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| **AMALA BENCY**  D/O BENCY MON P J  PUTHUKKATTU (H)  EZHUPUNNA P O, Alapuzha  Kerala – 688537  **Mob: +918606014199**  **Email: amalabency@gmail.com** |  |

***Position Applied For***

Optometrist

***Career Objective***

An appropriate position to utilize my abilities and skills in the progressive health care organization that offers professional and personal growth while being resourceful and flexible.

***Experience Summary***

* I have done six months internship in **NARAYANA NETRALAYA,BANGLORE**
* I have done six months internship in **Ahalia foundation Eye Hospital, Palakkad**.

***Education Summary***

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| --- | --- | --- | --- | --- |
| **QUALIFICATION** | **SCHOOL/COLLEGE** | **BOARD/UNIVERSITY** | **YEAR OF PASSING** | **PERCENTAGE** |
| Bachelor of Optometry | School of Allied Health Sciences | Manipal Academy of Higher Education | 2018 | 7.0(GPA) |
| Higher Secondary | T.D Higher Secondary School | Kerala Board of Higher Secondary Education | 2014 | 75% |
| SSLC | Santa cruz public school | Central Board of Secondary Education | 2012 | 8.0(GPA) |

***Clinical Rotations***

# Refraction Clinic

# Cornea Clinic

# Contact Lens Clinic

# Retina Clinic

# Glaucoma Clinic

# Paediatric Ophthalmology

# Optical surfacing, Fitting and Dispensing

# Optical shop

# Operation Theatre

# Community Ophthalmology and School Screening Programmes

* Low Vision

***Practical Skills***

* Streak Retinoscopy
* Tonometry (NCT and Goldmann Applanation)
* Biometry (Keratometry and A scan)
* Perimetry (HFA)
* Auto Refractometry
* Lensometry
* Pachymetry
* Corneal Topography
* Fundus Flurorecein Angiography
* Fundus Photography
* Optic Coherence Tomography
* Specular Microscopy
* Contact Lens Management
* Low Vision Aids and Spectacles

***ACADEMIC PROJECTS***

**UG project:**

A pilot study to find out the ocular surface changes by using oxford corneal grading system in beedi workers in south Karnataka.

***Camps Attended***

* Attended more than 50 camps and school screening programs.

***Personal Information.***

DOB : 07/02/1996

AGE : 22

SEX : FEMALE

FATHER’S NAME : BENCY MON PJ

MOTHER’S NAME : SHIJI BENCY

NATIONALITY : INDIAN

MARITAL STATUS : SINGLE

RELIGION : CHRISTIAN

LANGUAGE : ENGLISH, MALAYALAM, KANNADA, TAMIL ,HINDI

***PERSONAL SKILLS/STRENGTH***

# Positive Thinking

# Leadership Quality

# Self Confidence

# Good communication skill

# Adjustable

# Interest in learning

***Declaration***

I hereby declare that the above mentioned particulars are true to the best of my knowledge and I bear the responsibility of the above mentioned particulars.

Yours faithfully

**AMALA BENCY**