

CURRICULLUM VITAE

JINA GOPAL

Pulickel Thodiyil, Krishnavilasom House,

Ettumanoor (p.o),Kottayam(dist),

Kerala-686 631

Mobile no. 07592840421

E-mail : jina_gopal@yoo.co.in

Objective: I look forward to work as a professional nurse that capitalizes on my skills, experience and personality besides providing opportunity for service of the need ones and continues self improvement.

Area of Interest : OT (Operation Theater)

Professional Qualification :

Diploma in General Nursing and midwifery

Scholastic Profile :

SI NO	Exam	BOARD/UNIVERSITY	YEARS OF PASSING
1	S.S.L.C	Board of Public Examination, Govt. of Kerala	March, 2003
2	Plus Two	Board of Higher Secondary Examination, Govt. of Kerala	March,2005
3	Diploma in General Nursing & Midwifery	Karnataka State Diploma in Nursing Examination Board	2005-2009
4	Post Basic BSc Nursing	Rajiv Gandhi University Karnataka	2013-2015

Professional Background :

Name of the Institution	Examination Passed	Years of Passing	Percentage Obtained
Mariam School Of Nursing,Bangalore	Diploma in General Nursing & Midwifery	September,2009	64.44%

Noor College of Nursing, bangalore	Post Basic BSc Nursing	September 2015	68.53%
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Details of Registration :

- **Registration as Nurse and Midwifery with The Karnataka State Nursing Council.**
- **Registration as Nurse and Midwifery with The kerala Nurses & Midwives Council.**
- **Registered as Nurse and Midwifery with The Ministry of External Affairs.**

Professional Experience :

Name of the Institution	Designation	Date of Employment	Duration
Dr.Panjabrao Medical Memorial College, Amravati	Labour room nurse	1st April 2009 To 30th March 2011	2 year
Masina Hospital	OT Nurse	29th April 2011 To 30/08/2013	2 Year
Masina Hospital	OT Nurse	20/11/2015 To 10/04/2017	2 Year
City Hospital	OT Nurse	3rd October 2017 To Still continue	Still continue

Personal Details :

Name : **JINA GOPAL**

Father Name : **Mr.M.K.Gopalakrishnan**

Mother Name : **Mrs. Santha Gopalakrishnan**

Sex : **Female**

Date of Birth : **18.02.1988**

Religion : **Hindu**

Nationality : **Indian**

Marital Status : **Married**

Height & Weight : **154cms & 48 kgs.**

Language Known : **English, Hindi, Malayalam**

Permanent Address : **Pulickel Thottiyil, Krishnavilasom,
Ettumanoor (P.O), Kottayam (DIST)
Kerala State
Pin Code : 686 631**

Mobile Number : **07592840421**

Passport Number : **H7838021**

Date of Issue : **03-06-2010**

Date of Expiry : **02-06-2020**

Place of Issue : **Cochin**

Personal Statement :

- *To serve the sick with dedication and love*
- *To work hard with determination to achieve*
- *To be able to work in a hospital that provides excellent working condition which will enable me to put into practice my skills of service and caring patients in emergency or otherwise without prejudice.*
- *To be able to update myself with the latest developments in the field of nursing*

Interpersonal Skills :

- *Self motivate professional with commitment to provide quality nursing care with strong organizational and communication skills.*
- **Assist In –**
- **General Surgery, ENT, Gastroenterology, Obstetrics and Gynaecology, Neuro Surgery, Ophthalmology, Orthopaedic, Plastic and Max-Facial, Dental, Urology, Lithotripsy, Kidney and Corneal transplant, Surgical Oncology, Neonatal and Pediatric surgeries**

Work Profile

- *Responsible for nursing care and management of personal and maintenance of patients sanitation.*
- *Served as team leader responsible for maintenance of equipments and supplies in the OT.*
- *Provide nursing care for patients undergoing surgery.*
- *Give all psychological support to the patient and family.*
- *Prepare the Operation Theatre for all emergency and scheduled procedures.*
- *Keep principles of aseptic techniques during surgery.*
- *Keep the instruments, mop counts accurately .*
- *Monitor and report all vital signs of patient post operatively.*
- *Handling of the endoscope instruments in Laparoscopic surgery cases.*

Administrative experience

I am actively involved in medical education programme regularly conducted at our Hospital. As a staff nurse I am involved in all day-to-day department activities stocks and maintaining equipments.

Technical Experience

- *Administration of Medicine*
- *Nasogastric Tube insertion*
- *Catheterization of bladder*
- *Arterial blood collection for blood gas analysis*
- *Collection of venous blood samples*
- *Suture removal*
- *Burns Dressing*
- *IM, IV, Subcutaneous and intra dermal injections*

Handling of the equipments

- *Endoscopies Surgery equipments, (Storz, Olympus)*
- *Multipara monitoring system*
- *Defibrillator*
- *Glucometer, Pulse Ox meter*

- *C- ARM (Siemens, Medico)*
- *Suction apparatus*
- *Autoclaves*
- *Microscopes-Zeiss 88, Enami Mega 10*
- *Pneumatic drill-De Sorter, Synthesis*
- *Arthroscope-STRIKER*
- *Cystoscope-STORZ*
- *Anesthesia Machine*
- *Electronic Tourniquet machine*
- *Laparoscopic instruments and all surgical instruments*
- *Anesthesia ventilator*

Assist Procedure

- *Intubations*
- *Arterial lines insertion*
- *Central line insertion*
- *Intercostals drainage insertion*
- *Foley's Catheterization*
- *All types of surgery*
- *Spinal, General, Epidural, Caudal, Nerve Block Anesthesia*

CAREER AIMS

- *To work as an Scrub Nurse in a major teaching hospital*

Ward Management

- *Hand over and take over the patient, unit equipment and supply*
- *Keep the unit neat and tidy*
- *Maintain safety of the unit equipments*
- *Prepare and check ward/ unit supplies. Healthy relationship between doctors,*

Colleagues and patients.

Declaration

I hereby declare that all the above given information is true to my knowledge, attitude and testimonial. If any case, any information is found to be false or incorrect, my candidature is liable to be rejected without any prior information.

(JINA GOPAL)

