



# VAISAKH T P

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THANDAYAMPARAMBIL  
HOUSE  
P.O.VALAPAD-  
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## WORK EXPERIENCE

Jubilee Mission Medical College &  
Research Institute, Thrissur,  
Kerala

January 2013 — January 2014

Intern

- Completed my one year compulsory residential rotatory internship in General Medicine, General Surgery, Obstetrics & Gynaecology, Paediatrics, Transfusion Medicine, Community Medicine, Radiodiagnosis, Psychiatry, Dermatology, Otorhinolaryngology, Ophthalmology, Pulmonology, Nephrology, Emergency Medicine, Urology, Neurosurgery, Cardiology & Orthopaedics .
- Qualified as American Heart Association approved Basic Life Support & Advanced Cardiac Life Support Provider.
- Attended an international conference in Emergency Medicine conducted by Jubilee Mission Medical College & Research Institute.

Jubilee Mission Medical College &  
Research Institute, Thrissur,  
Kerala

March 2014 — May 2015

Junior Resident in Urology

- Over one year experience in Urology.
- Attending urological emergencies in casualty, ward & ICU.
- Assisting surgeries.
- Daily rounds in ward, roomside & ICU.

Government Medical College,  
Thrissur

May 2015 — June 2018

Junior Resident in Community Medicine

- Completed three year postgraduate training in Community Medicine.
- Experience in -
  - Epidemiological investigations
  - Conducting conference- Thricon 16 as joint convenor and Thricon 17 as convenor
  - Public health activities
  - Field Activities in collaboration with National Service Scheme
  - Conducting Outpatient clinic in Urban Centre
  - Conducting Antirabies clinic
  - Conducting Awareness classes
  - Conducting Research and Data Analysis
  - Conducting field surveys
  - Conducting Immunization including optional vaccines.
  - Making IEC materials, public health websites and public health videos
- Software packages
  - SPSS
  - Epiinfo
  - Epidata

- MS Excel
- MS Powerpoint
- MS Word
- Adobe Photoshop
- Adobe Pagemaker
- Windows Moviemaker
- Paper Presentation-
  - Mosquito control practices and larval indices in a rural area of Thrissur district- Presented in KUHS National Conference conducted by Govt. Medical College, Thiruvananthapuram.
  - Geospatial distribution and climatic factors influencing stray dog bites- Presented in APCRICON organised by APCRI in Bangalore.
- Thesis
  - Health seeking behaviour for chronic diseases among elderly in a rural area of Thrissur district
- Research guide for the following papers
  - Adherence to medical therapy and lifestyle changes in hypertensive patients
  - Maternal & Foetal risk factors for Autism- a case control study

Govt. Medical College, Ernakulam June 2018 — Present  
Senior Resident in Community Medicine

- Currently doing Senior residency in Community Medicine.

World Health Organization December 2015 — December 2015  
External monitor for Pulse Polio

World Health Organization January 2016 — January 2016  
External monitor for Mission Indradhanush

World Health Organization January 2017 — January 2017  
External monitor for Measles Rubella campaign

#### QUALIFICATIONS

- 10th & Plus 2 (Biology, Physics, Chemistry, Mathematics & English) from Central Board of Secondary Education
- Graduation- Bachelor of Medicine & Surgery from University of Calicut
- Postgraduation- M.D. Community Medicine from Kerala University of Health Sciences

#### EDUCATION

Plus 2 June 1993 — March 2007  
S N Vidya Bhavan Senior Secondary School, Chentrapinni, Thrissur

- Schooling till Plus two completed.

Bachelor Of Medicine & Surgery 2007 — 2012  
(MBBS)

Jubilee Mission Medical College & Research Institute, Thrissur

- Completed MBBS.

M.D. Community Medicine May 2015 — June 2018

Govt. Medical College, Thrissur

- Completed my M.D in Community Medicine.

Postgraduate Diploma in Disaster July 2018 — Present  
Management

Indira Gandhi Open University

- Currently pursuing.

Certificate Course in Food &  
Nutrition

July 2018 — Present

Indira Gandhi Open University

- Currently pursuing.

Basic Epidemiology Training  
Programme

July 2017 — July 2017

CMC Vellore

INTERESTS

- Travelling
- Family
- Gadgets
- Photography
- Stock Market
- Internet
- Rod Fishing
- Badminton
- Football
- Research

REFERENCES

References available upon request.