



Ms. TEENA ELIZABETH JOSEPH

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Post Applied For: Staff Nurse

Objective	Seeking an opportunity to utilize my professional skill and potential to achieve professional excellence by adding practical dimension to my knowledge				
Academic Qualification	COURSE	PERIOD	INSTITUTION	BOARD/ UNIVERSITY	REMARK
	Bsc Nursing	2009-2013	St.John's College Of Nursing, Kattappana	M.G University	64%
	12th	2007-2009	Ossanam English medium Higher Secondary School,Katta ppana	Kerala Board	87%
	10th	2007	Ossanam English Higher Secondary School, Kattappana.	Kerala Board	81%

Present Experience

Institution	Designation	Department	Year
Breach Candy Hospital Trust, Mumbai	Staff Nurse	Surgical I CU	17/05/2015-31/03/2017

Present Employment Description

Breach Candy Hospital Trust has been a beacon of light for the suffering for over 50 years. Situated on the coastline of South Mumbai, the hospital has 250 beds and is renowned for its medical expertise, excellent nursing care and quality diagnostics. The specialty includes general medicine, general and laparoscopic surgery unit, neonatology, paediatrics, ophthalmology, and well advanced gynaecology department. Specialists on the hospital's panel of doctors include some of the most distinguished names in Indian medical profession. The facility includes three well equipped ICU and eight operation theatres having modern facilities and laparoscopic surgeries .The hospital has earned national recognition as a leader in interventional cardiology. For patients it's a sanctuary for the healing of mind and body

Previous Experience

INSTITUTION	DESIGNATION	DEPARTMENT	YEAR
All India Institute Of Physical Medicine and Rehabilitation.	Staff Nurse	Surgical I C U, Ward	29/09/2014 – 28/04/2015

Previous Employment Description

All India institute of physical medicine and rehabilitation established in 1955, is the apex institute in the field of physical medicine rehabilitation under the Ministry of health and family welfare, Government of India. The institute is acclaimed globally for its commitment to provide comprehensive medical rehabilitation services to persons with locomotor disability from urban and rural areas of country as well as overseas. The institute offers services to disorders ranging from congenital, birth injuries ,infective,metabolic,traumatic etc

Duties Includes	<ul style="list-style-type: none"> ❖ Patient care regarding medical condition, treatment and emergency care. ❖ Receiving the patients and providing the bed and comfortable position. ❖ Orientation for patients relatives about the hospital and its functioning. ❖ Maintaining interpersonal relationship with patients, relatives, doctor and other hospital staff. ❖ Providing an calm and quiet environment to the patient and carrying out the doctors order. ❖ Attending and managing emergencies. ❖ Maintain all aseptic, isolation and following barrier nursing. ❖ Assist the patient to perform self care activity and self care ambulation. ❖ Preparing the patient for various investigation like pulmonary function test, other blood investigation, echo, chest x-ray, holter monitoring , M. R. I , ultra sound etc. ❖ Observing the complication and reporting it, in case of post operative cases. ❖ Assess the physical psychological and spiritual needs of the patient. ❖ Monitoring the vital signs frequently according to the condition and maintaining intake and output chart to know fluid balance in the body. ❖ Maintaining all medical records and reports of the patient.
Roles And Responsibilities	<ul style="list-style-type: none"> ❖ Reporting duty on correct time ❖ Assessment planning, implementation and evaluation of the nursing care requirements of their allotted patient ❖ Organizing and management of nursing care ❖ Efficient recording of all necessary documentation. ❖ Timely identification and communication of any issues to maintain an affective interdisciplinary communication process ❖ Share professional knowledge and skills with all colleagues ❖ Maintain the core values of profession ❖ Attend all mandatory education sessions ❖ Checking inventory and working condition of equipments ❖ Reporting and recording ❖ provide health education

