

CURRICULUM VITAE

Mariparambil(H), Brahamamangalam P.O,
Vaikom

City: kottayam

Pin: 686605

Phone: 9488791378

Email: athiramol9860@gmail.com



Athira. M.O

PERSONAL PROFILE

Name: Ms. Athira.M.O

DOB: 25th October 1994

Nationality: Indian

Sex: Female

Marital Status: Single

CAREER OBJECTIVE

To become a successful professional working in an innovative and competitive environment where I can effectively prove myself as the work asset of my organization through my talent and sheer hard work, and serve the parent organization with utmost commitment and sincerity.

EDUCATIONAL QUALIFICATIONS

Institution	Examination	Percentage Aggregate (%)	Year
St. Ignatius V&H.S.S School, Kajiramattom	Kerala Educational Board	65	2010
St. Ignatius V&H.S.S School, Kajiramattom	HSC	75	2012
Avinashilingam University, Coimbatore	B.Sc. Food Science and Nutrition	82	2016
Pondicherry Central University, Pudhucherry	M.Sc. Food Science and Nutrition (3 semesters)	90	2018
	M.Sc. project topic: Production and characterization of bioactive compound from marine sponge associated bacteria and its effect on	86	2018

	the inhibition of virulence factors in Group A <i>Streptococcus</i> (4 th Semester)		
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ADDITIONAL QUALIFICATIONS

- Intern – trainee in Dietitian, Duration: 15 days, Caritas Hospital, Kottayam
- Trained in Soft Skills – Duration: 2 Semesters, Avinashilingam University, Coimbatore.
- Trained in Yoga – Duration: 1 Semester, Human Value for Excellence, Avinashilingam University, Coimbatore.
- Attended NSS special camp – Duration: 1 week (NSS volunteer for 2 years) , Avinashilingam University, Coimbatore.
- Participated in FSMS Awareness Training Program – Duration – 1 day , Paradigm Services Private Limited.
- Participated in National conference on Food Regulation in india current status and way forward- Duration- 2days, Pondcherry University, Puducherry
- Participated in clinical nutrition update 2016 in JIPMER, Puducherry
- Participated in Nutritional awareness 2017 by protein foods and nutrition development association of india in collaboration with department of food science and technology pondichery university.

STRENGTHS

- ✓ Hardworker
- ✓ Continuous learner and willingness to improve with experience
- ✓ Leadership qualities
- ✓ Team worker
- ✓ Adaptive
- ✓ Optimistic attitude
- ✓ Punctual

LANGUAGES KNOWN

English, Malayalam, Tamil, French

SUBJECTS OF INTEREST

- Food Science, Nutrition and Dietetics
- Health and Fitness
- Microbiology

DECLARATION

I hereby solemnly declare that all the statements made above are true and correct to the best of my knowledge and belief.

DATE: 16 June 2018

PLACE: Brahmamangalam