# JISHA THOMAS

### **CLINICAL PHARMACIST**

To pursue a challenging career that can provide good exposure to expand knowledge in order to become a competent professional.



### Adoor, Pathanamthitta, India meliz8tgm@gmail.com

- +919400627717
- in /meliz8tgm
- İ 8th August, 1994

# ORGANIZATION

### INTERNSHIP AUG 2017 - AUG 2018

Amrita Institute of Medical Sciences & Research Centre, Kochi



### ◆Doctor of Pharmacy (Pharm D)

Amrita School of Pharmacy, Kochi 08/2012 – 08/2018 Secured 69% marks

### 🗢 12th

Kristu Jyoti Higher Secondary School, Changanassery 08/2010 - 03/2012

### Secured 89% marks

### 🗢 10th

Holy Angels' Higher Secondary School, Adoor 06/2009 – 03/2010

### Secured 96.6% marks

EXPERTISE

- Medication history interview
- Identifying drug related problems
- Reporting Adverse Drug Reactions
- Patient medication counselling
- Rectifying medication errors
- Answering drug information queries

SKILLS

### TECHNICAL SKILLS

- Expertise in various areas like Clinical Pharmacy, Pharmacotherapy, Pharmacokinetics/dynamics, Pharmacovigilance, Clinical Research
- Good knowledge in operating softwares like SPSS statistical Analysis Software, MS Office tools like MS Word, Powerpoint, Excel etc.

### PERSONAL SKILLS

- Good communication skill- listening as well as speaking
- Efficient time management skills
- Good interpersonal relationship with fellow workers
- Good problem solving skills and ability to overcome difficult situations

## CLINICAL EXPOSURE

- Routine clinical postings in various departments such as Cardiology, Oncology, Dermatology, Medical ICU, Gynecology, General Medicine, General Surgery and Gastroenterology.
- Patient counselling at Patient Medication Counselling Centre, Amrita Institute of Medical Sciences, Kochi.
- Medical camps organized by Amrita Institute of Medical Sciences at various locations in Kerala.
- Community pharmacy posting at Vallikavu.

# **CONFERENCES/ SEMINARS/WORKSHOPS ATTENDED**

- National seminar on Stem Cells and Nutraceutical NICHE in Pharmaceutical Sciences at St. Joseph's College of Pharmacy, Cherthala on 20th February 2014.
- National Conference on "Infectious diseases-a medicinal chemistry perspective" (Amrita pharmaceutical conference 2014) at Amrita of School of Pharmacy, Kochi on 29th and 30th of August 2014
- International Conference on "Evolving Role of Clinical Pharmacist in Multidisciplinary Healthcare Settings" organized by Dept. of Pharmacy Practice, Manipal College of Pharmaceutical Sciences (CPCON-2016) held on 8th and 9th of January 2016
- One day international seminar on the topics "Advancing pharmacy practice, education and • National Conference on Challenge in Drug research impact on health care" and "Alzheimer's" a clinical outlook organized by Dept. of Pharmaceutical Sciences, Mahatma Gandhi University Regional Institute of Medical sciences and Research on 12th January 2016.

# PUBLICATIONS UNDER REVIEW

- Assessment of Time in Therapeutic Range in patients receiving vitamin K antagonists and its safety profile in a tertiary care hospital-Research work
- Uncommon side effect of a common drug; An interesting case of Sodium valproate related pancytopenia- Case report

### LANGUAGES

English Malayalam Hindi Tamil

- National Seminar on Toxicology at Pushpagiri College of Pharmacy held on 12th march 2016.
- Indian Congress of Pharmacy Practice- 2016 & 2nd and 3rd April, 2016 at Hotel Le Meridien. Coimbatore, India.
- One day national seminar on the topic "Challenges in implementing clinical pharmacy services and research in India" at St. Joseph's College of Pharmacy, cherthala on 8th December 2016.
- Hands- on workshop on SPSS software.
- IRACON 2016, Preconference on the topic "Rheumatology in a Nutshell" on November 2016, at Bolgatty Palace, Kochi, Kerala.
- Research Day at Amrita School of Pharmacy 2017
- Delivery Research, held at Amrita School of Pharmacy 2013.
- National Conference on Infectious Diseases- A Medicinal Chemistry Perspective, held at Amrita School of Pharmacy 2014.

# AREAS OF INTEREST

- Clinical Pharmacy services
- Pharmacovigilance
- Pharmacokinetics
- Clinical Research
- Pharmacoeconomics

### INTERESTS

