

RESHMA.S

PHYSIOTHERAPIST

CHUDUKADE NIVARTH

THIRUMALABHAGAM PO CHERTHALA 688540

ALAPPUZHA KERALA

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Curriculum vitae:

OBJECTIVE

- Looking for job position where I can nurture my talent as a physiotherapist in a way which only proves to be helpful for me but also for the physiotherapy centre that gives me that chance
- To learn and build a strong foundation at the place I work for along with bringing out the best of my abilities as a physiotherapist

ACADEMIC QUALIFICATIONS

GRADUATION

- Completed Bachelor of Physiotherapy (BPT) course in the year of 2017 with 67% of mark and second class from P.Rami Reddy Memorial College of Physiotherapy under Dr. NTR University of Health Science, Andhra Pradesh, Vijayawada.
- Completed First year with 68%
Second year with 60%
Third year with 71%
Fourth year with 70%

INTERMEDIATE EDUCATION

- Completed in the year of 2013 with 64% of marks from Govt. VVHSS , Kodamthuruthu under the Board of Higher Secondary Education, Kerala.

S.S.L.C.

- Completed in the year of 2011 with 74% of marks from TDHSS Thuravoor, Kerala.

INTERNSHIP

- I have completed Bachelor of Physiotherapy from P. Rami Reddy Memorial College of Physiotherapy, Kadapa, Andhra Pradesh, affiliated to Dr. N. T. R University of Health science.
- I have completed my internship in Lakshmi Venkatesh T.G. College of Physiotherapy, Kurnool.

RESEARCH

- Conducted research on “Effectiveness of Range of Motion Exercise for improving the wrist mobility in Distal Forearm both bone fracture in children“
- It improved my skills, knowledge and experience when I did research under the guidance of lectures, by various references and through the application of treatment technique.

EXPERIENCE

- Fresher
- Have 3 months experience from RIMS Hospital, Kadapa, Andhra Pradesh.

CONFERENCE ATTENDED

- Attended and participated in “Physiocon 2017” National physiotherapy conference organized by College of Physiotherapy at charaka auditorium, GSL Medical college Campus, Rajamahendravaram, Andhra Pradesh, (March 2017).
- Attend and participated in QINETICS 2018 Physiotherapy Conference Organised by little Flower Institute of Medical Sciences and Research, Angamaly (March 2018).

ACHIEVEMENTS

- Second class in graduation
- Second class in higher secondary
- First class in S.S.L.C
- Participated in various medical camps at college level
- Participated in culturals at college level
- Attended in various conferences

SKILLS AND COMPETENCIES

- Good at meeting patient's goals and providing due therapy sessions based on evaluation and tests.
- Instructing, assisting and encouraging the patients while performing physical exercise
- Evaluating the effects of Physical therapy sessions and noting down the patient's progress
- Designing home exercises on the level of patients discharge
- Can follow Hospital rules

AFFIRMATION

I do here by conform that information given above is true to the best of my knowledge and I promise to satisfy my superiors to best of my ability.

REFERENCE

Dr. Yugendher Reddy[M.P.T], Principal of P. Rami Reddy Memorial College of Physiotherapy, Kadapa, Andhra Pradesh.

Dr. Sampath Kumar [B.P.T.], Physiotherapist at RIMS Hospital [Rajiv Gandhi Institution of Medical Science, Ph: 9505464006