



## **CURRICULUM VITAE**

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### **OBJECTIVE**

To work in an organization which provides encouraging environment to the culture as well as enhance my skills.

### **PERSONAL DETAILS:**

<b>Title:</b>	Ms
<b>Name:</b>	Movitha P.M
<b>Father's Name:</b>	Mohanan P.R
<b>Date of Birth:</b>	19/03/1994
<b>Gender:</b>	Female
<b>Marital Status:</b>	Single
<b>Nationality:</b>	Indian
<b>Religion &amp; Caste:</b>	Hindu, Vishwakarma
<b>Permanent Address:</b>	Pachikkal (H), Kappumthala (po), Muttuchira ,Kottayam (dist),kerala . pin; 686613.
<b>Contact Telephone Number:</b>	9747297473
<b>E-mail:</b>	Movithamohanan94@gmail.com

**TOTAL YEARS OF EXPERIENCE**

**1 Year 5 Months**

**PROFESSIONAL QUALIFICATION:**

Qualification	School/College	University	Year	Remarks
BSC NURSING	SHREE DEVI COLLEGE OF NURSING ,MANGALORE	RAJIV GANDHI UNIVERSITY OF HEALTH AND SCIENCE	2012 -2016	Second Class

**ACADEMIC QUALIFICATION:**

Qualification	School/College	University	Year	Remark
S.S.L.C	ST.john`s high school Kanjirathanam.	Kerala Board Of Secondary School	2010	74%
PLUS TWO	Vishwabharathi S.N.H.S.S Neezhoo	Kerala Board Of Higher Secondary School	2012	70%

**LICENSE DETAILS:**

Qualification	Address of Licensing Body	Registration Date	License/Reg Number
BSC Nursing	Karnataka State Nusing Council	16/02/2017	079829

## **EMPLOYMENT AND EXPERIENCE DETAILS**

<b>Name of Institute</b>	<b>Position Held</b>	<b>Duration</b>	<b>Areas worked</b>
<b>MAX Super Speciality Hospital, W – 3, Sector – 1, Vaishali, Ghaziabad, NCR, Uttar Pradesh – 201012</b>	<b>Staff Nurse</b>	<b>1/4/2017 to 12/9/2018</b>	<b>Working as a Staff Nurse in Emergency department (280 Bedded Multi Specialty NABH Accredited Hospital with all modern facilities)</b>

## **DUTIES AND RESPONSIBILITIES**

- Monitoring vital signs
- Administration of medicine and IV infusion
- Application of intravenous cannula and blood transfusion
- Collection of specimen
- Catheterization, Gastric Lavage, Bowel Wash, Bladder wash
- ECG Monitoring
- Continues bedside monitoring of patient with the help of cardiac monitor.
- Preparing and Assisting procedures like Lumbar Puncture, Bone marrow aspiration, central venous catheterisation, tracheostomy, intubation and extubation
- Nebulization, Steam inhalation, Chest Physiotherapy, Oral Nasal and Endotracheal Suctioning
- Preparation of patient for X-ray, CT scan, MRI, USG, Endoscopy, NCV
- Pre and post operative Nursing care
- Ryles tube insertion and Jejunostomy feeding

- Care of patient with Ventilator
- Cardiopulmonary Resuscitation
- Health Education and providing Psychological support to Patient.
- Death care
- Orientation programme.
- Record keeping
- Proper handing over the patient to the next staff.
- Wound dressing and suture and suture removal.
- Care of tracheotomy patients.

### **EQUIPMENTS USED**

- Pulse Oxymeter
- ECG Monitor, Cardiac Monitors
- Glucometer
- Suction apparatus, oxygen cylinder.
- Nebulizer, Steam Inhaler
- Ventilator , BIPAP, Ambu Bag
- E C G Machine, Defibrillator, weighing machine.
- Haemodialysis machine
- Syringe Pump, Infusion Pump
- ABG Machine
- Stethoscope, Laryngoscope
- Computer, remote bed
- Water Bed, Alpha Bed, pressure bag

- CVP monitor, DVT Pump

## **ASSISTED IN AND EXPERIENCE IN CARE**

- Arterial line insertion
- Lumbar puncture.
- Pleural Tapping.
- Catheterization
- Tracheostomy
- Perform CPR.
- Bronchoscopy and Thoracoscopy
- Insertion of chest tube
- EEG, USG scanning, MRI, CT scanning,& X ray.
- Intubations and extubations
- Post-operative part preparation.
- Bone marrow aspiration.
- Physiotherapy
- Thrombolization
- Peripheral line insertion
- Administration of narcotics and high alert medications
- Insertion of central line.
- Peritoneal Dialysis

## **LANGUAGES KNOWN:**

- English, Hindi, Malayalam

## **COMPUTER LITERACY**

- INTERNET SURFING & E-MAIL OPERATIONS.
- MEDTRACK
- INFINITY
- MAX HIS

## **HOBBIES:**

- Reading books
- Computers and internet,
- Listening to music and watching TV.

## **REFERENCES**

<b>Dr.Dheeraj Bhaskaran Nair</b> <b>H.O.D of Emergency</b> <b>Department</b> <b>Max super speciality</b> <b>Hospital;W 3,</b> <b>Sector 1, Vaishali,</b> <b>Ghaziabad, U.P</b> <b>PIN- 201012</b>  <b>PH:- 0120417 3054</b>  <b>0120417 3055</b>	<b>Mrs .Rosamma Paul</b> <b>Chief Nursing Officer</b> <b>Max super speciality Hospital;</b> <b>W 3, Sector 1,Vaishali,</b> <b>Ghaziabad, U.P</b> <b>PIN – 201301,India</b> <b>PH:- +919810905724</b>
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## **DECLARATION**

**I hereby declare that above mentioned details by me are true to the best of my knowledge.**

**(Movitha P.M)**