

CURRICULUM VITAE

CHINJU VARGHESE



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BSc Nursing (Register No.KL03201703882)

CONTACT ADDRESS:

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Kerala, India
Pin : 683544

CAREER OBJECTIVE

“Seeking a growth oriented and challenging career in nursing and patient care in professional reputed hospital where I can apply my knowledge and skills to the best of my abilities”.

EXPERIENCE PROFILE

- Working as a Staff Nurse in Gynecology Ward from 6th January 2017 and still continuing
- Date of Employment: 6th January 2017 and still continuing
- Specialties: Gynecology
- Position: Staff Nurse
- Name of Hospital: Moulana Hospital (ISO 9001 – 2000 certified) Malappuram, Kerala.

HOSPITAL INFORMATION

Moulana Hospital, Perinthalmanna, 550 Bedded multi-specialty referral Hospital started in 1990 with all specialties and seven super specialty departments. The hospital is equipped with 10 operation theatre and 9 ICU units including Neuro Surgery. This is the first and only hospital in our district doing Renal Transplant & Cardio Thoracic Surgery. The hospital has got Full-fledged heart care center. Moulana Heart Foundation with fully Flat Panel Cath Lab and Cardio Vascular Surgery. This hospital also having several super specialty wing like Neurology, Neurosurgery, Orthopedic, Level 3 Trauma care, urology, Nephrology with dialysis unit, Renal transplantation unit, IVF specialty, General surgery department with hernia clinic, Ophthalmology, Gastrointestinal medicine, Gynecology and Obstetrics,

ENT, Plastic surgery, Respiratory, OFMS and Oncology.

Range of services:

- Approved Renal Transplant Surgery Centre.
- Centre of excellence in Brain & Spine and Trauma Care.
- Centre of excellence in Hip & Knee Replacement Surgeries.
- 1st center in district having Full-fledged Sports Surgery Unit

Highest number in Lap. Bariatric surgeries, Laparoscopic Surgeries.

- 1st Cardio Vascular and Thoracic Surgery Unit in the District.
- Performs Key Hole Surgery for Shoulder Dislocation.
- Highest number of Phaco Procedures for Cataract and first Lasic Laser center in the District.
- Full-fledged Infertility management Unit.
- Centre of excellence in Stapler Haemorrhoidectomy. (Maximum number of cases performed in country

Casualty

- 24 hours Trauma care unit
- Snake bite unit
- Burns unit
- Accepts all type of patients with medical and surgical conditions

Mobile ICU

- Well-equipped mobile ICU with ventilator.

PROFESSIONAL QUALIFICATION

Qualification	Name of the Institution	Name of The Board/ University	Year
B.Sc Nursing	Crescent College of Nursing, Alathur, Kerala	Calicut University	2009- 2017

REGISTRATION

Name of the Board/ University	Registered As	Year	Registration No.
Kerala Nurses & Midwives Council	Staff Nurse	2017	KL03201703882

ACADEMIC QUALIFICATION

Name of the Course	Name of the Institution	Name of Board	Year of passing
Secondary School Leaving Certificate.	Govt. Girls High Secondary School, Perumbavoor	Board of Examinations, Kerala	2007
Higher Secondary Examination	G.A.E.M.HSS, Mannoor	Higher Secondary Board of Examination, Kerala	2009

EQUIPMENTS HANDLED

- Thermometer
- BP Apparatus
- Gluco meter
- Pulse oxymeter
- Nebulizer
- Syringe Pump
- Suction Apparatus
- Steam Inhaler
- Ambu Bag
- Airways
- Oxygen Cylinders
- Hot water Bags
- Water Bed & Alpha Bed
- Laryngoscope
- Faeto Scope

JOB RESPONSIBILITIES

- Preparation of the unit.
- Carry out admission and discharge procedure.
- Bed making.
- Keeping the unit clean and tidy.
- Care of the patient before and after surgery.
- Giving and removing of urinal, Bed pan, Hot water bag and Ice Cap etc.
- Performing chest physiotherapy.
- Taking care of surgical wounds under aseptic technique.
- Administering oxygen therapy.
- Administration of emergency drugs and dangerous drugs.
- Administration of blood and blood products.

- Administration of medicine.
- Insertion of Ryles tube, Intravenous lines, and urinary catheters.
- Tracheotomy care.
- Suture removing procedure.
- Care of dying and death.
- Providing health education and Psychological support to the patient and relatives.
- Monitoring vital signs and maintaining of intake and output chart.
- Maintaining of head injury chart.
- Collection of specimen.

PROCEDURES LEARNT

- Gynecology
- Ryles Tube Insertion
- Stomach Wash
- Catheterization
- Suctioning
- Blood Transfusion
- Bladder Wash and Irrigation
- Colostomy Care
- Colostomy wash
- Data recording and Reporting
- Nebulization
- Ambulation
- Suture Removal
- Suturing
- Dressing
- New born assessment
- New born care
- PV examination
- Episiotomy care
- Antenatal Assessment
- Postnatal Assessment

ACCOMPLISHMENT

- A hardworking person with a strong sense of co-operation and strict adherence to discipline and dedication.
- Enthusiastic and committed to maintain quality and efficiency.
- Good organizational skills and optimistic.
- Self-confident and positive attitude person.
- Timely conscious in discharging my duties to the entire satisfaction of my superiors.

PERSONAL ATTRIBUTES

- Industrious.
- Adapts to new working environment easily.
- Sociable, good team member.
- Empathetic and
- Understanding nature.
- Utilizes all educational opportunities.
- Able to handle emergency situations.
- Devoted to service.

LANGUAGES KNOWN

- Fluent in English & Malayalam

HOBBIES

- Drawing, Painting
- Listening to music.
- Reading books
- Traveling

MY STRENGTHS

I am myself motivated, I can communicate reasonably well. I have a good level of emotional intelligence to get along with different types of patients & colleges and I can keep myself cool in hard times. I am trained to be proactive.

PASSPORT DETAILS

Passport No: P0094104

Issue Date: 18/04/2016

Expiry Date: 17/04/2026

Issue Place: Cochin

PERSONAL DETAILS

Date of birth: 07/06/1992

Gender: Female.

Marital status: Single

Father: C Y Varghese

Nationality: Indian

Religion: Christian

REFERENCE

Ms. SARASWATHY

Nursing Superintendent

Moulana Hospital

Perinthalmanna

Ph: 04933-300600

Dr. K.A.SEETHI

Medical Superintendent

Moulana Hospital

Perinthalmanna

Ph: 04933-227148

DECLARATION

I hereby declare that the above given information is true to the best of my knowledge and belief and can be supported by relevant certificates and documents

Place:

Date:

CHINJU VARGHESE