CURRICULUM VITAE

LINISH LAZAR S/O LAZAR C.V CHERUPULLY HOUSE FR.JEROME ROAD VADUTHALA P.O ERANAKULAM-682023 KERALA

Email: linishlazar1988@gmail.com



Objective Job Summary

Self motivated, dynamic and zealous candidate who always trust in hard work, wishes to work as a dedicated nurse in a challenging environment where I can express my views and effectively contribute towards institutional and professional growth.

Educational Qualifications

Secondary Education (2004)
 Board of Public Examination, kerala (state), India.

 Higher Secondary (2004-2006) : High Secondary Examination Board Kerala (State), India.

Professional Qualification

☐ Diploma In General Nursing And Midwifery, Nitte usha institute of nursing sciences ..Mangalore, Karnataka. (2006-2010)

Membership And Registrations

- Member Karnataka State Nursing Council...
- Member of INC Indian Nursing Council.
- Member of Delhi Nursing Council.
- American Heart Association ACLS & BLS Provider (FEB 2018 onwards)

Spcialized Knowledge

☐ Best Practice and knowledge Of Infection control, BMW,ISO1400-1800 & N.A.B.H. (From: *Max Super Specialty Hospital*, New Delhi)

PROFESSIONAL EXPERIENCE: 7 <u>Year & 4Months</u> (Emergency dept.& Ambulance service)

Previous Experience:

- Worked as a Staff Nurse in K.S Hegde Medical College Mangalore Karnataka (6 month internship).
- Worked as a Ambulance Nurse in Goodmans Rescue Ambulance Service, Greater Kailash, New Delhi, from 10/05/2010 to 05/10/2010 (5 months).
- Worked as a Staff Nurse in Ojjus Medicare Hospital, Noida Sec-40, U.P, from 12/10/2010 to 08/02/2013. (2year 4month)

Presently working: As a Team Leader in emergency department in *Max*Super Speciality Hospital, patparganj, Delhi -92, From FEBRUARY 18th 2013 to till date.

MACHINES AND EQUIPMENTS USED

- Ventilators.
- Defibrillator.
- Bipap
- · Cardiac Monitor.
- Syringe Pumps.
- Suction Apparatus.
- Glucometer.
- Pulse Oximeter.
- ECG Machine.
- · Nebulizer & ABG Machine.
- SOB Profile Machine

PROCEDUERS ASSISTED

- · Endotracheal Intubations.
- Trachostomy.
- · Cardiac Pulmonary Resuscitation.
- Cardio Version.
- Defibrillation.
- All types of Minor and Major Dressing.
- Establishments of CVP Line & Arterial Line.
- · Lumber puncture, Bone Marrow aspiration.

Other strengths

- Comfortable with software system & internet.
- Good communication skills.
- Leadership quality.

- Can prepare for any related lecture with power point presentation and with other audio- visual aids.
- Good knowledge about OJT'S, Nursing SOP'S, I.S.O Auditing & N.A.B.H Auditing.

Job Responsibilities

- Emergency patient care
- Maintaining patent airway
- Assisting and performing CPR.
- Resuscitating during cardiac and respiratory arrest.
- Using defibrillator when required
- Assisting in Endo-Tracheal Intubation
- Maintaining patent airway- Performing tracheal, oral and nasal suctioning as required.
- Care of the patient on ventilator.
- Setting the ventilator parameter under the guidance or supervision of doctors according to the patient's respiratory status and constant monitoring of the patient.
- Monitoring fluid electrolyte balance- intravenous canulization, administering intravenous fluids, monitoring and maintaining adequate record intake and output, sending blood samples for investigation and evaluating the values.
- Analyzing arterial blood gas report for PO₂, saturation of O₂, Hb, HCO₃, BUN, electrolytes and creatinine.
- Intra arterial pressure and CVP monitoring through the transducers lines and manually respectively.
- Pressure monitoring using NIBP connected to beside monitors or transport monitors.
- Adequate chest physiotherapy to mobilize the secretions. Two hourly change of positions.
- Giving steam inhalation, mobilization, administering oxygen.
- Monitoring blood glucose values- Beside blood glucose and urine sugars ketone are monitored with dextrostrip and with use of glucometer.

- Recording weight of the patient.
- Hourly maintaining chart for vitals central venous pressure or intra arterial pressure, intake and output as required.
- Administering drugs-oral, sublingual, intravenous, intradermal, subcutaneous, intramuscular administering drugs and fluids via infusion pumps and through retention enemas.
- Preparing patient for endoscopy, sigmoidoscopy, colonoscopy, bowel cleaning and keeping nil per oral.
- Handling patient in hepatic encephalopathy and hyperkalemia by giving bowel wash, retention enema, giving dextrose concentration with insulin plain, calcium gluconate.
- Care of dangerous drugs and maintenance of records.
- Admission, discharge and transfer of patient.
- Meeting nutritional and elimination needs.
- Inserting nasogastric tube.
- Giving naso- gastric feed
- Administration of enema and suppositories.
- Urinary catheterization.
- Bladder training by periodic clamping and relaxing.
- Giving bladder wash for catheterized patient and also catheter care
- Providing diet according to the need and disease of the patient.
- Managed patients with convulsions.
- Assessing physical, psychological needs of the patients, collection of personal social medical and general data by interviewing formally and informally during various nurse client interactions, observations, review of records, diagnostic tests etc.
- Sample collection etc samples to lab for various investigation and handling blood products and managing sensitivity reactions.

- Monitor vital signs of the client.
- Meeting hygienic needs of the patient.Dressings

CHARACTER REFERENCES

1. Mr. Eldhose Vljayan

Asst. Nursing Superintendent Max Super Speciality Hospital 108 A, IP Extension Patparganj , Delhi – 110092

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Email: Eldhose.vijayan@maxhealthcare.com

2. Dr. Ankur Verma

Associate Consultant,
Emergency Medicine
Max Super Speciality Hospital
108 A, IP Extension
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3. Mr.Binu Thomas

Nursing Supervisor, Emergency Dept. Max Super Speciality Hospital 108 A, IP Extension Patparganj, Delhi – 110092

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PERSONAL INFORMATION

Name : Linish Lazar

Date of Birth : 16th April 1989

Fathers name : Mr. Lazar C.V

Sex : Male

Religion : Christian

Mother Tongue : Malayalam

Nationality : Indian

Marital Status : Single

Permanent Address : Cherupully House

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Kerala

Email : linishlazar1988@gmail.com

linish.lazar@maxhealthcare.com

Languages Known : Malayalam, English & Hindi

PASSPORT DETAILS

Passport No : J9453815 Place of Issue : COCHIN

Date of Issue : 02.01.2012

Date of Expiry : 01.01.2022

DECLARATION

I do hereby declare that the above mentioned information is correct to the best of my knowledge, I am fully confident and able to discharge my duties to the best of your expectation.

Place: NEW DELHI

Date : LINISH LAZAR