

CURRICULUM VITAE

PERSONAL PROFILES

Name : **CIJIL THOMAS**

Permanent Address : Mannusseril House
Mannanam P.O
Kottayam
Kerala-686561
India

Contact No : +919891253723

Email Id : cijilthomas123@gmail.com

Age : 25 years

Date of Birth : 07/05/1993

Sex : Female

Name of Father
: Thomas Varkey

Nationality : Indian

Religion, Caste : Christian,
Roman Catholic Syrian Christian

Marital Status : Single

Languages Known : English, Malayalam, Hindi



CAREER OBJECTIVE

Seeking a challenging position in an organization where I can utilize my skill and enhance my knowledge and experience to add value and grow with the organization.

EDUCATION DETAILS:

Course/Degree	University/Board	Institution	Year of Passing	Percentage
BSc Nursing	Mahatma Gandhi University	School Of Medical Education, Kottayam	26 th September 2015	63%
12 th	HSC Kerala	St. Ephrems HSS Mannanam	March 2011	84%
10 th	SSLC Kerala	St.Marys GHS Athirampuzha	March 2009	88%

MEDIUM OF INSTRUCTION:

Primary School Level	English
Secondary and Higher Secondary School Level	English
College Level	English

EMPLOYMENT AND EXPERIENCE DETAILS:

Name of Institute	Position Held	Duration	Areas worked
INDRAPRASTHA APOLLO HOSPITALS,NEW DELHI	REGISTERED NURSE	FROM 25-th MAY 2016 6-th JANUARY2018	MEDICAL, SURGICAL, ONCOLOGY WARD

PASSPORT DETAILS:

Passport Number	Nationality	Date of Issue	Date of Expiry	Place of Issue
P0095859	INDIAN	19/04/2016	18/04/2026	COCHIN

DUTIES AND RESPONSIBILITIES:

- ❖ Monitoring Vital Signs
- ❖ Collection of Samples
- ❖ Implement and evaluate Nursing Care
- ❖ IV Canalization
- ❖ Maintain Personal Hygiene and Comfort of the Patient
- ❖ Attends to the Nutritional Needs of the Patient
- ❖ Maintain Clean and Safe Environment for the Patient
- ❖ Co-ordinate Patient Case with various Health Team Members
- ❖ Collection and Correction of ABG
- ❖ Assist the Doctors for All Invasive and Noninvasive Procedures
- ❖ Recording and Reporting
- ❖ Health Education to the Patient
- ❖ Attending Doctors Rounds
- ❖ Nursing Documentation and Waste Disposal
- ❖ Preparation of the patient for invasive procedures
- ❖ Dressing of Major and Minor Wounds
- ❖ Help Doctors in Diagnosis and Treatment
- ❖ Initiate CPR during Cardiopulmonary Arrest
- ❖ Operate Defibrillator as Needed
- ❖ NGT and Urinary Tube Insertion
- ❖ Working knowledge in blood transfusion
- ❖ Care of the client with chemotherapy drugs
- ❖ Observe Infection Control Policy and Procedures
- ❖ Routine Inventory of Narcotic Drugs and Crash Cart Trolley
- ❖ Maintain Input and Output Chart
- ❖ Proper maintenance of client records.
- ❖ Provide psychological support.
- ❖ Health education about follow up care.
- ❖ E.C.G recording and monitoring.

- ❖ Assisting for L.P
- ❖ Pre & post-operative care of patient undergoing various type of surgeries.
- ❖ Arterial blood collection for blood gas analysis

PERSONAL SKILLS

- ❖ Good communication skills
- ❖ Team working mentality
- ❖ Fast learner
- ❖ Good coordination
- ❖ Self confidence
- ❖ Obedient
- ❖ Good patient care
- ❖ Flexible and adaptable
- ❖ Positive attitude

COMPUTER BASED TEST

Computer based test cleared on 9 February 2018.

OET result is being awaited

REFERENCE

1. Mrs;Ligi Joseph
Chare Nurse
Indraprastha Apollo Hospital
New Delhi

- 2 Mrs; Blessy Simon
Charge Nurse
Indraprastha Apollo Hospital
New Delhi

DECLARATION

I hereby declare that all above particulars are true and correct to the best of my knowledge and belief.

Place: Kottayam

Date:4/9/2018

Cijil Thomas