

## CURRICULUM VITAE

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## OBJECTIVE

To become a reputed professional with thorough domain knowledge and expertise. To utilize all possible challenging opportunities where I can achieve higher goals with dedication and commitment. Willing to take responsibilities in key positions in a challenging & innovative environment that can be a value addition to my profession, organization and the society.

## PERSONAL PROFILE

**DATE OF BIRTH** : 12-01-1990  
**SEX** : FEMALE  
**FATHER'S NAME** : Ayyappan K  
**NATIONALITY** : INDIAN  
**MARITAL STATUS** : SINGLE  
**RELIGION** : HINDU  
**PERMANENT ADDRESS** : KRISHNAVILASAM, OTTAKKAL PO,  
KOLLAM  
KERALA, INDIA, PIN-691308  
**PASSPORT NO** : R9040785  
**DATE OF ISSUE** : 26-02-18  
**DATE OF EXPIRY** : 15-02-2028  
**PLACE OF ISSUE** : TRIVANDRUM  
**LANGUAGES KNOWN** : ENGLISH, HINDI, KANNADA, TAMIL  
,MALAYALAM

## ACADEMIC QUALIFICATIONS

EXAM	UNIVERSITY/INSTITUTE	YEAR OF PASSED	BOARD/UNIVERSITY
BSc. Nursing	AECS MAARUTI COLLEGE OF NURSING	2012	RGUHS KARNATAKA

H.S.S	GOVT HSS OTTAKKAL	2007	KERALA HIGHER SECONDARY BOARD
SSLC	GOVT HSS OTTAKKAL	2005	KERALA STATE BOARD

## TECHNICAL QUALIFICATIONS

- MS WORD, EXCEL, POWER POINT

## WORK EXPERIENCE

Worked as a staff nurse in **HOSMAT HOSPITAL, BANGALORE** for 4 years 6 Months from July 2013 Till Dec 2017

## AREA OF EXPERIENCE

- Medical and surgical Ward
- Emergency Department/Accident Trauma care

## EQUIPMENTS USED

- RESPIRATORS LIKE; NRB MASK, O2 MASK
- MULTI PARA MONITORS
- PULSE OXYMETER
- PERFUSION INFUSION PUMPS, SYRINGE PUMPS
- RESUSCITATION TROLLEY
- ECG MACHINE
- CRASH CART
- GLUCOMETER
- NEBULIZER
- WALL SUCTION MACHINE
- DEFIBRILATOR
- BED WARMER
- BLOOD WARMER
- ARTERIAL DOPPLER
- BIPAP MACHINE
- VENTILATOR

## TYPES OF PATIENTS CARED

- MAJOR ACCIDENTS (POLYTRAUMA AND CRUSH INJURY ETC)
- HEAD INJURY
- AMBUTATION
- SPINE INJURY
- PULMONARY INFRACTION
- HYPERTENSION

- MYOCARDIAL INFRACTION
- POST TOTAL KNEE REPLACEMENT
- POST TOTAL HIP REPLACEMENT
- POST DYNAMIC HIP SCREW
- FAT EMOBLISM SYNDROME
- COMPARTMENT SYNDROME
- POST LAPROTOMY
- POST VASCULAR REPAIR

## **DUTIES AND RESPONSIBILITIES AS A STAFF NURSE**

- PREPARING EMERGENCY UNIT FOR RECEIVING ALL MAJOR CASES.
- PROVIDING CAREFUL NURSING INTERVENTION IN DIFFERENT KINDS OF EMERGENCY SITUATION SUCH AS TRIAGE PATIENTS AND EVALUATE THE SEVERITY OF THE INJURIES.
- QUICK ASSESSMENT OF THE PATIENTS AND PROVIDE CPR, IV INSERTION, FLUID CORRECTION, MEDICINE ADMINISTRATION, BLOOD DRAWING, CLEANING OF THE WOUND AND SECURE WITH PROPER BANDAGING
- TAKING ECG, PERFORM PROFESSIONAL NURSING DUTIES RELATING TO THE TREATMENT AND WELFARE OF PATIENTS
- ADMINISTRATION OF IV ANITBIOTICS AND INFUSIONS
- ADMINISTRATION OF ANALGESICS THROUGH EPIDURAL CATHETER
- ATTENDING DOCTORS' ROUND AND CARRYNG OUT ORDERS
- TAKING CARE OF THE PATIENT BEFORE AND AFTER SURGERY
- DOING ENDOTRACHEAL, TRACHEOSTOMY AND ORAL SUCTIONING
- TAKING CARE OF PATIENTS HAVING CHEST TUBE DRAINAGE.
- TAKING CARE OF IV LINES, ARTERIAL LINES AND DRAIN SITES
- GIVING BLOOD TRANSFUSION AND PLASMA TRANSFUSION
- MONITOR AND EVALUATE NURSING CARE PLAN
- RESPONSIBLE FOR MONITORING WARD INVENTORIES AND STOCKS AS PER HOSPITAL POLICIES.
- MAINTAINING PROPER RECORDS AND REPORTS FOR ALL THE PATIENTS INCLUDING MEDICO LEGAL CASES.

## **PROFCIENT TO DO FOLLOWING PROCEDURES:**

- **CPR, NG TUBE INSUCTIONS, I.V.,CANULATION,CATHETERISATION, BLOOD TRANSFUSION, NEBULISATION, STEAM INHALATION, ENEMA, DRESSING, O<sub>2</sub> ADMINISTRATION, COLOSTOMY WASH, SITZ BATH.**
- **ASSISTED AND CAN ABLE TO ASSESS FOR CENTRAL LINE INSERTION, ARTERIAL LINE INSERTION, INTUBATION, INTERCOSTAL DRAINAGE, ETC.**
- **ADMINISTRATION OF ORAL, INTRAVENOUS, INTRAMUSCULAR AND SUBCUTANEOUS MEDICATIONS AS PER ORDER.**
- **MONITOR VITAL SIGNS**
- **WITHDRAWAL OF BLOOD FROM VEINS AND ARTERIERS**
- **SUPPORT PATIENTS AND RELATIVES BY TALKING TO THEM, GIVING HEALTH TEACHINGS AND EXPLAINING CONDITION TO THEM.**
- **ESTABLISH AND MAINTAIN GOOD RELATIONSHIP WITH WORKING COLLEAGUES.**
- **MAINTAIN CLEANLINESS OF THE UNIT.**

## **SEMINARS AND IN-SERVICE ATTENDED**

1. **BASIC LIFE SUPPORT**
2. **RESTRAINTMENT**
3. **NURSING ROLE IN DRUG ADMINISTRATION**
4. **DIABETIC MELITIS**
5. **SAFE INJECTION PRACTICES**
6. **NEEDLE STICK INJURY**
7. **NOSOCOMAL I NFECTION**
8. **SPILL MANAGEMEN AND DISINFECTION**
9. **HAND HYGIENE**
10. **PALLIATIVE CARE**
11. **INSULIN THERAPY**
12. **COLOSTOMY CARE**

## **DECLARATION**

**I HEREBY DECLARE THAT THE ABOVE INFORMATION IS TRUE IN THE BEST OF MY KNOWLEDGE.**

**PLACE: KOLLAM**