication and interpersonal skills
- ✓ Quick learner and ability to adapt to new challenges.

## **PERSONAL DETAILS:**

Name : Abhinand Asok.  
Date of Birth : 07-June-1995.  
Marital Status : Single.  
Nationality : Indian.  
Languages : English, Malayalam, Tamil and  
Known Hindi.  
Email : abhinandat1@gmail.com  
Contact Number : (+91)9745344122  
Passport Number : M2435578  
Date of Issue : 29/09/2014  
Date of Expiry : 28/09/2024

## **DECLARATION:**

I hereby declare that the information furnished above is true to the best of my knowledge and if given an opportunity I will sincerely meet your expectation.

Place: Trivandrum

**Abhinand Asok**