

CURRICULUM-VITAE



Dr. SONA THOMAS

Objective

Aspiring for a challenging job wherein my qualification and acquired skills are put to the best use, providing me with an opportunity to learn and grow professionally to my full potential, also where I can share, contribute and upgrade my knowledge and experience for the development of the organization served and as well as mine.

Academics

EDUCATION	NAME OF INSTITUTION	UNIVERSITY/BOARD OF EXAINATION	YEAR	Percentage
PHARM D INTERNSHIP	H.S.K. college of pharmacy, Bagalkot, Karnataka Government General Hospital Emakulam	Rajiv Gandhi university of health sciences	2017-2018 (10 Months) 2Months	Internship
PHARM D	H.S.K. college of pharmacy, Bagalkot, Karnataka	Rajiv Gandhi university of health sciences	2012-2017	73.44%
12 th	St Antony's Higher Secondary School Plassanal	Kerala State syllabus	2010-2012	80%
10 th	Sanjos Public School Choondacherry	CBSE	2009-2010	80%

Theoretical expertise

Have sound knowledge in Clinical Pharmacy, Clinical Research and ICH GCP guidelines, Pharmacovigilance, Pharmacoepidemiology and Pharmacoeconomics. Both theoretical and practical proficiency in subjects like Pharmacotherapeutics, Pharmacology and Community pharmacy.

Skills

- Awareness in ADR detection and reporting
- Detecting medication errors
- Preparing research project protocols
- Sound knowledge in Medical terminology
- Prescription auditing

- Counselling and patient interaction

Strengths

- Self motivated
- Good communication and presentation skills
- Willingness to learn and work
- Ability to learn new concepts quickly
- Good organizational skills
- Creative thinking.

Activities :

- Participated in one day workshop on “REVISED RNTCP GUIDELINES” held at S. Nijalingappa medical college, Bagalkot.
- Participated in “INTERNATIONAL CONFERENCE ON NEW INSIGHT OF PHARMACOEPIDIMIOLOGY AND PHARMACOECONOMICS” held at Chalapathi institute of pharmaceutical sciences, Guntur, Andhra Pradesh.
- Participated as a delegate in “69th INDIAN PHARMACEUTICAL CONGRESS” held at Chithkara University, Rajpura, Chandigarh.

- Participated in “AIDS” Awareness Rally, as a part of NSS, by H S K College of Pharmacy in Bagalkot Village.
- Participated in “Community Medical Camp” at Shirur, Bagalkot.
- Attended basic life supportive at government GH ernakulam by angles india
- Home care activities with Doctors and nursing staffs in government general hospital ernakulam
- Monitoring Medication adherence in palliative care patients using Morisky Medication Adherence Scale
- Preparation of leaflet for justin case box.

Academic Project

Project title - A PROSPECTIVE STUDY ON MONITORING AND REPORTING ADVERSE DRUG REACTIONS ASSOCIATED WITH DERMATOLOGICAL DEPARTMENT IN A TERTIARY CARE TEACHING HOSPITAL

Place of work - S N MEDICAL COLLEGE AND H S K HOSPITAL AND RESEARCH CENTRE

Experience

Internship for 10 months in H.S.K hospital and research centre; a 1000 bedded hospital in Bagalkot, Karnataka, and provided following services:

- Adverse drug reaction detection, reporting and monitoring
- Word rounds with Doctors team
- Prescription Monitoring
- Medication therapy management
- Treatment chart review
- Medication error detection, reporting and monitoring

- Drug interaction detection, reporting and monitoring
- Patient counseling.
- Medication history taking
- Drug information services

2 months internship in Government General Hospital Ernakulam

Actively participated in following:

- Ward rounds with Doctors in oncology palliative department
- Home care activities with Doctors and nursing
- Medication adherence studies (Morisky Medication Adherence Scale) in Ernakulam GH palliative department.
- Pharmacy stocking and dispensing

Ward / Department	Duration
General Medicine (Male , Female and ICU wards)	4Months
Pediatrics	3Month
Surgery	2 Months
Psychatirc	1 Month
Peripheral Posting (Internship at Government General Hospital Ernakulam)	2 Months

Computer Skills:

- Office Tools: MS Word, Excel, Powerpoint
- Research Tools: **Micromedex, Medscape, WHO drugs**

Personal details

- **Name:** Dr. SONA THOMAS
- **Name of father:** Mrs THOMAS MATHEW
- **Date of Birth:** 30-10-1993
- **Languages known:** English, Malayalam, Hindi.
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Declaration

I do hereby declare that the particulars furnished by me above are true to the best of my knowledge and belief.

16/08/2018

Kottayam

Dr. Sona thomas