ARUN P S

Perumattam(House) Villoonni (P. O.) Arpookara Kottayam (Dist) Kerala (State) Pin – 686008 Mobile No.:- 9509507478

Objective

To aim for a career in Nursing where, Technical, Theoretical, Communicative and interpersonal skill can be utilize as well as develop further.

Personal Details Permanent Address *Perumattam*(*House*) : Villoonni (P. O.) Arpookara Kottayam (Dist) Kerala (State) Pin - 686008 Nationality Indian : Father's Name Soman P V ÷ Date of Birth 29-04-1986 Male. Sex : Marital Status ÷ Married. Religion Hindu ÷ Language Known English, Hindi, Malayalam *Hobbies* Writing, Reading, Listening Music. • Strength : Hard Working *Obedience* Honesty **Punctuality** Strive to learn.

Educational Qualification

Course	Institution Name	Board	Year
SSLC	MCVGHSS, Arpookara	Kerala Board	2001
PLUS TWO	MCVGHSS, Arpookara	Kerala Board	2003

Total Experience-8 years

Professional Qualification

Course	Institution Name	Board/University	Year
B.Sc. Nursing	Bhuvan College of Nursing,	Rajiv Gandhi	2004
	Bangalore	University	

Experience: 8 Years

Period	Institution	Designation	Dept
24 th February, 2010 to	BHANDARI Hospital	Staff Nurse	Emergency
<i>31st March</i> 2018	& Research		
	Centre(NABH)		

Medical Equipments Used.

- *1. Cardiac Monitor.*
- 2. Cardiac Out Put Monitor
- *3.* ECG Machine.
- 4. BI PAP Machine.
- 5. C-PAP Machine.
- 6. Pulse Oxymeter.
- 7. *Gluco metere*.
- 8. Oxygen Hood.
- 9. Suction apparatus.
- 10. Thermometer.

Specialized Procedures:-

- Catheterization & Ryles Tube Insertion.
- Venous Cut Section.
- Emergency, Critical Cares.
- Assisted for Tracheostomy.
- Assisted for Central line insertion.
- Assisted for Arterial line insertion
- Assists as a Role of Nurse in CODE BLUE DURING CARDIAC ARREST.

Duties & responsibilities. :

a) Assignment of Patient

 Providing total patient Care.
 Frequent assessment throughout the shift to the current status and to detect changes in condition.

 b) Plans in Patient Care

 Initial and updates the nursing care plan.
 Participate in team conference.
 Contribute the discharge planning process.

- 11. Steam Inhaler.
- 12. ABG Machine.
- 13. Ambu Bag.
- 14. Crash Trolly.
- 15. Nublizer Machine.
- 16. Defibrillator.
- 17. Laryngoscope.
- 18. Otoscope.
- 19. Closed Suction System.

c) Implementation patient care by test performing nursing function as indicated by patient needs including but not limited to the following.

- Personal hygiene.
- Patient and Family education.
- *Medication Management.*
- Intravenous therapy.
- *O2 administration.*
- Urinary Cathetrization.
- Transfusion of blood and blood components.
- Wound dressing and suture removal.
- Infection control techniques.
- Assist the consultant during procedures and rounds.
- To Assist for intubations.
- To Assist for drainage insertion.

Extra Curricular Activities

- *I.V Therapy Training.*
- *Continue Nursing education programme.*

Declaration

I do hereby declare that the above mentioned information furnished by me are true and correct to the best of my Knowledge and belief.

Date:-Place:- (ARUN P S)