**Type Of Cases
Handled**

- Medical Case's
 - ❖ Unstable Angina
 - ❖ C V A
 - ❖ Septicaemia
 - ❖ Acute And Chronic Liver Failure
 - ❖ Cirrhosis Of Liver
 - ❖ M I
 - ❖ Diabetic Mellitus
 - ❖ Hypertension
 - ❖ U T I
 - ❖ Pleural Effusion
 - ❖ Bronchial Asthma
 - ❖ Acute Gastroenteritis
 - ❖ Head Injury
 - ❖ C R F /A R F
 - ❖ Chemotherapy
 - ❖ C O P D
 - ❖ Pneumonia
 - ❖ Pancreatitis
 - ❖ Ascitis
 - ❖ Congestive Heart Failure
 - ❖ Non Hodgkin's Lymphoma
 - ❖ Meningitis
 - ❖ Leukaemia
 - ❖ Breast Cancer
 - ❖ Pneumonitis
 - ❖ Anaemia
 - ❖ Tuberculosis
 - ❖ Malaria
 - ❖ Typhoid
- Surgical Case's
 - ❖ C A B G
 - ❖ M V R
 - ❖ D V R
 - ❖ A V R
 - ❖ Appendicectomy
 - ❖ Cholecystectomy
 - ❖ Laparotomy
 - ❖ Hernioplasty
 - ❖ Oesophagectomy
 - ❖ Gastrectomy
 - ❖ Tonsillectomy
 - ❖ Tracheostomy
 - ❖ T U R P
 - ❖ T U R B
 - ❖ Hysterectomy
 - ❖ Thyroidectomy

	<ul style="list-style-type: none"> ❖ Mastectomy ❖ Haemorrhoidectomy ❖ Cystoscopy ❖ Colostomy ❖ FESS ❖ Tympanoplasty ❖ Nephrectomy ❖ Thoracotomy ❖ Lobectomy ❖ Lipo Suction ❖ Bronchoscopy ➤ Ortho Case's <ul style="list-style-type: none"> ❖ T K R ❖ T H R ❖ Arthroscopy ❖ Arthrotomy ❖ O R I F ❖ Skin And Pelvic Traction ❖ Laminectomy ❖ Cervical Laminectomy ❖ Lumbar Decompression
<p>Procedures Performed Confidently</p>	<ul style="list-style-type: none"> ❖ Administration Of Medications [Oral & Parenteral] ❖ Placement Of Intravenous Line ❖ Ryles Tube Insertion And Ryles Tube Feeding ❖ Urinary Catheterization ❖ Peg Tube Feeding ❖ Tracheostomy Care ❖ Tracheal And Endotracheal Suctioning ❖ Bowel And Bladder Wash ❖ Nebulisation ❖ Oxygen Therapy ❖ Wound Dressing ❖ Suture Removal ❖ Chest Physiotherapy ❖ E C G ❖ A B G Sampling

Equipments And Machine Familiar To Handle	<ul style="list-style-type: none"> ❖ Sphygmomanometer ❖ Pulse Oxymeter ❖ Cardiac Monitor ❖ Glucometer ❖ Oxygen Cylinder ❖ Oxygen Flow Meter ❖ Blood Warmer ❖ Suction Apparatus ❖ Defibrillator ❖ Syringe Pump ❖ Infusion Pump ❖ E C G Machine ❖ Laryngoscope ❖ Bipap Machine ❖ Ambu Bag ❖ S C D ❖ Nebulizer
Registration Details	<p>Registration : Kerala Nurses And Midwives Council ,Thiruvanthapuram, India</p> <p>R N :-</p> <p>Registration Number : KL03201400526</p> <p>Dated on :2/09/2014</p> <p>Valid up to : 1/09/2019</p> <p>Registration: Maharashtra Nursing council ,Mumbai ,India</p> <p>Registration Number : XVII – 12469</p>
Personal Details	<p>Father's name : Mr. V. A. Joseph</p> <p>Mother's name: Mrs. Sosamma Joseph</p> <p>Marital status : married</p> <p>Date of birth: 11/02/1990</p> <p>Age : 27</p> <p>Sex : female</p> <p>Religion : Christian, Orthodox</p> <p>Nationality : Indian</p>

Passport Details	Passport number : R0555509 Date of issue : 01/06/2017 Date of expiry : 31/05/2027 Place of issue : Cochin
Languages Known	English, Malayalam, Hindi,
Personal Interests	Listening music, reading books, and cooking
Reference	<ul style="list-style-type: none"> ❖ Mrs. Prajaktha S Hindlekar Director Nursing Breach Candy Hospital Trust, Mumbai-400026 ❖ Mrs. Rosamma Varghese, Assistant Nursing Superintendent, AIIPMR Mumbai, Maharashtra. ❖ Mrs. Annmary Jacob Principal, St. John's College Of Nursing, Kattappana, Kerala.
Declaration	<p>Eagerly looking forward to an opportunity, to meet up with you to discuss my qualifications in greater detail. Many thanks in advance for your consideration.</p> <p>Thanking you in anticipation,</p> <p>Yours faithfully</p> <p>Ms. Teena Elizabeth Joseph (Bsc Nurse)</p> <p>Place: kattappana</p> <p>Date: 20/06/17</p>