

CURRICULUM VITAE

NAME : Mrs. Anila Rajesh
SEX : FEMALE
AGE & DATE OF BIRTH : 31 YRS, 20-03-1987
NATIONALITY : INDIAN
RELIGION : HINDU
MARITAL STATUS : MARRIED
LANGUAGES SPOKEN : ENGLISH, MALAYALAM, HINDI, ARABIC, TAMIL
PERMANENT ADDRESS : KATTETHUCHIRAYIL, THEKKUMBHAGAM
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PROFESSIONAL QUALIFICATION:

DIPLOMA IN GENERAL NURSING FROM KERALA NURSING COUNCIL IN INDIA AT 2008 JUNE FROM ERNAKULAM MEDICAL CENTRE SCHOOL OF NURSING.

EDUCATIONAL QUALIFICATION

- PLUS TWO (2002 – 2004) (Board of Public Examination, Kerala)
- SSLC (2002) (Board of Public Examination, Kerala)

PROFESSIONAL REGISTRTRTION

1. Registered under Indian Nursing Council in the State of New Delhi
2. Registered under Kerala Nursing Council , in the State of Kerala
3. Registered under Delhi Nursing Council in the State of Delhi
4. Registered under Saudi Nursing Council in KSA

TOTAL EXPERIENCE: 10 Years

- 6 Years & 10months experience in New Al-Jeddaani Hospital, Jeddah , Kingdom of saudhi Arabia Dept: Surgery Department (General Surgery,Ortho ,ENT, Neurosurgery)
- 2 Year experience as a registered staff nurse at MAX Hospital, New Delhi, Saket (550 + bedded private hospital) Dept-(General surgery ,ENT)
- 4 months experience in Chandiwala Institute of Medical Science in NICU
- 1 year experience in Ernakulam Medical Centre in Medical Surgical Ward (350 bedded)

ROUTINE FUNCTIONS

FOLLOWING NURSING PROCESS IN ASSESSING NURSING DIAGNOSIS, PLANNING, IMPLEMENTATION AND EVALUATION:

- Assessing the client
- Checking vital signs & collecting present complaints
- Allay the anxiety of the client by proper explanations
- Making the client comfortable and Carrying out orders promptly
- Making admissions & discharges of clients
- Preparation of unit for the client
- Maintain all the emergency equipments & medicines
- Performing 12 lead ECG
- Emergency client care: Assessing condition, vital signs monitoring, cardiac monitoring as possible, administering emergency medications, administration of oxygen, assisting and performing CPR etc.
- Collecting personal, medical and family history of the client.

- IV canalization & blood sampling.
- Assisting and performing defibrillation in emergency
- Calculation and administration of medicines, injections
- Cleaning & dressings of wounds, stitch removal etc
- Assist doctors in various procedures
- Teach & guide the juniors, nursing assistants & other auxiliary personnel
- Co-ordinate the team
- Maintain good and healthy interpersonal relationship with all members of the health team
- Maintaining records and reports
- Preparation and maintenance of Crash cart
- Maintaining syringe pump and infusion pump
- IV preparation, IV cannulation, administration of IV fluids, care of IV sites etc.
- Assisting and performing dressing (eg. Bedsore and surgical wounds)
- Care of the client with closed chest drainage tubes.
- Maintaining asepsis throughout all the procedures
- Care of narcotics and other costly medications
- Admission, discharge and transfer of the client.
- Proper biomedical waste management.
- Proper disinfection of contaminated articles and utensils.
- Preparation of client for various investigation like C T Scan, MRI , Ultrasonography, PFT, Bronchoscopy, Chest X – ray etc
- Assisting the client and significant others to obtain knowledge regarding the disease process and self care through utilization of proper resources.
- Maintaining good interpersonal relationship with clients, caretakers, co-workers superior etc.
- Formal and informal health education of the client and family using various methods.
- Pre operative preparations and Post operative care.

EMERGENCY PATIENT CARE

- **Attending and assisting for emergency codes**
- Post operative care immediately after operation.
- Defibrillation, Endoscopy
- Unconscious patient – check ABC
- Performing CPR
- Maintaining airway by suctioning
- Cardiac monitoring
- Monitoring using Glasgow coma scale
- Nasogastric intubations
- Giving gastric lavage
- Arresting the bleeding with pressure bandage.

References

1. Sis. Kannan Krishnaveni Nursing Director, New Al-Jeddani Hospital, Gulail, KSA
2. Mrs. Susamma Pappachan , Nursing Superintendent, Ernakulam Medical Centre, Kerala

My Philosophy towards service and life

I consider myself is an extrovert. My patients are my best teachers I have ever had off the job; I invest a good amount of time in educating myself through books. I am hard working and professional who believes strongly in medical ethics and practice nursing as a divine job.

Place : Kochi

Mrs. Anila Rajesh

Date :