# **CURRICULUM VITAE**



# SASIKALA BALAKRISHNAN

#### **PERSONAL DETAILS**

- Date of Birth : 08/08/1993
- Age : 24Yrs
- Gender : Female
- Marital Status : Single
- Nationality : Indian
- Religion : Hindu

#### Permanent Address:

Ezhakkunel House Poonjar. P.O mukkuzhey, kottayam Kerala.

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#### <u>om</u>

#### LANGUAGE KNOWN

- ➢ English
- ➢ Hindi
- Malayalam

#### PROFESSIONAL LICENSE:

Kerala Nurses and Midwives Registered Nurse and aid wife Register No: KL0120150218

# OBJECTIVE

To work in a challenging environment for a professionally managed and growth oriented organization where my potentials and experience can be utilized to their maximum capacity.

## **OVER VIEW**

- Have excellent skills to handle the emergency situations
- Positive minded, responsible and result- oriented with an even temperament and has the capacity to quickly learn the systems and procedures.
- Have the ability to look at situations from the patient's point of view.

#### EDUCATIONAL QUALIFICATION

- S.S.L.C from the Board of Examination 2009 March
- H.S.E From Board of Higher Secondary Examination 2011 March.
- 3 year Diploma in Nursing form K.V.School of Nursing, Cherthala, Kerala, India. [state Nursing council Approved].[G.N.M].

#### PROFESSIONAL EXPERIENCE:

- One (year)-Amrita Institute of Medical Science & Research Centre Cochin, Kerala, (2015) Work at (Medical&surgical word).
- Working as a staff Nurse in Kims Kochi a Kerala, India, from 2016 still continuing. Work at -(Pediatric Ward and HDU).

#### **PROCEDURES HANDLED:**

- I.V Cannulation
- Foleys Catheterization
- Ryles tube Insertion
- CPR Technique
- Suture Removel
- Blood Transfusion
- Tracheostomy Care
- Taking ECG

## **PROCEDURES ASSISTED :**

- Nasogastric Tube Insertion
- Lumbar Puncture
- Defibrilation and Cardio
  Version
- Epidural Insertion
- Removel of central line and Arterial line

#### REFERNCES

- Br. SaiBala Chief Nursing Officer Amrita Institute of Medical Science Cochin, Kerala
- Sr. LT COL AmbikaKumari Nursing Superintendent KIMS, Kochi

# DEVICES

Handling different types of Monitors, Ventilators, Syringe pumps, Defibrillator, ECG machine, ABG machine, Bipap machine, Suction Apparatus, ACT machine, Nebulizer, phototherapy Unit.

#### MAJOR DUTIES & RESPONSIBILITIES

- Assisting in resuscitation of patient
- Medicine administration(enternal& parenteral routes)
- Assisting the physician in performing varius procedures
- Pain management
- Deliverance of nursing care based on nursing process
- Adherence of infection control measures
- Maintenance of proper and up- to date documents

#### CASES ENCOUNTERED

- Renal failure
- Poisoning
- Pulmonary edema
- Minor pediatric cases
- COPD
- DM
- UTI
- RTA

#### Declaration

I consider my self familiar with all the "Nursing Aspects" and I am also confident of my ability to work in a team. I solemnly affirm that the above-furnished particulars are true to the best of my knowledge and belief.

#### SASIKALA BALAKRISHNAN