

## CAREER OBJECTIVE

To enhance my working capacities, professional skills and to serve my society by rendering nurse care in best possible way with sheer determination and commitment.

## PERSONAL DETAILS

|                 |  |
|-----------------|--|
| Address         | Manakkaparambil House Anappara P.O, Anappara |
| Date of birth   | 27/08/1993                                   |
| Gender          | Female                                       |
| City            | Angamaly                                     |
| State           | Kerala                                       |
| Pin Code        | 683581                                       |
| Nationality     | India  |
| Marital Status  | Unmarried                                    |
| Religion        | Christian, RC                                |
| Languages known | Malayalam, English                           |
| Hobby           | Listening To Music, Reading Books            |

## SKILLS

|                   |  |
|-------------------|--|
| Managerial skills | Orientation for patients and relatives about the hospital and its functioning.<br>Preparation of emergency drugs and emergency trays ready for use (intubations tray, catheterization tray, aspiration sets gown packs, crash cart).<br><br>Maintenance of environmental hygiene.<br>Asepsis and infection control.<br>Maintenance of records and reports.<br>Maintain ward inventory and intends. |
|-------------------|--|

## ACHIEVEMENTS

|                     |   |
|---------------------|---|
| Procedures Assisted | venous puncture, blood transfusion.<br>Urinary catheterization.<br>Ryles Tube Insertion.<br>Administration of medications. ( oral, Intravenous, Intramuscular, Nasogastric)<br>Transfusion and infusion therapy.<br>Total parenteral nutrition.<br>Emergency care |
|---------------------|---|

Roles and Responsibilities Administration of medicines, fluids, electrolytes and blood products.  
Interact and communicate effectively and professionally with patients, families, physicians and other members of health care team.  
Monitor and evaluate nursing care plan.  
Assist physicians in diagnostic and therapeutic procedures.  
Attending physicians rounds and carrying out the orders prescribed

## WORK EXPERIENCE

### Junior Staff Nurse

Nirmala Hospital Marikunnu P. O Calicut  
Jan 2017 - Apr 2018

Worked as junior staff Nurse in Emergency Health Department for a period of one year

## EDUCATION DETAILS

| Degree/Course | Institution                           | University/Board                              | CGPA/Percentage | Year of Passing |
|---------------|---------------------------------------|---|-----------------|-----------------|
| B. Sc Nursing | Nirmala College Of Nursing, Kozhikode | Kerala University Of Health Sciences (KUHS)   | 58%             | 2016            |
| 10+2          | St. Joseph H.S.S Kidangoor Angamaly   | Board Of Higher Secondary Examinations Kerala | 64%             | 2011            |
| SSLC          | St. Joseph H.S Kidangoor              | Board Of Public Examinations, Kerala          | 69%             | 2009            |

## REFERENCES

**Sr. Helen Mathew**  
Nursing Superintendent  
Nirmala Hospital Calicut  
0495-2730211

**Sr. Clarence**  
Principal  
Nirmala College Of Nursing, Calicut  
0495-2730211

## DECLARATION

I hereby declare that the above written particulars are true to the best of my knowledge and belief.

Date: 12/07/2018  
Place: Anappara

JEENU JOSE