

ELSY JOBITHA

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NURSE

PROFILE AND STRENGTHS

Nurse with wide experience of 8 years in direct nursing care in multi-specialty hospitals, post-operative wounds, managing emergency calls, patient admission & discharges, assessing patient status, handling clinical tasks and in educating patients about the proper health care.

- Ability to communicate effectively in order to obtain optimal patient outcomes, in addition to swift critical thinking during emergency situations. Possess deep sense of community service with strong belief in medical ethics.
- Proficient skills in care, medical management and co-ordination and able to excel in fast-paced, time-sensitive environments.
- Equipped with the knack of resource mobilization and management with the skills to develop better programs and improve upon the current programs of the organization.

EXPERIENCE

Staff Nurse | Jishy Hospital
Mar2018

Jan 2013-

Gautham, Indraprastha Apollo, Jishy, Lakeshore & Laxmi Hospital Kochi, Kerala

Feb 2005-Nov 2011

- Leading the efforts across providing effective patient care in a highly technical and complex hospital environment
- Evaluating the patient status and briefing it to the physicians & clinical charges for further process
- Responsible for assessment, identification and arrangement related to Patient Admission
- Involved in controlling, checking and administration of drugs to the patients
- Handling the preparation, management and requirements of Admission Procedures
- Carrying out proper patient care per section while drafting the schedule for patients' admission & discharges
- Accountable for evaluating patient status and briefing it to physicians & clinical charges for further process
- Carrying out the clinical tasks as per the hospital rules, procedures and policies
- Looking after the needs of the patients while preparing them for surgery
- Providing services for bedside care which resulted in early recovery of the patients and ensuring that they are comfortable
- Endowing direct nursing care base to patients as per their needs while get them ready for treatment, test, surgery, examinations and other special care
- Keeping eye on patients in case of emergency while looking for vital signs and level of consciousness
- Responding to emergency calls on unit and initiating resuscitation measures
- Providing service by accompanying doctors on every wound, examination and in explicating patient's recovery
- Maintaining proper record of patients' progress, reports' history and observations for nursing unit for proper care of patients
- Leading the efforts across providing effective patient care in a highly technical and complex hospital environment
- Interacting with the different departments for the proper implementation of physician's orders

FUNCTIONAL COMPETENCIES

Rich experience in: Patient Care | Health | Medical | Emergency | Wound Dressing | Blood test | Pharmacy | Nursing | Investigation Reports Reading | Daily and Monthly Report.

- Assessing for Wound Dressing.
- Receive the patient to the ward.
- General assessment of patients.
- History collection from patients or relatives.
- Prepare case sheets and plan of action.
- Give orientation to patients and relatives.

- Assist physician in detail examination of patient.
- Collect the specimens for the prescribed investigation send to the appropriate department and collect their ports.
- Admission and discharge formalities of patients.
- Care of Geriatric patients.
- Assisting shift in charge to prepare and guard against hazards when using instruments and equipments.
- Intending and receiving medical and surgical items to the ward.
- Worked in some of the very high turnover pharmacies.
- Co-ordinating the nursing activities.
- Assessing Planning and Implementing Nursing care for patients.
- Giving health education to the patients and their relatives.
- Administration of Drugs according to Doctor's order.

Rotation Areas: Gastro surgical hdu | Hdu | cly | Medical surgical | Psychiatric ward | Paediatric ward | Obstetrics & Gynaecology ward | ICU | Outpatient department.

Equipments Handled: Syringe pumps Unit | Cold Mist Nebulizer | Vital Signs Monitor | infusion pumps | cpap | suture set | cyp set | colostomy care | ventilator | ECG machines | Pulseoximetry

ACADEMICS

diploma in nursing | college Gautham school of nursing, Kochi, Kerala

Date of Birth: 31 /05/1984 | **Languages known:** English, Hindi, Malayalam | **References:** Available on request