

**ANILA MATHEW**



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**Mobile No: +919645306300**

**CAREER OBJECTIVE**

Seeking a responsible and challenging position as a Nurse in a reputed hospital.

**PROFESSIONAL REGISTRATION**

Registration No : KL03201400180

Date of issue : 25<sup>th</sup> August 2014 valid up to 24<sup>th</sup> August 2019

**PRACTICAL EXPERIENCE**

Worked in JCI and NABH accredited hospitals, **FORTIS HOSPITAL, MULUND** and **RAJAGIRI HOSPITAL, ALUVA** which are **280** and **550** bedded respectively .These institutions are having various departments such as medical,surgical,cardiology,neurology,nephrology,orthopaedics,gastrology,ophthalmology,oncology,trauma centre,paediatrics,gynaecology&obstetrics,ICU,NICU,PICU,OT,LTU,cath lab.

**EXPERIENCE DETAILS**

<b>Institution</b>	<b>Designation</b>	<b>Capacity</b>	<b>Department</b>	<b>Duration</b>
Fortis Hospital,Mulund	Staff Nurse	<b>280-</b> bedded	Medical Surgical Ward	24 September 2014 to 01 October 2015
Rajagiri Hospital,Aluva	Staff Nurse	<b>550-</b> bedded	Medical Surgical Ward	02 November 2015 to 19 December 2017

**IN-SERVICE EDUCATIONAL PROGRAMMES ATTENDED**

- Prevention of needle stick injury.
- Advance infection control training.
- Pain management.
- IV Cannulation.
- Medication safety.
- Pressure area management.
- Management of fire.
- Disaster management.
- Nutrition as a therapy for clients.

**CLINICAL RESPONSIBILITIES**

- Responsible for the initial assessment of patients, planning, and implementation, and nursing care.
- Responsible for taking care of admission, transfer and discharge of the patients
- Awareness of relevant nursing research and programmer and participate in nursing research initiatives

- Ensure adherence to nursing policies and procedures ,guidelines and directives to all staff
- Working as a role of primary nurse attending the doctors rounds
- Providing safe, secure, and therapeutic environment.

### **KEY RESPONSIBILITIES HANDLED**

- Nursing assessment, and planning of care.
- Administration of medication.
- IV Cannulation.
- Transfusion of blood and blood products.
- Administration of TPN.
- Minor and major dressing.
- Collection of specimens.
- Pre and post operative management of patients.
- Taking care of reports and bed side rounds.
- Care of patients with intercostals drainage.
- Chemotherapy.
- Catheter care, Steam inhalation, Back care, parenteral feeding, suctioning.
- Evaluation of the nursing care implemented and making changes.
- Developing good nurse patient relationship.
- End- of- life care.

### **EQUIPMENTS HANDLED**

- Cardiac monitor
- Defibrillator
- Pulse oxymeter
- Infusion pump
- Syringe pump
- Nebulizer
- Suction apparatus
- Steam inhaler
- Crash cart
- ECG machine
- Laryngoscope and Ambu bag

### **PROCEDURES DONE AND ASSISTED**

- Phlebotomy and IV Cannulation
- Peritoneal dialysis
- Administration of oxygen
- CPR and defibrillation
- Endotracheal intubation
- Foleys catheterization
- Ryle's tube insertion
- ICD removal, Dressing
- Lumbar puncture
- Bone marrow aspiration
- Ascitic tapping

### **PATIENTS HANDLED**

- Cerebro vascular accident
- Hypertension
- Diabetes mellitus
- Pre-operative and post-operative patients
- Road traffic accident
- Pancreatitis
- Parkinson's disease
- COPD

- Post CABG
- Cancer patients and clients for chemotherapy
- Anemia
- Infectious diseases
- Arthritis
- Fractures
- Liver cirrhosis
- Care of transplant patients.

## EDUCATIONAL DETAILS

Name of course	Institution	Board /University	Year of passing	Aggregate%
Bsc Nursing	San Joe College of Nursing, Pulluvazhy, Perumbavoor	Mahatma Gandhi University	March 2014	66.78%
Plus two	Mar Basil Higher Secondary school	Board of Higher Secondary Examination Kerala	March 2009	79.2%
SSLC	Mar Basil Higher Secondary School	Board of public Examination, Kerala	March 2009	81%

## PERSONAL PROFILE

Date of Birth : 11-12-1991

Sex : Female

Marital status : Married

Nationality : Indian

Languages known : English, Hindi, Malayalam, Tamil

Hobbies : Gardening, Cooking

Permanent address : Padinjarekarayil (H)  
Veliyanad P.O  
Ernakulam  
Pin - 682313

## REFERENCES

- Mrs. Minimol Varghese  
Chief of Nursing  
Fortis Hospital  
Mulund, Mumbai  
Contact No: 022-67994288
- Gracy Abraham  
Nursing Director  
Rajagiri Hospital  
Chunagamvely, Aluva

Ph:0484-6655000

## **DECLARATION**

I hereby declare that the details given above are true to best of my knowledge and affirm that I may be held responsible for any discrepancy in the details provided, should it arises at a later date.

**ANILA MATHEW**