

## AJISHA P.S

Panamkunnel House

Pooyamkutty P.O

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### CAREER OBJECTIVE

To get a challenging position in a hospital where my profound medical professional and practical experience will be fully utilized.

### CAREER SUMMARY

- A patient oriented and caring professional with excellent patience and remarkable organizing skills possesses 3 years experience as a Nurse.
- Proved loyalty and knowledge of medical ethics.
- Proven record of reliability and responsibility.
- Possess special sensitivity to meeting different needs in varied situations.
- Establish contacts with patients, family, staff and physicians.

### PERSONEL QUALITIES

- Ability to work in pressure situations.
- Remain calm and professional throughout critical incidents.
- Excellent in communication skills in written and verbal both.
- Resourceful problem solver capable of implementing solutions to complex problems.

### EDUCATIONAL BACKGROUND

Qualification	Board/University	Year	Percentage
Basic B.S.C Nursing	Rajiv Gandhi University of Health and Science	2014	64.00%
Plus Two (Science)	Board of Higher secondary Examination	2010	73.00%
S.S.L.C	Board of Public Examination	2008	75.00%

## **WORK EXPERIENCE**

2016 – 2018 **Seven Hills Hospitals , Marol Maroshi Road , Mumbai**

Job Details : Staff Nurse

Working Area : Medical Surgical Ward

2015 – 2016 **S.N Medical Mission Hospital,Rajakkad P.O , Rajakkad, Idukki, Kerala**

Job Details : Staff Nurse

Working Area : Medical Surgical Ward

### **DUTIES AND RESPONSIBILITIES HANDLED**

- Assessing, planning , implementing and education of nursing intervention using nursing process.
- Provide comprehensive patient care as per the hospital standard.
- Proper assurance to the patients to their outmost satisfaction in the nursing care rendered.
- Taking inventory.
- Taking part in ward meetings and giving lecturers of specific topics at ward level.
- Checking all emergency drugs and initiate emergency measures within prescribed limits.
- Assist the doctors while examining the patients.
- Checking patients records and maintaining census.
- Administration of medication as per doctor's orders.
- Initiating and maintaining IV lines and infusion pumps.
- Carry out discharge procedures according to hospital policy.

### **CASES COME ACROSS**

- Pre and post operative care of patients (cardiac, ortho, nephro, Neuro)
- Congenital cardiac disorders (ASD, VSD, TOF)
- CABG, CAG
- Portal hypertension Seizures
- Care of Patients with diabetes
- Ca buccal mucosa

### **PROCEDURES DONE**

- Admission and discharge procedure.
- Proper hand washing before and after any procedure.

- Monitor vital signs.
  - Temperature
  - Pulse
  - Respiration
  - Blood pressure
- Care and cleaning of patients unit.
- Provide basic nursing care.
  - Care of eyes
  - Sponge wash
  - Back care
- General physical examination.
- Recording and reporting complication at the right time.
- Collection of specimen – Blood, Sputum, Urine, Stool.
- Care and sterilization of articles.
- Proper use of control devices and provide comfortable positions to patients.
- Feeding helpless patients.
- Nasogastric tube insertion and feeding.
- Ryles tube aspiration.
- Maintaining intake and output chart.
- Administration of enemas and suppositories.
- Bowel and bladder irrigation.
- Hot and cold application
- Assist the doctor in performing diagnostic and therapeutic procedures like defibrillation, Insertion of Central line, abdominal tapping blood collections, lumbar puncture, bone marrow aspiration, endotracheal intubation and extubation, tracheostomy.
- Prepare the patients for the procedures like X-ray, ECG, Barium Meal, IV Pyelogram, CT scan and USG as Ordered.
- Administrations of medications as ordered.
- Eye, ear and nasal instillations.
- Parenteral administration of medicine.
  - Hypodermic injection
  - Intra dermal injection
  - Intra muscular injection
  - Intra venous injection

- I V Cannulation.
- Administration of IV fluids.
- Blood transfusion.
- Suctioning both oropharyngeal and endotracheal secretions.
- Urinary catheterization.
- Care of patient with indwelling catheter.
- Steam inhalation.
- Nebulization.
- Administration of oxygen by nasal catheter and mask
- Cardio pulmonary resuscitation.
- Ambu inhalation.
- ECG monitoring.
- Care of terminally ill.
- Giving death care.
- Providing health care and follow up care to the patients.

### **EQUIPMENT USED**

Cardiac monitor	Pulse oxymeter	B P apparatus
Stethoscope	Thermometer	Oxygen cylinder
Air way	Endotracheal tube	Laryngoscope
Portable suction machine	Knee hammer	Ambu bag
Infusion pump	Syringe pump	ECG machine
Nebulizer	Steam inhaler	Nasogastric tube
Indwelling catheter	Glucometer	Knee hammer
Pulse oxymeter	B P apparatus	Stethoscope
Thermometer	Oxygen cylinder	Air way
Ambu bag	Endotracheal tube	Laryngoscope
Resuscitation equipments	Infusion pump	Syringe pump
ECG machine	Nebulizer	Steam inhaler
Nasogastric tube	Indwelling catheter	Glucometer
Resuscitation equipments		

### **TECHNICAL EXPERIENCE**

- Proficient in basic use of computer.
- Proficient in all apparatus and equipment of ward.

## ACHIEVEMENTS

- Provide excellent support in operation theater.
- Patient care upto 15 patients per section.
- Receive many appreciations and awards for excellent work

## PERSONAL DETAILS

- Father's Name : Saji P.K
- Permanent Address : Panamkunnel House  
Pooyamkutty P.O  
Manikandamchal  
Pin : 686 681  
Dist: Ernakulam
- Date of Birth : 28<sup>th</sup> Octoberber 1993
- Marital Status : Single
- Nationality : Indian
- Language Known : English ( Read, Write, Speak )  
Malayalam ( Read, Write, Speak )  
Hindi ( Read, Write, Speak )  
Kannada ( Speak )  
Tamil ( Speak )

## DECLARATION

I hereby declare that all the information mentioned above is true to my knowledge and I bear the responsibility for the above mentioned particulars.

Place: Pooyamkutty

Date:

Ajisha P.S