


# CURRICULUM VITAE



**BLESSHONEY VARGHESE**

 - 9847327651

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**POST APPLIED FOR : STAFF NURSE**

## **CARRIER AIM**

To obtain a challenging and rewarding position as a Staff Nurse in professional environment where I can expand my knowledge and skills as well as use my experience.

## **EXPERIENCE -7 Years, NICU/ PICU**

## **SKILLS**

- Registered Nurse highly skilled in taking care of patient's diplomatically.
- Comprehensive knowledge of therapeutic intervention and collaborative treatment process.
- Proven ability to communicate efficiently in order to obtain optimal patient outcomes in addition to swift critical thinking during emergency situations.
- Maintenance of good nurse patient relationship.

## **PERSONAL INFORMATION**

FATHERSNAME	:	VARGHESE
HUSBAND'SNAME	:	SINUMATHAI
NATIONALITY	:	INDIAN
SEX	:	FEMALE
DATE OF BIRTH	:	08.05.1988
MARITAL STATUS	:	MARRIED
RELIGION	:	CHRISTIAN
LANGUAGES KNOWN	:	ENGLISH, ARABIC, HINDI & MALAYALAM

PERMANENT ADDRESS : PUTHENVEETIL HOUSE  
MULAKULAM NORTH POST, PIRAVOM  
ERNAKULUM DISTRICT, KERALA -686664

### **PASSPORT DETAILS**

PASSPORT NUMBER : J6658563  
DATE OF ISSUE : 15.09.2011  
DATE OF EXPIRY : 14.09.2021  
PLACE OF ISSUE : COCHIN

### **ACADEMIC DETAILS**

QUALIFICATION	BOARD/ UNIVERSITY		YEAR OF PASSING
S.S.L.C	BOARD OF PUBLIC EXAMINATION, KERALA, INDIA		MARCH-2003
HIGHER SECONDARY(+2)	BOARD OF VOCATIONAL HIGHER SECONDARY EXAMINATION, KERALA, INDIA		MARCH-2005
QUALIFICATION	INSTITUTE	BOARD/ UNIVERSITY	YEAR OF PASSING
DIPLOMA IN GENERAL NURSING & MIDWIFERY (GNM)	LAXMI MEMORIAL INSTITUTE OF NURSING	KARNATAKA STATE DIPLOMA NURSING EXAMINATION MANGALORE, KARNATAKA	AUGUST-2009

### **PROFESSIONAL EXPERIENCE**

01	A.J HOSPITAL & RESEARCH CENTRE MANGALORE	STAFF NURSE	NICU/ PICU	8 <sup>th</sup> AUGU-2009- 31 <sup>st</sup> AUGU-2010
02	ADITYA BIRLA MEMORIAL HOSPITAL PUNE	SENIOR STAFF NURSE	NICU/ PICU	15 <sup>th</sup> SEPT-2010 to 30 <sup>th</sup> SEPT-2012
03	EVER SHINE HOSPITAL, COCHIN	STAFF NURSE	NICU/ PICU	10 <sup>th</sup> DEC-2012 to 30 APRIL- 2013
04	ALORF HOSPITAL, JAHRA, KUWAIT	SENIOR STAFF NURSE	NICU/ PICU	18 <sup>th</sup> JUNE-2013 to 10 <sup>th</sup> FEB-2017
05	LANDMARK HOSPITALS, HYDERABAD, INDIA	STAFF NURSE	CASUALTY	25 <sup>th</sup> JULY-2017 to 25 <sup>th</sup> SEPT-2017

### **SPECIAL EXPERIENCE**

- . Comprehensive nursing care to critically ill babies in various conditions ie, respiratory disorders, congenital anomaly and premature infants.
- . Assisting in various diagnostic and therapeutic procedures like intubation central line, Intra costal drainage tube insertion, exchange transfusion, surfactant therapy.
- . Administration of emergency drugs.
- . Care of the patients in ventilators, I-PAP& C-PAP Machine, chest tube & water seal drainage, tracheotomy.
- . Sample collection including ABG analysis.
- . Monitoring of central venous pressure and arterial pressure.
- . Able to do the procedure like CPR, D.C Shock, N.G Tube insertion, IV canulation, catheterization.
- . Management of emergency cases.
- . Transfusion of blood and blood products.
- . Insulin therapy of diabetic patients.

### **TYPE OF PATIENTS HANDLED**

- . Emergency babies i.e. shock, sepsis, me-conium aspiration, syndrome, LBW, hyperbilliruminemia, congenital dis-orders.
- . Cardiac failure, HTN , MIM, Rheumatic fever.
- . Ischemic Heart Diseases.
- . Cirrhosis of Liver.
- . COPD.
- . Fracture.
- . Tuberculosis.
- . CRF.
- . Acute G.E
- . Burn cases.

### **DUTIES & RESPONSIBILITIES**

- . Providing basic nursing care to the patients.
- . Case preservation during rounds and carry our orders.
- . Maintaining proper documentation.
- . Maintain good relationship between Nurses, Patients and Family members.
- . Admission & Discharge procedures.


### **SPECIAL EQUIPMENTS**

- . Ventilators ( Siemens, Monadly, Teena)
- . Pulse oxymeter
- . ABG Machine.
- . Infusion pump & Syringe pump.
- . Warmer.
- . Mobile incubator.
- . Emergency Trolley.
- . Nebulizer.
- . Suction apparatus.

### **REFERENCE**

Mrs. Fevie Joy Williamson  
Head Nurse, Alorf Hospital, Jahra  
Kuwait

[Email-ejluv143@yahoo.com](mailto:ejluv143@yahoo.com)

 96560709451

Mrs. Mariamma Samuel  
Nursing Superendent  
LANDMARK HOSPITALS

 0091 8522831919

### **DECLARATION**

I hereby declare that, all the above furnished information's are true and correct in the best of my knowledge and belief.

Place - ernakulam

Date - 24/07/2018

**BLESHONEY VARGHESE**