

# Dr. Meera M. Nandakumar

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## **Objective:**

Seeking the position of Senior Resident Doctor in a renowned medical organization in order to build a solid base for further updating knowledge and skills as a medical practitioner, thus contributing to the growth of institution.

## **Academic Qualifications:**

### **A. Graduation and Post Graduation**

<b>QUALIFICATION</b>	<b>YEAR</b>	<b>INSTITUTION</b>	<b>UNIVERSITY</b>
MS Otorhinolaryngology (FIRST CLASS)	2018	Shri M P Shah Government Medical College, Jamnagar, Gujarat	Saurashtra University, Gujarat
MBBS	2012	Government Medical College, Kottayam, Kerala	Mahatma Gandhi University, Kerala

### **B. Pre graduation**

<b>QUALIFICATION</b>	<b>YEAR</b>	<b>INSTITUTION</b>	<b>BOARD</b>	<b>% Marks</b>
H.S.C., 12 <sup>th</sup> Standard	2006	Nirmalamatha Central School, Thrissur, Kerala	CBSE	73.2%
S.S.C.	2004	Bhavan's Varuna Vidyalaya, Cochin, Kerala	CBSE	86.2%

## **ACADEMIC ACTIVITIES DURING POST GRADUATION:**

- Managed Outdoor Patient Department (OPD)
- Attended daily pre and post surgical ward rounds with consultants
- Handled Emergency duty 2-3 times per week which also included Management of Head and Neck trauma.
- Actively participated in academic sessions in the department
  - Journal Club meetings
  - Clinical case presentations
  - Seminar presentations
- Took clinics and lectures for under graduate students

## **EXPERIENCE DURING POST GRADUATION:**

- Completed 1 month compulsory rotating internship from 1.09.2017 to 31.09.2017 at The Department of Head & Neck Surgery, Gujarat Cancer Research Institute, Ahmedabad.
- **Independently performed surgeries including:**
  - ✓ Adenotonsillectomy
  - ✓ Indirect laryngoscopy for foreign body removal
  - ✓ Tympanoplasty
  - ✓ Modified radical mastoidectomy
  - ✓ Septoplasty
  - ✓ Antrochoanal polypectomy
  - ✓ Endoscopic dacrocystorhinostomy
  - ✓ Hemithyroidectomy
- **Assisted senior surgeons in:**
  - ✓ Microlaryngeal procedures
  - ✓ Stapedectomy
  - ✓ Facial Nerve decompression
  - ✓ Septorhinoplasty
  - ✓ FESS
  - ✓ Advanced endoscopic procedures like CSF leak repair and JNA excision
  - ✓ Neck dissection
  - ✓ LASER excision of lesions in head and neck region
- Independently performed emergency procedures like tracheostomy and assisted consultants in rigid bronchoscopy.
- Performed diagnostic procedures like nasal endoscopy, microscopic ear examination with suction and clearance, telescopic laryngeal examination, biopsies via direct laryngoscopy.

## **DISSERTATION**

"A Comparative study of conventional and endoscopic septoplasty" under the guidance of Dr. Dilavar A. Barrot, Associate Professor and Head, Department of ENT, Shri M P Shah Government Medical College. Over a period of 1 year, 80 cases of Deviated Nasal Septum underwent Septoplasty and were followed up for 3 months Post Surgery.

## **PAPER/POSTER PRESENTATION AT NATIONAL/STATE CONFERENCES**

**POSTER TITLE:** **PLASTIC BRONCHITIS**, A CASE STUDY presented at the 70<sup>th</sup> Annual Conference of Otolaryngologists of India

**PAPER TITLE :** **A COMPARITIVE STUDY OF CONVENTIONAL AND ENDOSCOPIC SEPTOPLASTY**, presented at the 70<sup>th</sup> Annual Conference of Otolaryngologists of India

## PERSONAL INFORMATION

PRESENT ADDRESS	'KRISHNA', Grace Valley, Cochin University P O Cochin, Kerala Pin code : 682022
DATE OF BIRTH	10.10.1988.
SEX	Female
MARIATATL STATUS	Unmarried
FATHER'S NAME	Shri. D. Nandakumar
LANGUAGES KNOWN	English, Hindi, Malayalam, Gujarati

### **PROFESSIONAL REFERENCES:**

1. Dr. Dilavar A. Barot  
Associate Professor & Head  
Department of Otorhinolaryngology  
Shri M.P. Shah Government Medical College  
Jamnagar, Gujarat
2. Dr. Niral R. Modi  
Assistant Professor  
Department of Otorhinolaryngology  
Shri. M.P. Shah Government Medical College  
Jamnagar, Gujarat