

## **CURRICULAM VITAE**



**AISHWARIYA R NAIR**

Mobile - 9633237461

Email – rnaishwarya02@gmail.com

**POST APPLIED: PHYSICIAN ASSISTANT OR CLINICAL ASSOCIATE**

### **PROFESSIONAL QUALIFICATION**

Bachelor of science (Bsc)in Physician Assistant (Amrita Institute of Medical Science and Research institute )	2014 - 2018
--	-------------

### **ACADEMIC RECORD**

S.S.L.C (Carmel Higher Secondary school, Chalakudy, Thrissur)	2011 - 2012
Plus Two (Carmel Higher Secondary school, Chalakudy, Thrissur )	2012- 2014

I am seeking a challenging career in the field of Physician Assistant, where I can apply my skills while maintaining the highest level of integrity and ethical values. I count effective communication and work efficiency as my strength along with my mental flexibility to adapt to situations as required.

### **EXPERIENCE DETAILS**

One year internship in Amrita Institute of Medical Sciences, Kochi

### **PROFESSIONAL SKILLS**

- Clinical history taking and compiles patient medical data.
- Performs general and systemic examination including: auscultation, vitals and local examination of various.
- Able to communicate variety of native languages.
- Compile differential diagnosis of patient's injury or illness especially in Rheumatology.
- Determines abnormal conditions and administering or ordering diagnostic tests such as x rays, electrocardiograms and laboratory studies.
- Interpreting test results – especially in Rheumatic conditions.
- Reading labs, chest x ray and basic electrocardiograms.
- Issues appropriate prescription and administering medicine with the advice of a physician.
- Patient counseling regarding nature of diseases and the various medications including side effects.
- Performs therapeutic procedures such as intravenous injection (IV), intramuscular injection (IM), subcutaneous injections (S/C), wound care, basic suturing, endotracheal intubation, and catheterization.
- Performs pre rounds, monitors IP patients progress and keep record of treatments or other medical events.
- Develop and implements patient management plans, records progress notes, assists in provision of continuity of care and correct documentation.

- To perform Basic life support.
- My soft skills using MS office, Microsoft outlook along with using other day to day routine application and are also very good.
- I have conducted or participated in various outreach programs, medical camps and CME programs.
- I can instruct, educate and counsel patients about therapeutic regimens: giving normal growth and development information, discussing family planning: providing counseling on emotional problems of daily living; promoting wellness and health maintenance.
- I can help in conducting clinical research with my own experience of doing my clinical project.
- I can contribute to physicians effectiveness by identifying short term and long term range patient care issue that must be addressed, providing information and commentary pertinent to deliberations, recommending options and course of action and implementing physician directives.

#### **SPECIAL MENTION:**

- Done 1 month observational study in Emergency Medicine .

#### **STUDIES DONE OR CLINICAL RESEARCH EXPERIENCE**

- Clinical features of sarcoidosis in a tertiary care center

#### **WORKSHOPS AND CONFERENCES ATTENDED**

- 12th Indian association of physician assistant conference which held in Amrita Institute of Medical sciences Kochi on October 10-12th of 2015.
- March 13th of 2016 PACE-2016 Cochin, Kerala
- 14th national conference of IAPACON which held in Hyderabad on August 12 &13th of 2017.

## **PERSONAL DETAILS**

- Age - 22 Years
- Gender –Female
- Nationality - Indian
- Date of Birth - 02/05/1996
- Marital Status - Single
- Father Name – Ravi M
- Mother Name – Suma Ravi

□□ Permanent Address – Krishna Kripa  
Near I T I for women  
K. K. Road, Chalakudy,  
Thrissur- 680 307

## **PERSONAL HIGHLIGHTS**

- Good time management & communication skill.
- Hard working, sincere & participate in heavily difficult problems.
- Leadership skills.
- Ability to work independently with the advice of a physician as well as in a team.
- Ability to provide quality patient care to our patients.

## **LANGUAGES**

- Malayalam
- English
- Hindi (Basic)
- Tamil (Basic )

## **REFERENCES ATTACHED**

- **Dr. Mithun C B - MBBS MD DM MRCP (UK) SST (Rheumatology)**

Assistant Professor  
Dept. of Rheumatology and clinical immunology  
AIMS, kochi

- **Dr. Suma Balan - MBBS MD MRCP CCST (UK)**

Pediatric Rheumatologist  
Dept. of Rheumatology and clinical immunology  
AIMS, kochi

- **Dr. Jyothi Srikanth - MBBS MD DNB(MED) MRCP (UK) FRCP (G)**

Associate Professor  
Dept. of Rheumatology and clinical immunology  
AIMS, kochi

## **DECLARATION**

I hereby declare that the above information given by me is correct and true to the best of my knowledge.

If I am placed in your esteemed concern, I will perform my duties with the most sincerity and to your full satisfaction.

**AISHWARIYA R NAIR**



